

credentials with either the Better Business Bureau or a local consumer advisory organization.

Check If You Have Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse, or any other family member are citizens of another country. If you are considered a "national," you may be compelled to do military service or pay special taxes. Your child custody arrangements in Canada may not be recognized. In extreme cases, you or your child may not be allowed to leave. Check your status with the country's embassy or consular mission in Canada before you travel. In regard to custody questions, contact DFAIT's Consular Operations Division at 1-800-267-6788 (in Canada) or (613) 944-6788.

If you do run into problems because of your dual nationality, contact the nearest Canadian mission immediately.

Access for People with Special Needs

Many countries do not provide access for people in wheelchairs or make allowances for those with special hearing, sight or other physical requirements. Contact your local access organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel and people with special needs. Check your local public library or bookstore.

Get Medical Advice before You Go Away

Your family physician or a travel medical clinic are good sources of medical advice. If you are being treated for an illness or are taking medication, ask your doctor before you leave if there are any special precautions you should take during your trip.

For a list of travel medical clinics in Canada, call the Canadian Society for International Health at (613) 230-2654.



One night we're on the Ginza in Tokyo, and my wife says, I'm hungry, let's eat here. We go in, and order, we're not sure what. It comes and

**SHE'S ABOUT TO EAT
SOME RED THING
ON HER PLATE,
AND IT'S MOVING.**

Well, she later said it was a local delicacy and that everything would be OK, but it got me thinking, hey, what if one of us gets sick here?



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