

ASK FOR  
**ALVINA**  
The Improved  
Cathartic Preparation of an Extract  
of Cod Liver Oil  
Specially Recommended for  
**Persistent Coughs,  
Bronchitis,  
Anemia**  
A Scientific Tonic for Children  
Womans and Children  
Prepared by  
DAVIS & LAWRENCE CO.,  
Manufacturing Chemists, Montreal

**Under False Colors  
OR  
Lord Somerton's Ally.**

CHAPTER VI  
"Egad!" he said: "I thought that you were one of those quiet little things without much spirit. I see that I am mistaken, and I like you the better for it. But let me warn you, Miss Elsie Sterne, that I hold your father—his liberty—his life even in the hollow of my hand. I do not wish to exercise the power I hold over him; he himself does not dream of it, but I may be driven by you to the borders of desperation, and then there is no withdrawal. But come, we are within sight of the house, and this is no place to play either comedy or tragedy. If you object to my presence, I will go in alone, but you must meet me later with composure. My purpose remaining here several days."  
He bowed and strolled away, leaving Elsie almost stunned by his malevolence and audacity.  
Determined to avoid Lord Somerton, she lunched in her own room under the usual plea—a headache, and forbade her maid to permit any one to disturb her.  
"Annette," she said, "you have been with me two years, and I believe that you are faithful and true to me."  
"Indeed, madam, I am," the girl replied, flushing with honest pleasure. "I believe it, Annette, and soon I may have to put you to the test. I feel that I shall want a friend."  
The maid looked at her beautiful mistress in surprise, but said nothing.  
"I believe that you have a lover, Annette—one in whom you are willing to give yourself, heart and soul."  
"Yes, madam."  
"And some day you hope to be married," proceeded Elsie.  
Annette acknowledged this with a happy laugh and a blush.  
"What is your lover's name, Annette, and his prospects in life? I am not asking this merely out of idle curiosity. I wish to know, so that I may adequately repay you for any special services you render me."  
"Thank you, kindly, madam. My sweetheart is named William Stretton, and he is the under-keeper. I thought that you knew it."  
"He is employed by my father?"  
"Yes, madam; and when he gets to be head keeper, and we can have a cottage of our own, we think it would be time to settle down, at least that is what William says."  
"Is that all?" exclaimed Elsie. "Well, Annette, if you are faithful to me, he shall yet be head keeper at Blairwood. The old one can be pensioned off."  
"Oh, mistress, that is too delightful!" the maid cried, clapping her hands.  
"Now you will not wonder at anything I ask you to do, and my first request is that Stretton keeps an eye upon Zeba's cottage. I was there this morning, and saw a man prowling about. I fear for my old nurse's life, because it is reported that she has a few coins secreted in her wretched hut."  
"Yes, madam; I will tell William to-night."  
In the afternoon Elsie visited her father, and was surprised to find him reclining in a cushioned chair near one of the windows.  
"Come in, my darling," he said. "I was right, and the doctor was wrong. I shall be well enough to travel at the time I stipulated. Denver has been here and formally tendered his resignation." He laughed a little. "We have not quarrelled, but he confesses that I am an enigma past all solution. You have seen Lord Somerton, of course?"

"Yes, I have seen Lord Somerton, papa."  
His quick ear noted the catch in her voice, and he looked guiltily away.  
"I have seen Lord Somerton, papa," Elsie went on, "and it is my duty to tell you that he has again renewed his hateful attentions."  
"Why hateful, my darling? Somerton is a gentleman. If you tell him plainly and unmistakably that you can never care for him, there will be an end of the matter. It is not an unpardonable sin for an honorable man to fall in love with a woman, and to tell her so."  
"I rejected his advances months ago, but he has renewed them, and threatened me," she replied, bitterly. "He is not a gentleman; he is not an honorable man. He is nothing better than a despicable coward!"  
The saber-scar on the baronet's cheek flamed like a line of fire.  
"He has dared to do this!" he said, in tones of concentrated passion. "I will speak to him, my darling, and he shall either apologize or leave Blairwood at once!"  
"Oh, papa, I am so glad! You have taken a weight off my mind—a dreadful weight," sobbed his daughter. "I do not wish to interfere with your business affairs, yours and Lord Somerton's; I only desire to feel safe under your father's liberty—his life even in the hollow of my hand. I do not wish to exercise the power I hold over him; he himself does not dream of it, but I may be driven by you to the borders of desperation, and then there is no withdrawal. But come, we are within sight of the house, and this is no place to play either comedy or tragedy. If you object to my presence, I will go in alone, but you must meet me later with composure. My purpose remaining here several days."  
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**YOUNG DAUGHTER MADE WELL**

Mother Tells How Her Daughter Suffered and Was Made Well by Lydia E. Pinkham's Vegetable Compound

Vancouver, B.C.—"My daughter is a young girl who has been having severe pains and weak and dizzy feelings for some time and had lost her appetite. Through an older daughter who had heard of a woman who was taking it for the same trouble, we were told of Lydia E. Pinkham's Vegetable Compound. My daughter has been taking it for several months and is quite all right now. It has done all it was represented to do and we have told a number of friends about it. I am never without a bottle of it in the house, for I myself take it for that weak, tired, worn-out feeling which sometimes comes to us all. I find it is building me up and I strongly recommend it to women who are suffering as I and my daughter have."—Mrs. J. McDONALD, 2947 28th Ave. East, Vancouver, B.C.  
From the age of twelve a girl needs all the care a thoughtful mother can give. Many a woman has suffered years of pain and misery—the victim of thoughtlessness or ignorance of the mother who should have guided her during this time. If she complains of headaches, pains in the back and lower limbs, or if you notice a slowness of thought, nervousness or irritability on the part of your daughter, make life easier for her by giving her Lydia E. Pinkham's Vegetable Compound, which is especially adapted for such conditions.

and he looked at her with stony eyes.  
"One moment, Elsie," he whispered. "If Somerton speaks to you again, treat him as well as you can for a time. What was he doing near Zeba's cottage? Dear Heaven! if it should be discovered, after all!"  
He wept for a few minutes, almost weakly, then said:  
"I must hasten my departure. It is my only hope. Weak fool that I was not to have satiated myself years ago! Weak, vacillating fool! It was a duty I owed to myself no less than to you, my dear, dear child. And now you are to feel the sting of my neglect. Upon you the brunt of the trouble falls, and I am unable to help you!"  
His daughter paused irresolute, the shadow of a great loud darkening all the sunshine from her young heart.  
"Papa," she said, timidly, "if you could only confide in me, how much better it would be to be rid of this dreadful uncertainty—this dreadful mystery."  
"Impossible! impossible! You will know all in good time, and then you will curse my memory!"  
She pressed her fingers over his lips.  
(To be continued.)  
Chocolate flavored bread pudding is quite delicious. Serve it with whipped cream.

**Facts**

One person in every five in Stepany is either a Pole or a Russian.  
Missionaries conduct services in London in sixteen different languages.  
Mustard and other gases are to be employed in clearing out the nests of rattlesnakes in Texas.  
Starting life in a workhouse, a girl has just taken her B.A. degree at Birmingham University.  
Although Britons are great smokers America consumes more cigars in proportion of population.  
The world's total of motor cars is estimated at 15,000,000, of which America possesses 12,000,000.  
One of the oldest doctors in England is Dr. Addfield, of Hove; he qualified in 1850, and is 93 years of age.  
Bees entered a house in Stone, Staffs and took such complete possession of it that the occupants had to leave.  
Telegrams connected with horse-racing represent nearly seventeen per cent. of the whole telegraphic traffic of the year.  
German women police are being trained in Cologne by Commandant Mary Allen, Chief of the Women's Auxiliary Service.  
"A pint of milk, egg, orange, and greens, will give you your daily vitamins" is the rhyming advice of a Sheffield physician.  
The first great private house, as distinct from a castle, ever built in England was Longleat, the seat of the Marquis of Bath.  
Air accidents during the six months ended in June 30th in all parts of the world involved the deaths of 106 persons, as the result of 99 crashes.  
The United States of America have spent more on new roads during the last quarter of a century than the total capital of all kinds invested in railways.  
The better the home surroundings, the brighter the children are at school. This statement is based on observations extending over ten years in L.C.C. schools.  
With the new type of car, the average stopping time at stations on London's Tube Railways works out at 19.33 seconds, as compared with 22.11 seconds taken by the present type of carriage.  
Where the sunshine is very intense, plants guard against it by either increasing the thickness of their leaves or decreasing their size and number; in the opposite case they increase their leaf surface.  
Since there are no State restrictions on the size of houses, sanitation, water supply, etc., "mushroom cities," largely built of wood and corrugated from have sprung up round the French capital.  
Soldiers while still serving their last six months in the army may now have a variety of trades, including market gardening, private service, woodwork, boot and furniture repairing, and tailoring.  
Land tortoises are often purchased by amateur gardeners under the mistaken impression that they will clear the garden of insect pests; they are really vegetarians with a special weakness for lettuce.  
On Lake Superior, the largest expanse of fresh water in the world, which has an area of 51,800 square miles, splendidly appointed passenger steamers of nearly 4,000 tons ply, where only Indian canoes sailed 200 years ago.  
A private of the cavalry of the line will in future be known as a "trooper," a private of the Foot Guards as a "guardsman," a private of a Fusilier regiment "fusilier," and of a rifle regiment "riflesman."

**Price's Claim to Fame**

WAS THRASHING THE KAISER.  
London, Oct. 3. (A.P.)—The death occurred here recently of Alfred Russel Price, and passed almost unheeded, whereas it was worthy of special notice, for he succeeded in accomplishing what thousands of Americans have hoped to do but could not, he gave the boy who later became German emperor, a good, sound thrashing.  
It happened years ago when Wilhelm was the Crown Prince and was visiting Infracombe, an English seaside resort, with his tutor, Wilhelm, in a playfully destructive mood, began to throw stones at some bathing machines belonging to Mr. Price's father. He was told to stop, but took exception to this infringement of his regal rights. Young Price took off his coat and began to belabor the royal youth so successfully that he

**Our Weekly Wit**

The candidate had spoken to his village audience for an hour or so, but before concluding his address he wished to know if any points were not clear.  
"Has anyone a question to put before I go?" he asked.  
Silence reigned for a few moments, and then an old lady rose at the back of the hall.  
"As thee's lodgin' at my 'ouse to-night, will thee 'ave thy onions raw or fried, for I'm just goin' to get the supper?" she inquired in a slow voice.  
A man nearly eighty years of age walked ten miles from his home to an adjoining town. When he reached his destination he was greeted with some astonishment by an acquaintance.  
"You walked all the way!" the latter exclaimed. "How did you get along?"  
"Oh, first rate," the old man replied. "That is, I did till I came to a sign—'Slow down to fifteen miles an hour.' That kept me back a bit."  
A certain farmer was one day approached by a lad who asked him for work. The farmer was in need of help, and agreed that if the lad could bring along a good character from his previous employer he could start that day.  
"The lad, however, did not turn up, but when the farmer met him a few days after, he spoke to him about it."  
"Couldn't you get that character, my lad?" he asked.  
"Oh, yes," responded the youngster. "But when I went for my character I heard yours. That's why I didn't come!"  
Father: "Dorothy is just twenty-two, and I'm going to give her a hundred pounds down for every year of her age."  
Dorothy's Sutor: "Splendid! do you happen to have a daughter who is a little older?"  
Willy (to neighbour): "Moth' throwing plates at father."  
Neighbour: "Is she? Why, it crosses with him."  
Willy: "No, but she's worth it to him."  
For a real Taxi Driver Phone 2016.



**Your Grocer is the Carnation Milkman**

**YOUR grocer has the most convenient milk supply in the world ready for you all the time—Carnation Milk. Order it from him and always have on hand rich, sweet, safe milk for any use. Carnation is simply fresh, whole milk with about 60% of the natural water content removed by evaporation, sealed in the container, and sterilized. Nothing is added. Ready for use as cream, or by adding a little more than equal parts of water ready for all milk uses.**

Order from your grocer several full (16 oz.) cans or a case of 48 cans.

Cook with Carnation Milk. Try this recipe and write for our Cook Book containing 100 tested recipes.



**SCALLOPED POTATOES**  
One tablespoonful salt, 4 medium-sized potatoes, 1 1/2 cups water, 2/3 cup Carnation Milk, 1/2 tablespoonful butter. Wash, pare and cut potatoes in thin slices. Put a layer in buttered baking dish, sprinkle with salt and dredge with a small amount of flour. Add milk, mixed with the water, and butter, and bake until potatoes are soft. This recipe serves six people.  
**CARNATION MILK PRODUCTS COMPANY, Limited**  
Condenseries at Aylmer and Springfield, Ont.

**Carnation Milk**  
"From Contented Cows"

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**Sheets and Bars**  
Sheet Copper Tinn'd., Sheet Zinc, Sheet Brass, Sheet Lead, Sheathing, Black and Galvzd. Sheets, Octagon Steel, Cold Rolled Steel Shafting, Sq. Key Steel, Tobin Bronze, etc.

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**After Every Meal**  
**WRIGLEY'S**

**All the goodness, flavor and quality that goes into WRIGLEY'S at the factory IS KEPT IN IT FOR YOU.**  
The sealed package does that—you break the seal.  
WRIGLEY'S is pure chicle and other ingredients of the highest quality obtainable. Made under modern sanitary conditions.  
WRIGLEY'S aids appetite, keeps teeth white and helps digestion.  
Try Wrigley's Doublemint if you like peppermint flavor.  
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