

Seeds of kindness and gentleness and love bring a harvest of love and gentleness and kindness. We sing sometimes :

"Sowing in the morning, sowing seeds of kindness,

Sowing in the noontime and the dewy eve."

If we do this every day, by and by all the gentle words and kind deeds will be as a great harvest.

NATURE WORK. Talk of seeds and of growth. Beans and peas have tiny jackets to cover them, and when soaked for a time in water this may be taken off. You may plant a seed in the moist, soft earth, and the life within that tiny seed comes out of its little home and grows two ways. One part pushes down farther into the earth, and the other part pushes up from the soil toward the light and sunshine. Neither part ever makes a mistake. The life in a seed sleeps for many years, but when it is put where it can grow it will sprout and become a plant or a tree.

ART WORK. Show pictures of seeds. A florist's annual may be useful.

HAND WORK. Children may draw pictures of seeds such as the maple with its two little wings. In some library get *The Child's Book of Nature*, by Dr. Hanks, and on page 65 is a picture of a maple seed, which may be copied. Perhaps children may find some maple seeds in the country, and use a real seed for a drawing model.

The **TRANSITION CLASS** may find the names of different seeds mentioned in the Bible and write a list of them.

SCIENCE AT HOME WITH THE MOTHER. Talk of growth being conditioned, very often, by the surroundings, and of the necessity of the home atmosphere being such as will aid growth. Each one in the home helps or hinders the others, and the best life can be reached when all work together in love, helpfully and usefully. A long time ago a stream of lava, which came from a mountain, flowed over a city and covered everything; then this cooled and became hard. A few years ago men dug down through the hard crust and found many wonderful things. One of these was a quantity of seeds, and when they were planted they grew. They had found their place. Explain how circumstances affect physical, mental, and spiritual growth. Scholars talk of development being dependent upon environment. The brothers and sisters in the family may simplify language and find many illustrations to impress this same great truth.

LESSON XIII. (March 27.)

REVIEW.

GOLDEN TEXT. "Thou art the Christ, the Son of the living God." Matt. 16, 16.

Primary Notes.

[Show the blackboard, and let the children tell what the book is. Ask how many lessons we have had since the New Year began, and from what book these lessons were taken. Why do we take them from this book? Try to find what is in the minds of the children as to this. It is a good thing to get even little children to giving reasons why. Too often the habit of taking things for granted is formed in childhood and goes on into mature life. Little children may be assured that there are good reasons why we fasten our faith to the Bible, and this is a good opportunity to bring some of them out.]

All through the lessons of this quarter we have seen the sun shining down upon our lessons. God is a sun, and if he shines upon his own word, we shall be able to see it clearly and to walk in the light of it. Then, too, he gives his Holy Spirit to help us to understand, and that is why we have the dove here. In the very first lesson the dove appears. It seems to come down from the sky, and it rested on the head of—whom? Where was John baptizing at this time? Why did the holy Jesus come to him for baptism? If Jesus was baptized, ought we not to be? Let us print "Dove" here to help us remember this lesson. If we print "Serpent" just below, will that help to recall the next lesson? Satan is sometimes called the old serpent, and you know how he tried to make Jesus do wrong. Do you remember how Jesus answered him? This lesson shows how wise it is to learn the Bible words and keep them in our hearts. What did Jesus do after the temptation? Yes, he began to preach, and he spoke this word to—whom? [Print "Follow."] What did he want these men to do? Just what this word says—follow—and that is what he wants every boy and girl to do, and to begin to do right away.

[Review lessons 4, 5, and 6 together.] What wonderful sermon did Jesus preach on a mountain side? It was in this sermon that he gave the beautiful "Blesseds." How many of them can we repeat? What else did he teach in this sermon? How should we pray? How should we treat our enemies? What should we seek first in this world? We will print, to help us remember these lessons, "Jesus my Teacher."

Here is another "Follow." Jesus spoke it again and again, until he had twelve followers. What do we call them? Yes, "disciples." That