

strong drink on the mighty network of rails which are under their control. It is common sense itself that if the work performed on those rails can be carried on without alcohol, there is no work that cannot be. And so we specially beg for the suppression altogether, in that work, of an influence which is so fatal, which is useless; that devil in solution who cannot be too carefully kept in the back ground, who cannot be too soon swept from the face of the earth. -Editor.

Farmer John on Religion and Politics.

FARMER JOHN drove into the yard with a rattle and unlatched his horse with a rustle, banging the barn doors and started for the house rushing. It was Tuesday of election and he was excited. He had talked politics to his horses all the way home and was ready for his wife. "Well, I'll be hanged, Sarah Ann," he began before fairly into the house. "I've seen more foolishness to day than I hope I'll ever see again," and he bounded around on the cat's tail and baby's playthings promiscuously.

"John do be careful," she began. "More old—, well I don't often get riled, but I've seen enough to-day to rile anybody with any sense at all." "What was it?" asked his wife, ready to listen. "What's the matter?" "Matter, well I should think it was, the first person I met was Duncan Brown. I passed him a good no license prohibition ticket and I thought he'd knock me down for a minute."

"No sir," he yelled, "I ain't helping the Democrats. I ain't no crank. I don't want nothing to do with your third party. I ain't no idiot." "No, but you're a shang hai," I shouted.

"Why, John," said Sarah Ann.

"I can't help it, Sarah Ann, the idea of a man praying half an hour in church every time, and leading class meetings, and talking to sinners, and then voting for license! His prayers won't go no higher'n a steer's breath, and I can prove it. The Bible says 'come out from among 'em and be separate from 'em,' and, Sarah Ann, it ain't very separate a putting a vote in side with old Poto Carter who keeps a brewery and is a saloon-keeper besides, and a spitting tobacco juice at the same mark with every bumper, and talking tariff and free trade with every stum that was sober enough to talk at all and lots that ain't, and calling that a helping the country and the grand old party what's done so much for us? If that's religion, Sarah Ann, I don't want any. I ain't much of a church goer myself but I've seen a Bible or two and I can tell what looks like religion and what politics is, and Brown's got more politics than religion, enough sight."

"Why mercy sakes, John," began Sarah.

"No you needn't mercy sakes me. I ain't half through, there I was talking with a preacher (I ain't saying who) and I gave him a ticket. "Now brother John, really," said he, rolling his eyes until I couldn't see anything but whites. "I don't think a minister ought to go into politics, and some of my church don't seem to approve of prohibition, and I don't like to change my views 'cause I think the republicans will give us prohibition after a while, don't you see? And I've heard of ministers getting egged for voting your way, and— and—" "Ah," said I, "No, I don't see nor you won't either. I've been hitched up with a mule and drove in their old republican harness, and had the party whip cracked over my head, and helped plough and plant and raise a crop of bootlers and whiskey, my party don't go much on ministers who're afraid of a rotten egg than the wrath of Almighty God." "Oh! Oh! brother," said I, "I'm just as good a temperance man as you are but— I didn't find out what I just walked off thinking, yes, mister, talk a cheap, but living is another thing. I tell you, Sarah Ann, a man who keeps saying 'I'm just as good a temperance man as you are but—' needs an everlasting sight of watching, and I wouldn't trust him with a gallon of boiled cider as far as I could throw our dog by the tail. There's something the matter with his back-bone besides religion, you mark that down. "Nother thing, now, you know Sarah Ann I don't go much on women's voting, and I heard a couple arguing about it, one hoodly looking chap gave my views exactly, and bimeby I got a chance I sorter admired him on account of them views. "Sure, and it never a bit do I know how I voted," said he. "Why not?" I asked, astonished. "Bo jabbers!" I couldn't read me own name any more than the scratching on a tay box," said he. "How do you know you voted right?" said I. "Huh," said he, "sorry a bit do I care; a chap gave me a dollar if I'd vote his ticket and I chucked her in. It ain't often I carry a dollar any." Now, wife, I said to myself all the way home, if my Sarah Ann ain't got more sense and more care for the glory of this grand government than that ignorant man I'd trade her off as sure as I lived another week. -The Reviewer.

Support to Temperance Newspapers.

THE temperance movement is, with few exceptions, generally ignored or spoken against. All friends and workers in the temperance cause ought to see to it that they do all they can to secure readers for the existing journals. They are ably conducted, and the best of family newspapers. They catch the insertion of a class of advertisements which many weekly journals insert, and thereby make themselves mediums of danger to our families. I would bespeak a little consideration for our newspapers which are doing such good work. It is now by these that the advancement of our principles must be looked to rather than the

platform. Week by week furnishes them with abundant material for effective comment, which, but for them, would be lost, so that their power for good is only limited by their circulation. Let it be increased, then, and the end we seek will sooner be secured. Some say, "I am an abstainer, and know all about the question." It is just such that have been so blessed that ought to see to it that they bring others under the teaching which leads to abstinence. Naturally those who use drink, and think its use in moderation a good thing, will not buy the papers, those who have gone a stage further, and have used it till they like it, and are drunkards, will not buy them either. Then, if our abstaining friends will not buy them and circulate amongst both of these classes, and for the good that they may do to them and to their families, how are those papers to be kept up, and how are our families, as they grow up, to be taught the temperance truth, and fortified and preserved from the snares set for them by the present liquor laws, which permit the planting of public houses and drinking saloons at every street corner in every village, town, and city of our land? Let all consider this subject and act promptly, and take means to increase the circulation of our temperance newspaper. -Williams.

Who is Safe?

I knew a minister of the gospel who was eloquent, earnest, diligent, successful and beloved, he became the slave of his vice, and is now separated from his flock—his reputation gone, himself the prey of deadly anguish. I knew another who was a successful preacher of righteousness, eminently endowed, and who brought many souls to God, who is now an outcast from his friends, and has probably ended his ministry forever, because he too became the slave of his passion. Nor are these the only instances I have known in which even ministers have made the enemies of the gospel to blaspheme. -The Home and Rev. B. W. Noel.

The Effects of Smoking.

Dr. A. L. GILSON of the United States Navy gives the following testimony as to the effects of smoking upon the student.

- 1. It leads to impaired nutrition of the nerve centres.
2. It is a fertile cause of neuralgia, vertigo and indigestion.
3. It irritates the mouth and throat and thus destroys the purity of the voice.
4. By excitation of the optic nerve it provokes amaurosis and other defects of vision.
5. It causes a tremulous hand and an intermittent pulse.
6. One of its conspicuous effects is to develop irritability of the heart.
7. It retards the cell change on which the development of adolescence depends. -The Medical Register.

Influence of Beer on Digestion.

PROF. H. A. HARR, M.D., of the University of Pennsylvania, has recently been subjected to scientific tests the popular idea that beer is aid to digestion. It has long been supposed by many that the lighter forms of alcoholic liquors, particularly the various forms of beer, are an aid to digestion. The experiments made, however, very clearly show that beer distinctly retards both salivary and gastric digestion. This was true with reference to every specimen of beer examined, some seventeen in all. In more than two-thirds of the specimens of beer examined, the stomach digestion was delayed considerably more than one hour, and in some instances the delay was nearly two hours. Some recent experiments made by Prof. Duggan, of Baltimore, at the Johns Hopkins University, shows that alcohol in all its forms retards the digestion of starch in a very marked degree. These two sets of experiments together show very conclusively that beer retards the digestion, in consequence of the alcohol which it contains. When it is considered that the nutritive value of beer is so exceedingly small that a whole hoghead contains no more actual nutriment than a single loaf of bread, it will at once appear that the popular faith in beer as an aid to digestion or to nutrition, has no foundation whatever. -Manufacturing Reporter.

W.C.T.U. Brantford.

THE work of the W.C.T.U. of this city has been most suspiciously begun. In co-operation with the Y.W.C.T.U. they have secured the old Emanuel Methodist church on Wellington street as their headquarters and a commodious and convenient hall it makes. They have rented the building for three years, with the option of buying it at any time during this period. A number of gentlemen have pledged themselves to pay the rent for the ladies, and thus leave them free to give their energies to other work than raising money to pay rent. They opened their new hall on Monday, October 3rd, by a lecture from Mrs. Youmans, at the close of which the pledge was circulated and upwards of twenty signed it. The two unions are working harmoniously and a year of great usefulness is opening before them. They are both well officered with zealous and able women, and it is generally expected that before the lease expires they will own the building. We wish them every success.

On Sunday afternoon, October 2nd, Mrs. Youmans addressed a mass meeting of Sunday school scholars in the First Baptist church, Brantford. The large building was quite full.

In the evening of the Sunday she spoke on Bible Temperance to a very large congregation in the Wellington street Methodist church. Temperance sentiment is decidedly on the increase in the city, and there is a deepening dissatisfaction with the license system.

YORK COUNTY ROYAL TEMPLARS.

Going in for Society Union And Favoring the Submission of the Scott Act—A Meeting of the District Council.

THE York District Council of R. T. of T. met in Richmond Hall, Toronto, on Friday last. D. C. James Hughes presiding. Reports from different councils were encouraging and a good deal of important business was transacted.

There was a strong feeling among the delegates present in favor of maintaining the present advanced position, as well as for immediate further aggressive work. A committee reported in favor of the early submission of the Scott Act in York county, and the district secretary was directed to correspond with other temperance societies, in reference to the matter.

The meeting also discussed a subject referred to in last week's CANADA CITIZEN, namely, the desirability of closer union among temperance workers, and a resolution was unanimously adopted in favor of the amalgamation of the different secret temperance organizations in Canada.

It was ordered that a resolution of condolence be sent to the widow of the late Hon. J. B. Finch.

Arrangements were made for holding the next meeting of the District Council at Aurora, on the second Thursday of January next.

A Correction.

Editor Canada Citizen—

DEAR SIR,—The writer regrets an error which crept into the editorial of the Barre Gazette, from which you quote in your issue of Oct 7th. Referring to the St. Lawrence County petition asking for "Repeal of the Scott Act," it stated that "over 1,000 names have been found which have no right to be there because their owners (if they have any) are not on the voters list." The correct statement is that at the rate the Executive was finding duplicates and dead heads at the time editorial appeared, over 1,000 names would be found which have no right to be there. The work of checking was stopped for the time being on receipt of notice of order-in-Council delaying voting; it will be finished at an early date. The editor of the Gazette misunderstood the information given him. We want to fight hard but fair.

Yours, etc., THOMAS W. GRAY, Pres. County Sincoo Temperance Alliance.

In Eastern Ontario.

IN Leeds and Grenville enforcement is being pushed. A recent number of the Independent records convictions of Messrs. Stitt and Dillon, \$50 each and costs being paid, and we learn from the Brockville Recorder, that in the County of Grenville between the 6th and 26th of September, Police Magistrate Judd made no less than sixteen convictions out of seventeen cases tried, as follows—Irish Creek, four cases; North Augusta, two cases; Merrickville, five cases; Cardinal, two cases; Komptville, four cases. In two cases the fine was \$100 and costs each. In one case the conviction was for a third offence, and the defendant was sentenced to sixty days in goal.

JAMES A. PROCTOR, Barrister, Attorney, Solicitor in Chancery, Office, Equity Chamber No. 20 Adelaide St. East, Toronto.

W. G. STORM, R.C.A., Architect and Civil Engineer, Rooms 15 and 19, Union Loan Buildings, Toronto Street.

GORDON & HELLIWELL, ARCHITECTS, 24 King Street East, Toronto, Ont. (Next to Globe Office.) H. B. GORDON, ORR & HELLIWELL.

MAOLAREN, MAODONALD, MERRITT & SHEPLEY, Barristers, Solicitors, Notaries, etc., J. J. MacLaren, Q. C., J. H. Macdonald, Q. C., W. M. Merritt, O. F. Shepley, J. L. Goddard, E. Middleton.

Union Loan Bld'gs, 26 and 30 Toronto St. "DAWN," As well as all the other books by— H. RIDER HAGGARD, On Sale at—

80 YONGE ST. (NE. CORNER KING ST.) JOHN P. MCKENNA, Importer, Wholesale and Retail.

THE TEMPERANCE AND GENERAL Life Assurance Company.

Hon. GEO. W. ROSS, President. Hon. S. H. BLAKE, Q.C., Vice-President. Hon. ROBT. McLEAN, Esq., President.

GUARANTEE CAPITAL, \$100,000

Deposited with the Government, for Security of Policy-Holders, \$50,000.

Purchase an Instalment Bond—THE BEST SECURITY IN THE MARKET. Can be used as Collateral by Business Men. Guaranteed Cash Value on the face as incontestable as the Bond itself. Insurance on the GRADUATED PREMIUM PLAN can be secured for the largest amount at the least possible outlay. All other desirable forms of Assurance furnished.

TOTAL ABSTAINERS!

BE ALIVE TO YOUR INTERESTS,

and insure in a Company where you will receive the full benefit of

Your Superior Mortality,

which the experience of the United Kingdom Temperance and General Provident Institution of Great Britain gives as THIRTY PER CENT. less mortality in your favour, and FIFTY PER CENT. more profits.

The experience of the Sceptre Life Insurance Company for the last ten years, shows that the deaths in their Total Abstinence Branch were more than TWENTY-FIVE per Cent. in favour of that Class over moderate drinkers insured in that Company.

The Manager of the Whittington Life Assurance Company of England says that the death claims in six years had been TWENTY-ONE and A HALF per THOUSAND in their Temperance Branch against FIFTY and A HALF per THOUSAND in their General Branch.

Send for Plans, etc. H. O'HARA, Managing Director.

ELECTRIC BELT FREE TO INTRODUCE IT WE WILL FOR THE NEXT 60 DAYS GIVE AWAY FREE OF CHARGE TO THOSE LIKELY TO MAKE GOOD AGENTS, ONE OF OUR \$500 GERMAN ELECTRIC BELTS. \$500 REWARD PAID FOR ANY BELT WE MANUFACTURE THAT DOES NOT GENERATE A GENUINE GALVANIC CURRENT OF ELECTRICITY. ADDRESS AT ONCE GERMAN ELECTRIC AGENCY, P.O. BOX 178 BROOKLYN N.Y.

THE AETNA LIFE INSURANCE CO. Cheaper than Society Insurance.

Table with columns: Allow \$40 in place of Annual Premium, BALANCE, Divided into two parts, Accumulated Fund, and Age. Includes a section for 'FOR EACH \$1,000 OF INSURANCE'.

EXPLANATION OF TABLE. The table shows in No. 1, the amount of the Accumulated Fund... For further information, apply to an Agent of the Company, or to W. H. OER & SONS, Managers, Toronto.