PERRY DAVIS Painkiller The Home Remedy

TAKE IT FOR
CRAMPS—COLIC—DIARRHŒA
APPLY IT FOR
BRUISES—SPRAINS — SORE THROAT

Side Talks by Ruth Cameron

RUTH CAMERON

WHAT DO YOU WANT MOST?

What do you want most?

A woman who has recently become a vegetarian with results which she feels a r e enormously beneficial, said this in regard to meat-eating t h e other day:

"You know I dine a great deal i n restaurants and, of course, as I go to my table I have to pass people who are eating meat, and I can tell you it smells and looks pretty good sometimes. I always liked meat and there really are days when it seems as if I **must** order a good old roast beef or an order of pork. And then I say to myself: 'Well, which do you want most—to eat some of that stuff that smells so good and get a little fun out of it, or to be well and vigorous and happy the way you've been since you stopped eating meat?' And I don't order the meat."

Now this is not repeated as an argument for vegetarianism. I know altogether too little about the subject to argue either for or against.

You Know What I'm About to Say.

The reason I repeat this story you can discover (if you do not already know,) by re-reading the question at the beginning of this talk.

What do you want most?

That woman knows what she wants most.

That is one of the most important things in the world to know. And one would say it was one of the simplest. And yet how many of us know what we want most?

What do you want most out of the year that you are beginning to-day?

You can't have everything. That's the law of the universe. You will have to choose, and your choices are your life.

They Muddle Along.

Some people never choose consciously. They just muddle along, and their lives and personalities are as indeterminate and meaningless and unsatisfactory as, that word "muddle" suggests.

Other people choose what they want most at the moment, without stopping to weigh values and decide whether it is what they want most for keeps.

It is only the wise few who look things clearly and thoughtfully in the face and then decide what they want most—and go and get it.

New Year's Day was a day of beginnings. Was it not an auspicious time to stop and ask yourself what you wanted most

You Can't Have Everything,

You can't have everything. You can't have health and the pleasures that destroy health. You can't have an effortless, easy life and the fine kind of character you admire and which is builded only by eternal vigilance. You can't have the appearance of good grooming which you like so much and that last half hour of sleep in the morning. You can't have a well informed mind and yet devote all your reading to reading easy novels.

But you can have almost anything you really want, provided you know what you want most, and make up your mind to-day to go and get it.

Why don't you?

Our Philatelic Corner.

(Conducted by Philatelos.)

THE STAMPS OF NEWFOUNDLAND

The Royal Portrait Issue.—Between the years 1897-1901 a series of stamps was issued bearing portraits of various members of the Royal Family for which reason the issue is now familiarly known as the Royal Portrait Issue. There were five values altogether ranging from ½ cent to 5 cents. The 3c. which bears a portrait of Queen Alexandra was issued in 1898, the 4c. with a portrait of Queen Mary when Duchess of York appeared in 1901 and the 5c. with a portrait of H. M. the King when Duke of York was issued in 1899. The ½c., 1c. and 2c. bearing the portraits respectively of the present Prince of Wales, Queen Victoria and King Edward VII. appeared in 1897. These stamps were engraved and printed by the American Bank Note Co., New York. The 1c. when it first appeared was printed in carmine which was later changed to green. The carmine is very much scarcer than the green. Of the green there are two main shade varieties and several minor shades. The two catalogued are a yellow-green and a blue-green. Both of these are very common. The 2c. stamps was first issued in orange but was later reprinted in vermilion. The 1c. is found imperforate between pairs and the ½c., 2c., 3c. and 4c. are found imperforate. When the additional cent was added to the postage rates during the war the 3c. was again put in use. The 4c. was also in use up to a couple of years ago.

CHECK LIST.

(Perforate 12.)

½c.—Olive.
1c.—Carmine.
1c.—Blue-green.
1c.—Yellow-green.
b.—Imperforate between pairs.
2c.—Orange.
2c.—Vermilion.
3c.—Orange.
4c.—Violet.
5c.—Blue.

VARIETIES—IMPERFORATE

½c.—Slate-green.
2c.—Vermilion.
3c.—Orange.
4c.—Violet.

THE NEW GIBBONS.

The 1920 edition of the "Red" Gibbons has just come to hand and as I heard that some startling changes in prices were noted, particularly in the old classics, I have gone to some trouble to note a few of these alterations, thinking they might interest my readers. Before doing so, however, I want to say how pleased I was to see that at last the war stamps of the British Colonies are included in their proper place in the catalogue. There are some very startling changes in the prices of some of the early Newfoundland stamps. Here are a few of them:

1857 Issue	1919	1920
2d. Scar-verm. unused ..	£ 80	£150
4d. Scar.-verm. unused ..	90	100
6d. Scar.-verm. unused ..	90	120
1s. Scar.-verm. unused ..	75	100
1860 Issue.		
4d. Or.-verm. unused ..	£ 18	£ 25
1s. Or.-verm. unused ..	120	150

In the 1862 issue there is a general tendency towards an increase in prices. This is also to be found in the 1866 issue. For instance, the 5c. brown seal has gone from 50 to 60 shillings, the 13c. orange from 7/6 to 10 shillings, and the 2c. green on white paper from 8/6 to 12/6. Advances of a few shillings occur in the prices of nearly all the stamps from 1868 to 1897. The 3c. deep brown of 1887 is now priced—unused—at 5 shillings, the 3c. slate lilac of 1890 has jumped from 2/6 to 4 shillings, and there are big rises in all values of the reissue of 1896. The 4 cents violet of 1898 seems to be becoming a scarce stamp. Last year it was quoted at 9d. whilst at present it is priced at 1/6, an increase of 100 per cent. All values of the Guy Issue, lithographed and engraved have increased considerably in value as have also the coronation, whilst the 2c. lithographed of this issue is now priced for the first time at 5 shillings. There is no change recorded in the prices of the Caribou Issue. The 6c. of this issue is still priced at 5d. whilst here speculators have been offering them at 65 cents each. I note that the Air Post stamps are now listed but not priced. In my next article I shall deal briefly with the price changes in the stamps of other countries.

ALL ARE OFFENDERS.

WALT MASON

My neighbor, Johnson, p l a y s the flute, I hear him at it night and day; he cannot play it worth a hoot, and yet he whangs and whangs a w a y. There ought to be a law, I've said, when much i n c e n s e d by music s t a l e, whereby p u n k flutists might be led to court, and fined, and placed in jail. For nowadays we all believe in shooting laws at every jay; if anything should chance to peeve, we want a statute, right away. And so I sat me down to think how I might have a statute framed, to cinch that fluting Johnson gink, and make him sorry and ashamed. And as I sat, I heard him say to someone, just beyond the hedge, "I wish that bard would move away—he surely keeps my nerves on edge. He has a wheezy phonograph that plays a lot of ancient slop; month after month I stand the gaff, for there's no law to make him stop. I'd play sweet music on the flute, soft, soothing chords that throb and thrill, but when I start that fat galoot turns loose his clanking music mill. Now, you are learned in law, my man, so tell what methods one employs to get a statute that will can that obese poet and his noise." Long hours I sat there, sad and mute, then muttered, with a hollow laugh, "Before I squelch my neighbor's flute I'd better bust my phonograph."

Ireland's Black Night.

In Ireland the night is still black, and of the dawn there is scarcely a glimmer. The season of goodwill went by without a truce, and the New Year like the old, is being stained with murder and reprisals. The only change seems to be that the military are becoming more and more masters of the situation, and that the burning of houses has in some cases been officially authorised. De Valera, President of the so-called Irish Republic, is back in Ireland, but it is reported that he will not negotiate peace except on the basis of Ireland's independence. If that be so, the "war" must go on until the rebellion is exhausted; but will not moderate Irish opinion take charge and say that the waste of life and wealth for an impossible ideal must cease? Irish freedom within the free British Confederation is assured, and anything else is not worth fighting for.—Liverpool Weekly Post.

Minard's Liniment Cures Diphtheria.

Mackintosh's Toffee-de-Luxe

4 LB. AND ½ LB. DECORATED TINS.
Fresh supply received to-day ex S. S. Sachem.
Special Price by the case of 14-4 lb. tins.

DROP IN MOIR'S

MOIR'S CHOCOLATES in ½ lb. and 1 lb. boxes.
5 lb. Blue boxes.
Bars and Bulk Goods
are all reduced in price. Get our quotations.
MOIR'S SLAB CAKE at Special Price to retailers.
KELLOGG'S CORN FLAKES.

You cannot make it as cheap in your own home:
No. 2 Size Tins JAM—
Blackberry, Apricot & Peach, all one price, 45c. tin.
No. 1 Size Tins, 20c. each

ST. WILLIAMS' PRESERVING CO. JAMS, viz:
Plum—1 lb. glasses very finest quality Jam, 45c. jar.
Greengage Jam — 1 lb. glasses very best quality, 50c. jar.
1 lb. Glass "Del Monte" Apricot Jam, 45c.

C. P. EAGAN,
Duckworth Street & Queen's Road

SMALLWOOD'S for RUBBER BOOTS

Red Ball Vac Long Rubbers.

These Rubber Boots are the best made in the wo

Double Wear in Every Pair.

We stock the following well known lines of rld.

Red Ball Rubber Boots:
Red Ball Vac,
Red Ball,
Red Ball Vac Storm King.

Mail Orders receive prompt attention.
SPECIAL PRICES for Case lots.

F. Smallwood,
THE HOME OF GOOD SHOES,
218 and 220 Water Street, St. John's, Nfld.

BABY CLARE.

"Doctor said He would not live."

71, Cobham Road,
Seven Kings.

My baby at three months weighed 7½ lbs. The doctor said he would not live.

He is now ten months and weighs 19¾ lbs. I attribute this wonderful progress to Virol. In addition to this gain he has eight teeth and has given no trouble with them, for this also we praise Virol.

Yours truly,
(Signed) A. CLARE.

Virol is used in large quantities in more than 2,000 Hospitals and Infant Clinics. It is invaluable for the expectant and nursing mother herself, whilst for children it supplies those vital principles that are destroyed in the sterilising of milk; it is also a bone and tissue-building food of immense value. Virol babies have firm flesh, strong bones and good colour.

VIROL

In Glass and Stone Jars.
Virol, Ltd., 105-108, Old St., London, E.C.1.
BRITISH MADE. BRITISH OWNED.

Where Every Year is Leap Year.

New York. — (Associated Press)— Every year is a leap year among the Garo women in Assam, writes a missionary to the American Baptist Foreign Mission Society.

"Among those who have not been Christianized the bride takes the initiative in marriage," he says. "She goes to fetch the bridegroom, and it is etiquette for him to hide and resist until victoriously carried off. Occasionally, a man may get his wife by capture, but usually it is the woman who kidnaps him; that is to say, her male friends do it for her. One may still see such press gangs bringing home their spoil.

"In the early days, the missionaries were inclined to rush to the rescue, thinking that violence was being committed, such is the noise made by the struggling youth. The reluctance and resistance, though, are seldom as real as they sound. If the youth dislikes the match there is rarely any redress.

"Women of means are allowed to choose a temporary husband, and when tired of him pay him off and take another."

Mob Riddles Negroes.

Warrenton, North Carolina.—(Canadian Press.)—This little town, the scene Sunday night of the lynching of two negroes by a mob of masked men and the source of wild rumors of clashes and impending clashes between armed blacks and whites, was restored to quiet to-day by a company of home guards, ordered out Sunday night by Governor Morrison, too late to prevent the double lynching but still was on duty. Further trouble is not anticipated.

The lynching, shortly after midnight, was the culmination of several days of ill-feeling between the negroes and whites of Norlina, which reached a climax early Sunday in a pitched gun battle there in which five white men and three negroes were wounded.

Thirteen negroes were arrested and brought to the jail at the county seat here. Sunday night the mob, numbering about 150, surrounded the jail, quickly overpowered John Green, the negro jailer, under threat of death, took Alfred Williams and P. Bullock, two prisoners, a mile outside the town and riddled them with bullets as they stood by the roadside.

The Ruling Passion Strong in Death.

"Who won the Test match?" was one of the last remarks made by Colour-Sergeant William E. Clayton, of Mitcham, London, a veteran of the Indian Mutiny, who has died at the age of eighty-eight says the Liverpool Weekly Post. Clayton was a great lover of cricket, and had not missed a Saturday game on Mitchem Green for fifty years. Tom Richardson, Lockwood, and many other famous cricketers were his personal friends. Known to his intimates as "Bobs II.," the sergeant served twenty-one years in the Rifle Brigade. He was severely wounded at the Relief of Lucknow. He also took part in the march from Kabul to Kandahar. The funeral, a military one, will take place at Mitcham.

Glut of British Boats.

According to a statement made in the British House of Commons, the total number of vessels of all descriptions, including trawlers, the property of the Admiralty used in the war, which are at present available for sale is 543.

MINARD'S LINIMENT RELIEVES DISTEMPER.

Jews Tax Selves to Aid Palestine.

London. — (Associated Press) — Jews throughout the world were asked to consent to a form of self-taxation by tithes in the manifesto recently issued by the Palestine Foundation Fund, asking for $125,000,000 for the reconstruction of Palestine. The manifesto was signed by a number of distinguished Jews, including Lord Rothschild, Sir Alfred Mond and Dr. Chaim Weizmann.

The manifesto outlines a big program of irrigation, drainage, forestry, road making, bridge building and town planning, which it says can be accomplished if the Jews of the world will tax themselves to produce the fund desired.

It adds that the purpose of the promoters is to enable immigration into Palestine to begin without delay and to provide for the economic development of the counry. Thousands are waiting on the threshold of Palestine, it asserts.

Unfailing in its results. A Pure, Wholesome and Delicious Laxative, "LES FRUITS."—dec9,tf

A Glorious Opportunity.

Aunt Eleanor was very strict—too strict for Eric and his little sister, who were tired of staying with her. She certainly tried her best to amuse them, and one morning took them to the Zoo. But it was a failure. "Eric, keep away from that cage! Molly, your hat's crooked! Those seats are dirty, Eric—keep off them. If you bite the finger of your gloves again, Molly, I shall take you straight home!" It was like a never-ending sort of gramophone record on good behaviour, and aunt Eleanor never seemed to tire. At last the little party paused before a cage, and aunt Eleanor consulted her catalogue. "This, children," she announced, "is an anteater." Eric looked cautiously round as he whispered to Molly, "Can't we push her in?"

NO MORE CHILBLAINS!

Mr. J. A. McFarlane of Napanee, Ont., had chilblains so bad that he couldn't wear boots. Egyptian Liniment relieved them. Don't suffer from chilblains this winter. This liniment is also for Frost Bites, Burns, Scalds, Cuts, Bruises, Sore Chest and Throat, Neuralgia, etc.

DOUGLAS' EGYPTIAN LINIMENT AT ALL DEALERS
DOUGLAS & CO MANUFACTURERS, NAPANEE, ONT.
Agent for Newfoundland
GEORGE NEAL
Box 313 St. Johns

Just Folks by Edgar A. Guest

CONTRAST.

It's failure makes the vict'ry sweet,
For care and joy are kith and kin;
Who's never had to take defeat,
Knows not how good it is to win.

The rough road oft is hard to fare,
But only they appreciate
The level miles, unknown to care,
Who've had the rough to navigate.

Men weary of the cloudless sky,
They need the darkness and the rain,
The dreary days, to look on high
And greet the sun with smiles again.

If there were never tears to shed
And never burdens hard to bear,
Though round us roses blossomed red,
We'd pass them by and cease to care.

So stand to failure and the blow
And keep the faith when grief appears.
For out of care shall glory grow—
The sweetest smiles are moist with tears.

For your health's sake we offer Nature's answer to Constipation, "LES FRUITS." ELLIS'S.—dec9,tf

Spades Were Trumps.

(From London Ideas.)

He was an elderly son of the soil and he had all the farmer's savage hatred of rates and taxes of every kind and description.

To add insult to injury, a perky little Jack-in-office of a rate collector called on him one day for taxes he had already paid.

Unfortunately, the farmer could not find the receipt.

"I explained this to him," he remarked to a friend of his later, "and would you believe it, Bill, the feller began to abuse me."

"Did he?" said Bill. "And what did you do?"

"Do! Well, I remonstrated with him."

"You did. To what effect?"

"I dunno, exactly, but the shovel got broke!"

Henry VIII. and Tennis.

Workmen re-roofing Westminister Hall, London, recently found two round objects in the dust and cobwebs in the old oak rafters 90 feet above the ground. When the dust and grime had been removed these objects proved to be ancient tennis balls. An antiquarian says that, judging from their size and structure, the balls date back to the reign of Henry VIII. (1509 to 1547), who was an ardent supporter of tennis, or tennice, as it was then called.

for Colds

MENTHOLATUM also soothes and softens chapped, roughened hands, relieves chilblains and cracked lips; stops colds—almost over-night.

A HEALING CREAM
Mentholatum
heals gently and soothingly as well as quickly, and is perfectly safe and harmless to the skin. Antiseptic, too.
Opal Pots At all chemists
Wholesale
110-A

J. B. MITCHELL & SON, LTD.
327 Water St., St. John's.

Left Engine Running While Asking Cha

A St. Thomas man drove up to city hall in that place the other in an automobile, left the engine the car running and walked into city relief office and appealed for sistance on behalf of himself, his and family, who, he claimed, nearly destitute. Needless to sa man who could waste gasoline in ing charity was refused.

THE ROMPING GIRL
or bouncing boy, full of vim—robust, are a delight in any home.
Scott's Emulsion
helps keep both young and old, well-nourished and strong. Do not deny strength-building *Scott's Emulsion* to your children.
Scott & Bowne, Toronto, Ont.