

CIGARETTE SMOKING.

SELECTED BY MRS. M. W. PIPER.

Whatever may be the diversified opinions held by physicians with reference to the effect which tobacco has upon adults, they all unite in declaring that its effects upon boys are pernicious.

If every young man would abstain from the use of tobacco until out of his "teens," there would be less need of sounding the note of warning.

Before considering the injurious effects which the use of tobacco has upon the young, let us consider some of the steps which have led to its universal use. Fifteen or twenty years ago almost the only means used for smoking tobacco, was the pipe or cigar. The pipe was used more generally in the country, while city people were about equally divided between two. It is still within the memory of young men of the present generation, when it was considered quite as fashionable for a man to possess a nicely carved richly decorated meerschaum as it is now to be the owner of one of the higher standard of gold watches. But unfortunately another way was devised, by those interested in the "trade," and what are now known as cigarettes were introduced, and cigarette smoking has now become the fashion. The sale of cigarettes in this country during the last decade has reached an enormous sum. Take the matter of the different brands alone; twelve years ago the only brand of cigarette that was sold by the New York dealers was the Cuban; now there over five hundred different brands in the market, a large proportion of these being manufactured in this country. One authority has stated that in a single year there was made in New York city alone, 826,677,000 cigars and 228,800,000 cigarettes, and that the industry is increasing. There are but few boys at the present day that commence the habit of smoking by using the pipe or cigars. The cigarette is milder to begin with; but its effects upon the physical and mental condition of a growing lad, are, by the most eminent medical authorities, declared to be more injurious than that produced by a cigar or pipe. Sewer-gas is bad enough, but a boy had better learn his Latin over a man-trap than smoke cigarettes.

"Drunkenness is either actual or habitual, and every habit is only a repetition of single instances."

REV. A. E. GREEN, G. C. T.

Brother Green was born at Tiffield, near Northampton, England, in July, 1850. He joined the Order at Deer Creek, Kansas, in 1872. Bro. Green came to British Columbia in 1874, when there were but two Lodges in the Province. Through his efforts and with the assistance of that veteran worker, Levi Leland, Dominion Lodge was organized at New Westminster, (this is not the Dominion Lodge now



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in New Westminster, but the first one) Bro. Green being one of the members. Mrs. Green and her family were among the first Good Templars in this Province. Bro. Green has four children, two of them being students at the Columbian Methodist College at New Westminster. Bro. Green is a Minister of the Methodist Church, and was for 17 years a missionary among the Indians. He is at present stationed at Richmond; his address is Eburne, B. C.

Withdrawing from the lodge does not release from the promise not to drink. Our obligation is lifelong in its duration.

READ THIS.

"An honest man is the noblest work of God," says Alexander Pope. How many of our members who have taken the solemn obligation on entering our Order, to uphold our laws, think that noble sentiment, when they allow their names to be struck off our roll, and registered in the books of the Lodge, "Expelled for non-payment of dues!" One cannot but feel surprised at the loose manner in which they view their indebtedness. Their dues are an honest debt, voluntarily undertaken, and as such should be considered, a debt of honor, to be liquidated before leaving the Order. The smallness of the amount is no reason that it should not be paid. Honesty doesn't consist in amount. The largeness or the smallness of the debt are all the same principle. We would therefore ask our readers to discuss this question in their Lodges, and educate our members, so as to lessen the number on the roll, "Expelled for non-payment!"

A Scandinavian correspondent of *Temperance Record* writes: "In Iceland the Good Templars have begun an agitation for prohibition. The whole population of Iceland is about 70,000 to 80,000, of whom several thousand are Good Templars. It is not impossible that prohibition will succeed in Iceland. In Greenland there is prohibition, the Dutch Government having forbidden all import of intoxicating drinks."

"Alcohol comes from the destruction of sugar, and has no other source in nature. It is not a product of vegetable growth, like those substances which are created to form the food of man. It is a product of dissolution—of the wreck and disorganization of the principles of human food."

HOW TO BUILD UP LODGES.

BY T. R. THOMPSON.

Do you want your lodge to prosper?
Do you want your cause to thrive?
Do you want a host of workers
Brought into our Templar hive?
If you do, the way is open—
If you do, the way is clear;
Go and gather little children
Into the "Temples" far and near.
Don't neglect the little children;
Time and patience, tact and skill,
Would produce a mighty army,
Would our weaker lodges fill.
Look ahead a few years longer,
We may number thousands more;
By the training of the children
Drive Intemperance from our shore.