Scientific and Aiseful.

HOW TO COOK BREFSTLAR.

Some time since a complete encyclopædia of useful knowledge in human form became an inneste of a family. When this learned an image of a family. When this learned an image of came among them he was constituted as an oracle in many cases, and was asked one morning, "Would he tellor show them a better way to cook the steak for breakfast?" He took the thin, long handled frying-pan from its nail, and putting it on the stove heated it quite hot. In this he put the pieces of steak previously pounded, but to their surprise did not put a particle of butter in the frying-pan; and did not salt his steak. He allowed the steak to merly glaze over, and then turned it quicksalt his steak. He allowed the steak to merly glaze over, and then turned it quickly to the other side, turning it several times in this manner, until it was done. Four minutes were not employed on the operation, but a fincier piece of steak was never esten. It was, when done, laid on the platter, previously warmed, and was buttered and salted and set a moment in the hot oven. Allowing the steak to heat but a moment on each side, helped it to retain all its sweet juices, and putting on the salt at the last moment after it was on the platter, drew out its juices. ter, drew out its juices.

APPETITE FOR ALCOHOL.

The Pacific Medical and Surgical Journal says: A striking instance of inherited appetite for alcoholic liquors has been recently brought to our knowledge. A lady, wife of the Mayor of an Atlantic-city, was a confirmed inebriate, and in spite of the most assiduous efforts made by her husband and others to restrain and reform her continued to drink until her life fell a sacricontinued to driuk until her life fell a sacrifice to the indulgence. Her grandmothers were both intemperate and both died from drunkenness." Several of her brothers were inebriates. She had one child, a daughter, who exhibited in childhood a marked appetite for strong drink and who drank to intoxication whenever she had the opportunity. The child died at the age of six years. During her brief life she was known to have been repeatedly drunk. So inveterate was her appretite for liquor that continued to drink until her life fell a sacriinveterate was her appretite for liquor that she would resort to the most cunning tricks in order to procure it—tricks such as would do credit to the ingenuity of an

HARD WATER HEALTHY.

Hard water is found more healthful than soft. The body needs some of the salts held in solution in hard water, and suffers if they are not supplied in some way. In England, the counties where hard water abounds are more healthy than those where soft water is used. Soft water acts cron leaden; pipes more powerfully than hard, and induces danger.

CAT TAIL AS FOOD.

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It is not generally known that the comron Oat-tail of our swamp (Typha lati-flia) is in some countries highly esteemed uan article of food. The plant is a peren-rial, and increases itself by underground stems of rhizomes, which contain a large amount of starchy matter. The young shoots, when they push up in spring, are stillered and bundled as we tie asparagus, and are sold everywhere in the markets of Southern Russia. Dr. Clark, who has eaten of it in those regions, tells us it is a deli-Southern Russia. Dr. Clark, who has eaten of it in those regions, tells us it is a delicious dish. It is boiled similar to asparagus and seasoned with salt and spice. Typha in the Greek name for marsh, in which the plant delights to grow. It is found more or less all-over the United States, varying very much in the width of its leaves and of its dense inflorscends or head, which forms the popular "cat-tail." So narrow do these become that another species has been made of the narrowest, under the interior of interest low plants become distributed over the surface of the earth. In the case of this Typha there was once no plants to be found certainly within twenty miles of the writer's farm. How far cff the nearest may be the writer does not know. But a few years ago one solitary plant appeared in a low, swampy place, where none had been before certainly for twenty years. No one would suggest that it was spontaneous " or that it was a case of long-retained vitality of a seed in the soil. It could hardly be brought so far bette wind. It is most probable that the set came by the feet or feather of birds, as recently suggested in regard to the origin of maritime plants on mountain tops.

GROWING CALLA LILLIES.

The editor of the Horticulturist, noticing, ome time since, the unusual luxuriance of afriend's calla lihes, asked the secret other magnificent success. She replied, that in June she takes her callas out of doors, and tims the pots containing them over on their sides under a tree, or in some shady pace, and there she leaves them through the hot supmer months, giving them no attailion whatever. Of course, the old leaves thion whatover. Of course, the old leaves to and fall off, and the earth in the pot bakes into the consistency of brick; one would think such harsh treatment would be to death of the flower; but, on the contary, the calla likes it. In September she lings the pot in, and begins to give the ranks water. A very short time suffices to start them into growth. As soon as the large appear, she makes the water quite tim. The result is, that her callas are appear to any I ever saw before. She harls of having larger flowers than any one less, and judging from the size of the sperior to any I over saw before. She tails of having larger flowers than any one the same and t

The large organ for Dr. John Hall's new The large organ for Dr. John Hall's new adcosily Presbyterian church in New York is already under way at the factory of the indines, and will be completed in time for the completion of the church. It will be taily as large as the Tabernacle organ, al will be furtished with wind-by is steamfant, as the water authorities of New look object to the use of Oroton for the Taldation of church music. Yew Advertisements.

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The half yearly meeting of the Home Mission Committee will be held in Knox College,

On Tuesday, October 6th, 1874, at 9 a.m.

At this meeting the revised list of all supplo-mented congregations and Mission Stations is all-supporting or otherwise, will be considered; also the grants asked for by Preshteries for the year beginning October 1st, and the usual claims for the past six months. There should be in the hands of the Convener a week prior to the meeting.

WM. COCHRANE, Convener H M C,

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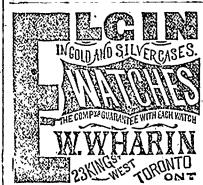
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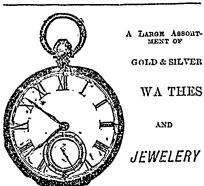
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