cation combined do not educate as good books, well and thoughtfully read, do. How almost unconsciously often we find ourselves imitating the heroes and heroines of whom we read, adopting their manners, using their expressions, quoting from them, and making ideals of them generally. Are we reading of a noble, unselfish life? how it inspires us to noble, unselfish deeds! Are we reading of the sad death of some heroine whom we have loved as we read of her? how it touches us to read her dying words! We can almost see the sweet life ebbing away and hear those around her bed promise to meet her in the land where the inhabitant shall never say, "I am sick," and where death never robs us of those so near and dear to us. How readily the tears spring to our eyes when the end comes and we are forced to drop the book and weep with those that weep! Are we reading a humorous sketch? how we laugh at the wit of the author! Yes, books can arouse our sympathies, work upon our feelings and imagination and in a great many ways influence us for good or bad. How essential it is, then, that Christians read only books which there can be no doubt about. All kind of reading, so long as it is pure, has its place in the Christian's library. But, above all, the Bible, the Book of books, should have the first place; and here I will borrow one or two ideas of Mr. Talmage's from a sermon of his on the Bible. Our tastes are not alike in reference to all reading. Some love history, some biography, some poetry, etc., but there is something to suit all tastes in the Bible. If you love romance, read the story of Ruth and Boaz; do you love the stories of great battles in which noble heroes figured? read of those in which Joshua, David and Saul fought. Is it poetry? there are Solomon's Songs and David's Psalms. Is it adventure? read of Daniel in the lions' den, David killing the lion and the bear, etc. There is the History of the Children of Israel, the Life of Christ, the Geography of Bible Lands, etc., etc., enough, surely, to suit all tastes; but to me it seems the life of our Saviour is the best reading in even the Book of books. As we read of His life on earth, of His temptations, of the hardships He endured, of His loving words, of His kind deeds, of His unselfishness and charity, etc., and then of His terribly cruel death, surely the Divine Hero of this true story inspires us to try to imitate this loving, unselfish life and seek help of Him who is so willing to give it; to be pure, gentle, unselfish Christians, trying day by day to imitate our great Example even Jesus. Let us read all good books we can, but let the Bible have the first place.

A WILD THYME GIRL.

* * IN LEISURE HOURS.

ANSWERS TO LAST MONTH'S PUZZLES.

- 1. One trains the mind and the other minds the train.
- 2. Wholesome.
- 3. Steamer.
- 4. Picture.

MISSING LETTER PUZZLE

Daisy Baker sends the following. Wherever there is a dot there is a missing letter and it is the same letter each time:

> P.rs.v.r.y.p.rf.ct.m.n .v.rk..pth.s.pr.c.ptst.n

From Edith Vincent we have received six "Buried Girls' Names" and a puzzle:

- 1. Mrs. Meredith is a friend of mine.
- 2. I have been in Canada ten years.
- 3. My mistress has a little girl of whom I am very fond; find her buried name.
- 4. I thought Hazel Brae was the prettiest house in Peterborough when I was there in June.
- 5. The lady is not at home; the little girl will be home soon.
- 6. Mamma, you are not looking well this morning.

If a colored waiter should enter the dining-room with a roasted turkey on a platter, and accidentally let it fall, what four nations would it have reference to, and what reference would it have to those four nations?

CANADA PARTY, OCTOBER, 1896.

Andrews, Rebecca. Brown, Louisa. Bealing, Isabella A. M. Baker, Florence Camelia. Braisby, Charlotte. Baxter, Amelia M. Boterrill, Alice J. Coles, Eliza, Coombes, Jeanetta. Chenus, Rose Ethal. Christmas, Ethel, Cook, Maria. Cluer, Charlotte, Cutt, Rose Elsie. Cutt, Florence. Claydon, Florence Ellen. Darbyshire, Sarah E. Darbyshire, Edith A. Durrant, Fanny. Ewing, Charlotte. Emmens, Mary A. Fursman, Gertrude. Forrester, Jane L. Fenn, Lilian. Fox. Louisa. Fladburgh Annie. Flannery, Annie. Ferguson, Mary A. M. Ferguson, Eleanor. Foster, Louisa. Foster, Jessie Ada. Foster, Clara. Goodwin, Gertrude. Green, Alice. Glen, Bessie. Hutchinson, Margaret, Haydon, Mary. Heslop, Mary. Hull. Minnie. Hull, Mary. Hillyer, Bertha.

Horton, Rose.

Horton, Lily.

Ibbetson, Ellen. Jeffrey, Maud. Little, Agnes. Liddle Dorothy. Morrell, Elixabeth, J. Minns, Daisy B. L. Macarney, Ellen, Mvers. Kate. Neale, Edith Page. Overall, Harriet. Overall, Annie G. O'Leary, Mary. Owen, Gertrude. Precious, Mary. Perry, Elizabith. Prescott, Mabel L. Pegram, Serena. Reynolds, Amy. Roberts, Eliza Ann. Roberts, Charlotte E. Roods, Elizabeth G. Rolfe, Ellen. Smith, Jane. Sanders, Lizzie. Speakes, Norah E. Speakes, Elizabeth L. Scotcher, Ada E. Tweed, Jessie. Trottman, Martha S. Trottman, Katrine. Upton, Kate. Wickens, Ella Sophy. Wickens, Ethel Eva. Wright, Edith. Wilson, Norma N. Wilson, Eva V. Woodford, Mary E. Woodford, Beatrice. West, Ellen. Waters, Ada.

OUR MUTUAL IMPROVEMENT SOCIETY.

Waters, Jessie.

Waters, Rose.

(Continued from page 3.)

Time and space fail us to tell of further marked instances of this influence, but how often lives have been changed in their current by it. The young man and woman from home, who perhaps have not lived quite as they should, have often been brought to change their living to a better by hearing sung one of the songs mother used to sing. The giddy girl upon the street, the fast young man in the saloon or gambling hell, the old man whose life has been wasted, the old woman who has almost sinned away the right to the name of woman, the convict in the cell, and even the man upon the gallows, all have felt the influence of music, and have sometimes caught glimpses of the life where all is song and love, and where they, too, may have hoped to spend eternity.

Howoften the Christian, when in darkness and trouble, has been cheered by the singing of some song in which sparkle gems of comfort and light. How often, when in sickness or pain, the Great Physician has come in power by the singing of some simple song of Zion. The influence of music cannot die, and I trust that with the toiling so many of us have every day, there may be with us the blessed assurance of peace, and that there may be in our hearts music, perhaps not accompanied with words, to the great King before whose throne we shall one day stand; and there, as we listen to the songs of the redeemed, we too may feel the influence of music, and break forth into the everlasting praise of Moses and the Lamb, and sing for ever Hosanna in the Highest to Him that liveth for evermore.

We shall be glad to supply copies of the undermentioned standard works of poetry and prose to any of our boys or girls at the rate of six volumes for 25 cents, this being the cost of the "Penny Volumes," after paying carriage across the ocean, customs duty, and postage from Toronto. Remittances may be made in stamps. Letters should be addressed Editor UPS AND Downs, 214 Farley avenus, Toronto.

PENNY POETS.

Macaulay's "Lays of Ancient Rome." Scott's "Marmion." Burns' Poems (selections). Longfellow's "Evangeline," etc. Milton's "Paradise Lost," Part I.

Part II. Scott's " Lady of the Lake " Shakespeare's "Julius Cæsar." Pope's "Essay on Man." Tom Hood's Poems, Grave and Gay. Coleridge's "Ancient Mariner," etc. Some Ingoldsby Legends. Scott's "Lay of the Last Minstrel." Poems of Wordsworth, Part I.

Cowper.Dryden.

"

16 Wordsworth, Part II.

Mrs. Hemans and Eliza Cook.

" Gray and Goldsmith. Longfellow, Part II.

PENNY POPULAR WORKS OF FICTION.

"She," by Rider Haggard.

"Little Em'ly" (from David Copperfield, by Chas. Dickens)

"Ben Hur," by Gen. Lew Wallace.

" It is Never Too Late To Mend," by Chas. Reade.

" Mary Burton," by Mrs. Gaskell.

"The Last Days of Pompeii," by Bulwer Lytton.

"Jean Eyre," by Charlotte Bronte.
"Hypatia," by Charles Kingsley.

"Charles O'Malley," by Charles Lever.
"Ivanhoe," by Sir V alter Scott.
"Little Women," by Louisa M. Alcott.
"Helen's Babies."

" Aldersyde," by Annie S. Swan.

Lord Macaulay's History of England, from earliest times to 1660.

TOPICS.

"Friends and Friendship-the Value For Dec. of Them.'

> "An Account of How One Christmas Day Was Spent,"

For Jan.

"The Christmas Greeting of a Barnardo Boy in Canada to His Old Friends in the Old Home in the Old Land."

NOTE.-ESSAYS ON TOPICS FOR DECEMBER MUST BE POSTED NOT LATER THAN NOVEMBER 20TH, THOSE ON TOPICS FOR JANUARY NOT LATER THAN DE-CEMBER 6th.

The following instructions must be adhered

Write on one side of the paper only.

Do not add anything except your name and address to the paper on which the essay is written. If you wish to write a letter or make any remarks do so on separate

When no letter accompanies an essay, the manuscript will be carried through the mail at a rate of one cent for four ounces, provided the package is not sealed. The envelope should be endorsed "MS. only," and addressed Editor UPS AND DOWNS, 214 Farley Avenue, Toronto.

Do not send two months' papers together. A paper or essay must not contain more than 500-words (for January not more than 250). It need not necessarily reach this limit, but it must not exceed it.

WANTED.

Copies of Vol. I, Nos. 2, 3, 7, and 10, and Vol. II, No. 3, of "UPS AND DOWNS." Apply at once, stating price, to ORONO, care of Editor, "UPS AND DOWNS."