

carry them out. It was not only good in times of sickness and distress, but good under all circumstances. In concluding the preacher pointed out the reasons why love should be had for all mankind, (1) because God commanded it, (2) because all wise beings set examples as to its desirability, and (3) man's own happiness was dependant upon it. If true benevolence reigned in every heart what a world this would be! No more war, bloodshed, rapine, anarchism and opposition between capital and labor; nay, this wilderness of woe would be transformed into a paradise of joy. He trusted that the Foresters' Order would be prospered of God, and that the members of it would take the words of the text and abide by them.

After returning to Court room, in Wilkinson's block, thanks were passed to the pastor, organist, choir and officers of the Queen street church, and the secretary directed to forward copies of the resolution to the parties interested, and to the papers. The sermon was pronounced eloquent and impressive, the music exceedingly appropriate, and the kindness of the church people most appreciable.—*Kingston Whig.*

New Courts.

COURT COLUMBIA, NO. 104, CLEVELAND, O.

Instituted 18th October, 1887, by Dr. Oronhyatekha, S.C.R.

OFFICERS INSTALLED.

C. R., Jas. Cunningham.
V. C. R., F. Eichelmann.
R. S., F. M. Erigel.
F. S., W. S. Nicholls.
Treas., F. E. Thompson.
S. W., F. Flosse.
J. W., D. Round.
S. B., H. F. Richards.
J. B., R. Dell.
P. C. R., Wm. N. Farr.
Physician, A. J. Cook, M.D.

COURT CARR, NO. 142, CARR, ONT.

Instituted 29th October, 1887, by C. C. Whale, D.S.C.R.

OFFICERS INSTALLED.

C. D. H. C. R., George H. Groves, M.D.
C. R., William Barton.
V. C. R., David McElroy.
R. S., Robert Blyth.
F. S., John Carruthers.
Treas., John Carruthers.
S. W., James Bleeks.
J. W., Thos. A. Henson.
S. B., Wm. S. Croskery.
J. B., Ed. Jesse T. Revington.
P. C. R., Ed. Jas. Hughes.
Chaplain, Rev. J. McDonald, B.A.
Physician, George H. Groves, M.D.

COURT PONTIAC, NO. 271, PORTAGE DU FORT QUEBEC.

Instituted 3rd Oct. 1887, by C. W. Jones, D.S.C.R.

OFFICERS INSTALLED.

C. R., William Thompson.
V. C. R., Neil McLean.
R. S., James McLean.
F. S., Alexander Fraser.
Chaplain, Rev. F. G. Lett.
Physician, R. H. Klock, M.D.

COURT BALMORAL, NO. 269, MONTREAL, Q.

Instituted 5th October, 1887, by C. C. Whale, D.S.C.R.

OFFICERS INSTALLED.

C. D. H. C. R., David J. McArthur.

C. R., Peter Strathearn.
V. C. R., James Elliott.
F. S., Adam L. Russell.
Treas., Samuel E. Leigh.
S. W., Wm. Taylor.
J. W., Thos. Haigh.
S. B., Walter T. Brock.
J. B., R. ni DeGuoy.
P. C. R., Colin McArthur.
Chaplain, Rev. James Brown.
Physician, Douglas McG. Decow, M.D.

COURT CROSWELL NO 273, CROSWELL, MICH.

Instituted 1st Nov, by Dr. Oronhyatekha, S.C.R.

OFFICERS INSTALLED.

C. D. H. C. R., Wilford Macklin.
C. R., A. R. Haist.
V. C. R., H. J. Heard.
R. S., A. F. Houston.
F. S., C. McCormick.
Treas., L. Stevens.
S. W., R. Fenton.
J. W., D. Matheson.
S. B., James Leslie.
J. B., W. O. Cook.
P. C. R., John Stewart.
Chaplain, Rev. J. A. Pomeroy.
Physician, Thomas Kingston, M.D.

COURT STANLEY, PORT STANLEY ONT.

Instituted 7th Nov. 1887, by A. R. Mill, D.S.C.R.

OFFICERS INSTALLED.

C. D. H. C. R., L. G. Jarvis.
C. R., Frank Shephard.
V. C. R., Joseph Hough.
R. S., D. D. Munro.
F. S., George Mood.
Treas., Wm. Berry.
S. W., H. Morley.
J. W., J. Burton.
S. B., Joseph Myers.
J. B., William Elsasser.
P. C. R., W. T. Thomas.
Chaplain, Rev. John Perce.
Physician, Dr. Mothersill.

COURT BELLEVUE, NO. 272, WESTON, ONT.

Instituted 25th October, 1887, by Dr. Oronhyatekha, S. C. R.

OFFICERS INSTALLED.

C. D. H. C. R., Joseph Nason.
C. R., R. Burling.
V. C. R., D. Revett.
R. S., W. J. Bull.
F. S., G. H. Coulter.
Treas., Geo. W. Coulter.
S. W., C. Watson.
J. W., A. Mallaby.
S. B., W. P. Pratt.
J. B., Wm. Watt.
P. C. R., R. Padget.
Chaplain, J. W. Coulter.
Physician, W. J. Charlton, M.D.

COURT BAD AXE, BAD AXE, MICH.

Instituted 9th November, 1887, by Dr. Oronhyatekha, S.C.R.

OFFICERS INSTALLED.

C. D. H. C. R., Chas. E. Thompson.
C. R., John Andrew.
V. C. R., James W. Wiley.
R. S., Frank Bigler.
F. S., J. H. Muchler.
Treas., S. Andrews.
S. W., A. A. McDonald.
J. W., R. McMann.
S. B., D. Graham.
J. B., Geo. Collins.
P. C. R., John A. Weston.
Physician, S. J. Henderson, M.D.

On the Wheel.

WHAT 'ROUND-THE-WORLD STEVENS AND CHAMPION HOWELL SAY OF THE SPORT.

The popularity of 'cycling is growing.

Thomas Stevens, who has just been around the globe on a wheel, says that the best roads in the world are found in British India. The Grand Trunk road is 1,600 miles, an unbroken highway of marvelous perfection, from Pershwar on the Afghan frontier to Calcutta. It is made of smooth, hard, natural concrete, beds of which lie along the line.

How such roads would be appreciated by the enthusiastic 'cyclers of this country!

The wonderful achievement of Mr. Stevens, in the face of myriad dangers, entitles him to all his honors.

The fast riding champion of the world, however, is Richard Howell, of Leicester, England. He is a splendidly made fellow, between 25 and 30 years of age, six feet high, and weighing, in training, about 160 pounds.

He commenced riding in 1879, and in 1881 at Belgravia grounds, Leicester, he won the one-mile championship of the world, beating all the best men of the day.

From that time his career has been one of almost unbroken successes. He came to the United States 1884 and 1885, and at the great Springfield tournament of 1885, won seven out of eight races.

In the *Cycling News* (Eng.), October 1st, 1887, is the following interview with him:

"What are your best performances?"

"This year I did a full mile on the track at Coventry in 2 minutes, 35 seconds. Good judges think, with everything in my favor, I could do 2.30 for the distance."

"What is your system of training?"

"I eat plain good food, and plenty of it. I take a little walk before breakfast and then, after that meal, if I am loggy, ride eight or nine miles on the track here, in thick flannels, after dinner I do some more 'slogging' work, and may be a walk and early to bed."

"But there is one idea of mine which I have found invaluable. If I have done too much work, or my system is out of order, or if I don't feel quite sound, I take what I have used since I was 'queer' in 1883. I have always found that Warner's Safe Cure sets me up and puts me to rights again, and it is a remedy which I believe in and tell all my friends about."

"In the winter-time especially, when you can easily understand I am not so careful of my health as in the spring, summer or autumn. I have found it invaluable."

"All I want to beat the fastest bicyclist in the world, is plenty of practice, an occasional dose of my favorite, and my machine."

"When I am about right in weight I content myself with short, sharp bursts as hard as ever I can go on the track, and when I can cover 440 yards in thirty seconds with a flying start, I reckon to be moving as well as I want to."

Bicycling is glorious sport, but it has its physical ill effects which, however, can be easily overcome by the method used by Champion Howell.

How Premiums are Divided.

At 30 years of age the old standard rate, among the Old Line Insurance Companies was \$22.70 a year, as against \$8.54 in the I. O. F. made up about as follows:

On account of Cost of Risk.....\$ 8 52
" " Management Expenses. 6 30
" " Reserve Fund 7 88

\$22 70