A FULL STOMACH ought to cause you no discomfort whatever. If it does, though—if there's any trouble after eating—take Dr. Pierce's Pleasant Pellets. They're a perfect and convenient vest-pocket remedy. One of these tiny, sugar-coated, anti-bilious granules at a dose regulates and corrects the entire system. Sick or Bilious Headaches, Con-Sick or Bilious Headaches, Con-

stipation, Indigestion, Bilious Attacks, and all derangements of the liv-

er, stomach, and bowels are prevented, relieved, and permanently cured.

They're the smallest, easiest to take, cheapest, and best. They're guaranteed to give satisfaction, or money is returned.



is perfectly, permanently, positively cured by Doctor Sage's Catarrh Remedy. The proprietors of this medicine prove that by their offer. It's \$500 cash for a case of Catarrh which they By all druggists, 50 cents.

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## WEST · END BOARDING AND DAY SCHOOL FOR YOUNG LADIES.

No. 2718 St. Catharines St. West, Montreal.

This school, conducted by Miss Lawder and Mrs. Rice, has been well and favorably known for the past twenty years, and will be re-opened on Thursday, September 14. An efficient staff of teachers is employed, and while all the English Branches, Latin, and Mathematics are thoroughly taught, Music and French receive special attention. The number of resident pupils is limited, and every effort is made to make school life as home-like as possible. On application to Miss Lawder, at above address, circulars will be sent and further information given, if required. if required.



A safeguard against infectious diseases. Sold by chemists throughout the world. W.G. DUNN & CO. Works—Croydon, England.

Minard's Liniment cures Burns, &c.

#### MISCELLANEOUS.

The coast line of the globe is about 136,-000 miles.

#### A CURE FOR HEADACHE.

Headache arises from constipation, bad blood, dyspepsia, or liver complaint. As B. B. B. cures all these complaints, it is naturally the most successful headache cur. existing. Once the cause is removed, the headache vanishes.

The more independent of accidents, the more self-subsistent, the more fraught with internal resources, the greater the character.— Lavater.

#### A LETTER FROM EMERSON.

"I have used Dr. Fowler's Extract of Wind Strawberry, and I think it the best remedy for summer complaint. It has done a great deal of good to myself and children." Yours truly,

Mrs. Wm. Whitely, Emer. on, Man.

The drinking of salt water is said to be a perfect cure for sea-sickness, though it makes the drinker very miserable for a few minutes after he takes the cure.

#### OFT IN PERIL.

Lives of children are often endangered by sudden and violent attacks of cholera, cholera morbus, diarrhoea, dysentery, and bowel complaints. A reasonable and certain precaution is to keep Dr. Fowler's Extract of Wild Strawberry always at hand.

If you wish 'success in life make Perseverance your bosom friend. Experience your wise counsellor. Caution your elder brother, and Hope your guardian genius. - Addison.

#### A BATTLE FOR BLOOD

Is what Hood's Sarsaparilla vigorously fights, and it is always victorious in expelling all the foul taints and giving the vital fluid the quality and quantity of perfect health. It cures scrofula, salt rheum, boils and all other troubles caused by impure blood.

Hood's Pills cure all liver ills. 25c. Sent by mail on receipt of price by C I. Hood & Co., Apothecaries, Lowell, Mass.

To be able under all circumstances to practice five things constitutes perfect virtue. These five are gravity, generosity of soul sincerity, earnestness and kindness .- Con-

#### DYSPEPSIA CURED.

Gentlemen,-I was troubled with dys-Gentlemen,—I was troubled with dyspersia for about four years. I noticed an advertisement of Burdock Blood Bitters, so I started to use it and soon found that there was nothing to equal it. It took just three bottles to effect a perfect cure in my case.

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The sponge is an animal. It will shrink from the hand which tries to seize it, and, if viewed under a lens, may be seen constantly drawing in water through the innumerable canals which form its digestive organs, and having consumed the minute animalculæ in the fluid, ejecting it again through some other channel.

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The four cardinal points of health are the stomach, liver, bowels and blood. Wrong action in any of these produces disease Burdock Blood Bitters acts upon the four cardinal points of health at one and the same time, to regulate, strengthen and purify, thus preserving health, and tenancy purify disease removing disease.

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