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ow. All batteries wear
last longer if you use
Recharging and re-
When your present
buy a "Prest-O-Lite",
Automobile Owners in



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Syndicate Ltd.,
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ABLE CTIMS

at little things that ordin-
ary. You feel nervous. You
petite. You lose flesh—all run

IS AILMENTS
ravenousness, despondency, poor
table disposition, diminished
entration, fear of impending
tendency to sleep, unattracti-
implies on face, palpitation of
in back, lumbar, dyspepsia,
hemorrhoids. Dr. Ward gives sys-
tematic in the treatment of all
s. The above symptoms, and
that something is wrong,
you need expert attention.

STION.
es are numberless people who
y feel nervous, weak, languid
no ambition or endurance to
effort. Life to them appears
is poor and variable; they
They have pains and ach-
s often indigestion, belching
cessless, wakeful and restless
at meals and the brain throbs

ING MAN

l. Experimenting days long
ause. No delays and waiting
ected results. I make a fee
e of \$10.00 or \$25.00 it means
on free.

ues—DR. HERRICK
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uccessful Specialist
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Quick Efficient Service

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YOUR SHOES
Up-town to be Repaired
Drop Them in at
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\$300 will buy my nice
building lot, or will exchange for
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Auto Service at all hours.

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Furniture of all kinds
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Highest prices paid for
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43 Geneva Street

New Royal Hat Cleaning Co.

Ladies' and Gents' Straw and
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Latest Styles.

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Until She Tried "Fruit-a-lives"
—Made From Fruit Juices

112 Cosburn St., St. John, N.B.

"I feel I must tell you of the great
benefit I have received from your
wonderful medicine, 'Fruit-a-lives'.

I have been a sufferer for many
years from Violent Headaches, and
could get no permanent relief.

A friend advised me to take 'Fruit-
a-lives' and I did so with great
success; and now I am entirely free
of Headaches, thanks to your
splendid medicine."

MRS. ALEXANDER SHAW.
50c. a box, 6 for \$2.50, trial size 25c.

At all dealers or sent on receipt of
price, postpaid, by Fruit-a-lives
Limited, Ottawa.

The Orange Brethren of Grimsby
district are notified that there will be
a meeting in Brant's Hall, Smithville,
on Friday evening, June 20, 1919, at
eight o'clock, for the purpose of or-
ganizing an Orange Lodge in Smith-
ville; and a bumper attendance of
Orangemen and other protestants is
requested.

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A VISIT 69 GENEVA STREET

and try our line of first-class
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Try My Special Line of Fruit Cake
30 Cents Pound

Made with pure butter and
fresh eggs.

NEW G.T.R. SCHEDULE

EFFECTIVE MAY 4, 1919

Locals WEST Express

6:30 a.m. 7:35 a.m.
1:25 p.m. 4:35 p.m.
5:22 p.m. 8:05 p.m.

EAST

8:35 a.m. 10:20 a.m.
4:00 p.m. 6:03 p.m.
6:37 p.m. 7:50 p.m.

*Daily.
†Daily except Sunday.

@Stops at Grimsby only.

KILL ROADSIDE WEEDS

Cultivation Stores Water in Soil
for Crops.

Grasshoppers Cheaply and Quickly
Destroyed by Treating With the
Poisoned Bran Mixture.

(Contributed by Ontario Department of
Agriculture, Toronto.)

"A STITCH IN TIME SAVES NINE"

This is especially
true in the case of weeds.

When one considers that
a single specimen of many kinds of
weeds may produce over 10,000
seeds, and that many of such seeds
may be blown far and wide by the
wind, one begins to realize just what
a source of contamination is a weedy
roadside, a fence corner or a waste
place.

In Ontario it is too common a sight
in the fall of the year to see a farmer
busy with his fall cultivation, at-
tempting to clean his field and pre-
paring a good seed bed for next
year's crop. At the same time on the
roadside near the field or in the
fence corners or some waste place
near it such weeds as Perennial Sow
Thistle, Canada Thistle, Milkweed
and Wild Lettuce are maturing seeds
by the thousand to be blown on to
his well tilled field and reseed it with
enough fifth to markedly lessen his
crop and increase his labor next year.

When labor is so scarce and when
the maximum quantity of grain
should be produced from every acre
under cultivation, no man can afford
to allow weeds to seed anywhere in
the neighborhood of his farm. A few
hours spent now and again during
the summer cutting weeds on road-
sides, in waste places and fence cor-
ners is a good investment for the
future, which will pay handsome divi-
dends in labor saved and increased
crop.—Prof. J. E. Howitt, Ontario
Agricultural College.

Conserve the Soil Moisture.

Moisture is the most important
soil property. Without it a crop is
absolutely impossible, no matter how
much fertility may be present. With
the proper amount large crops are
obtained, while on the other hand if
moisture is excessive or deficient the
yield is diminished according as the
excess or deficiency increases. If all
the water necessary for the produc-
tion of a full crop could be collected
on the surface of the ground at one
time, it would be from 18 inches to
24 inches deep, depending on the
crop and the season. During the
growing season only 10 or 12 inches
of rain falls in Ontario, and this is
only half the amount required by the
crops.

Hence it becomes necessary
to store up in the soil as much of the
winter and spring rains as possible,
while at the same time guarding
against excess.

The amount of water a soil may
contain depends on the pore space in
the soil. Sands have least pore
space, loams have more, and silts
and clays are intermediate. The porosity
of a coarse sand is about 35 per cent.,
of a loam or muck about 50 per
cent., and of a heavy clay about 65
per cent. From these figures it will
be seen that a soil may contain nearly
as much water as soil grains.

Since the plant roots require air it is
not desirable to have all the soil
pores filled with water; some free
air space must be left, hence drain-
age becomes necessary.

There are three ways that water
may be lost: first by run-off, secondly
by drainage, and thirdly by evap-
oration. Of these three the greatest
is evaporation. It may amount to
half the total rainfall. As long as
the soil is wet in the spring we want
all these at work, but as soon as the
soil is dry enough for cultivation we
want the losses cut off. And culti-
vation is the only direct means by
which this can be done in summer.

Cultivation should begin just as early
as the soil is dry enough. To delay
a week may cause the loss of as
much as 1 1/2 inches of water, and
this is as much as falls in the month
of April, a very serious matter when
the needs are so great and the supply
so limited. In the fall of the year
cultivation should be deep to increase
absorption and retention of water;
in the spring shallow, in order to
produce a dry layer of soil on the
surface to cut off evaporation.—Prof.
W. H. Day, Ontario Agricultural Col-
lege.

A Cheap and Efficient Method of

Controlling Grasshoppers.

Grasshoppers may be easily and
cheaply controlled by poisoning with
the bran mixture, which is made as
follows: 20 lbs. bran, 1 lb. Paris
green, 1/2 gal. molasses, 2 gals. water,
2 or 3 lemons.

The bran and Paris green should
be mixed thoroughly together when
dry. This should be done the night
before using. In the morning squeeze
the juice of the lemons into the
water, run the pulp and rind through
a meat chopper and add this and the
molasses to the water. Stir well and
then pour the liquid on the poisoned
bran and mix so thoroughly that
every part is moist and will fall like
sawdust through any insect.

The mash should be applied early in
the morning between five and seven
o'clock, by scattering it over the
infested field. In the fence corners
and on roadsides where the insects
have been observed. The above
amount will suffice for four or five
acres. It will be well to make an
inspection three or four days later
and if there are many survivors to
make a second application.

It is important to attend to this
matter as early in the season as the
young grasshoppers are noticed, and
not to wait till they grow big and
have caused a considerable amount
of damage.

The same means may be employed
for the control of cutworms, making
the application wherever the worms
are observed just before dark in the
evening.—L. Cassel, B.S.A., Provin-
cial Entomologist.

Owing to the strike of flatmen in
Liverpool great difficulty is being ex-
perienced in coating Atlantic liners.

"FLORENCE AUTOMATIC" OIL COOK STOVES
Full information about the Florence Oil Stove
will be sent free to any address upon request
to our nearest branch office. Branches at
Toronto, London, Montreal, Winnipeg.

THRIFT STILL NECESSARY

The need of continued thrift on the
part of Canadians is set forth in the
following which is opening paragraph
in the May Commercial Letter issued
by the Canadian Bank of Commerce:

"The need for personal and community
thrift is as great now as in the black
days of 1918 when it was realized that
this most stringent self denial was
the requisite to enable us to meet the
demands of the Government for more
aid yet more money with which to
carry on the war. The great dread
which hung over all a year ago has
apparently been removed, but we still
have a duty to perform and it is es-
sential that it should be faced. It is
necessary to carry on public works
that will aid production, such as roads
and railways, on a considerable scale
in order to provide employment for
the workers. We have also a burden
of interest imposed on us by the war
and we have great obligations to
those who were maimed as well as to
the dependents of those who laid down
their lives for our security. These ob-
ligations can be met only by a con-
tinuance of self denial on the part of
everyone in the Dominion.

FOR SALE

Brand new 1919 Buick for sale
also a

Cadillac 1912 seven passenger Tour-
ing.

83 B Overland used car, rebuilt, re-
painted, practically as good as new.

Ford 1919 Touring in good shape.

GILMORE GARAGE
St. Catharines.

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Please, Mother! It's Nasty! Give Me a Candy Cascaret!

TO MOTHERS! Instead of the dreaded dose
of castor oil, drops, calomel or pills, give your
children Cascarets and save money, worry and
trouble. Children love Cascarets because they taste
like candy. Nothing else acts so gently but surely
on the child's little stomach, liver and bowels.

When one of the kiddies has a white tongue, tainted breath, sour stomach
or a cold; when cross, bilious, fussy, constipated, remember, a Cascaret
to quickly "work" away the nasty bile, sour fermentations and poisons
should always be the first treatment given. Cascarets never gripe the
tender bowels, never injure, and never disappoint the worried mother.
Each 10-cent box of Cascarets contains directions for children's dose from
one year old and upwards. Also for adults.



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The Ideal Residence Area of St. Catharines

Glen Ridge is by far the most desirable residential sub-
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1. It is close to the heart of the city, all lots being within one
mile radius of the Post Office and City Buildings.
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the most desirable dwellings.
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4. Prices moderate and reasonable terms.

We expect a big movement in this property in the
next two months. So act quickly and own a home in
the most beautiful sub-division in the Niagara Peninsula.

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Your Country needs this money in those
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