

know the closer we follow the example Jesus set the more happiness we enjoy. If our ability be not sufficient to do as much as some others, we know that if we employ what Light we possess, our reward will be just as great. "If we are too weak to journey up the mountain steep and high,
We can stand within the valley while the multitude go by ;
We can chant in happy measure as they slowly pass along,
Though they may forget the singer they will not forget the song."

The most valuable applications of Christianity are the simplest, if we could only be brought to fully realize it. The whole life of Jesus was one of simplicity, love, kindness, charity, mercy and forgiveness. "Kindness," says a certain author, "is a seed which, when dropped, springs up a flower. Kind words in a pleasant manner are so easy to give we should be very liberal with them. They are of infinitely more worth than money. "If a word or two will render a man happy," says a Frenchman, "he must be a wretch, indeed, who will not give it." It is like lighting another's candle by ours, which loses none of its brilliancy by what the other gains, but still further illuminates our own. Love and kindness make sunshine and happiness wherever they go. They find their way into the hidden recesses of the soul and bring forth golden fruit when unkindness would seal them up forever. Kindness is the real law of life—the link that connects earth with heaven. This is the true gold with which we purchase contentment and peace. Kindness and love are almost the same, as kindness is the outgrowth of love, for without this God-like principle of love, kindness cannot flourish. It should be encouraged in all our intercourse with one another. Few, if any, are so lost to all the principles of righteousness as to resist continued kindness. "A soft answer turneth away wrath." No conflict ever occurred between persons who were guided by a Christian spirit. I believe it is possible

for us to refrain from anger and most of the evils of the world if we exert our will powers to their utmost, for Jesus was placed here to show us the practical benefits of Christianity and what is possible for mankind to do, if we are determined to do our duty, for he was tempted in every way that we are, and always resisted the encroachments of every evil influence. Good nature collects its honey from every herb, ill nature extracts poison from the sweetest flowers. We should always endeavor to be really what we would wish to appear. Men whose acts are at direct variance with their words, command no respect, and what they say has but little weight. The true, practical Christian acts rightly, whether in secret or in the sight of men.

DOES THE YOUNG FRIENDS' ASSOCIATION ACCOMPLISH THE SAME OBJECT AS THE CHRISTIAN ENDEAVOR SOCIETY ?

Read by Cora Seaman at a meeting of the Young Friends' Association of New York and Brooklyn.

Two enterprises may be undertaken, two associations formed which work along very different lines, but which accomplish similar if not identical objects.

The purpose of the Christian Endeavor Society is stated in Article II. of the Constitution : " Its object shall be to promote an earnest Christian life among its members, to increase their mutual acquaintance, and to make them more active in the service of God."

The preamble of the Constitution of our Association probably states the object of all Friends' Associations :

" Believing that a more active interest and participation by the young people in the affairs of the religious Society of Friends would be promoted by a better knowledge of its principles, we, for the attainment of this object, form ourselves into an association."

The application of Friends' princi-