#### NURSERY NOTES.

The only way you can bring a child up is the way you're going yourself. It never makes children better to tell them a dozen times a day that they are too mean for any use.

Children will relish the morning cereal that contains dates, figs or even prunes as a relief from its sameness. It takes so little to make a child hap-

py-a smile, a caress, a five minute story, a song that can be crooned while the mother goes on with her sewing or ironing or what not. Try it.

If baby is old enough to wear buttoned shoes, see that they are a little larger than the foot and fit comfortably at the ankle. Almost all infants' buttoned shoes need to have the buttons altered.

There is no better tonic for a debilitated person, old or young, than plenty of fresh air and sunlight. Weak children should always be kept when possible in sunny rooms and be encouraged to sit or play in the sun.

Every child should be furnished with a cot or bed to itself and not be compelled to sleep with an attendant or with other children. If constant attention be required, the mother or nurse can have her own bed placed just next to that of the child.

Washing Blue For the Hair. Gray hair is an ordeal to the average woman under the most favorable circumstances, and she probably finds in it little that is to be palliated. On the other hand most women would probably not mind it so much if they were certain that all their hair would become white immediately and not remain for several years in the yellowish, mixed stage that comes to all women who have not black hair. It is the problem of getting their hair white all

at once that troubles most women. Some of the Paris hairdressers are said to be able to make the hair quite white when once it begins to turn. The process is expensive under any cir-

A remedy has been found which has been successful in the case of most of the women who have tried it. It is not expensive, for the process consists in giving the hair a bath of washing

The blue must not be too strong, but must be liberally mixed with water. If one bath does not have the effect of taking all the yellow out of the hair, the operation should be repeated.

a day or two after the bath of blue has been given the yellow will begin to fade from the hair and in a short time it will be quite white.-Cleveland Plain Dealer.

Acquiring a Smart Effect. The smartly gowned girl knows that it is the touch that makes all the difference between a daub and a painting, between mere clothes and an costume. She has observed that exquisite taste presents itself in details-trifles light and airy, yet sufficiently weighty to turn the scale from failure to success, from inferiority to distinction. Because of this she is aleys on the alert to discover that little which makes the smart girl

The ma, way of a crefully. A that people living in countries where the very symmetrically tied looks like suffer from bronchial affections. the ready made up article, a resem blance that feminity abhors. The proper way to do the 'rick is to knot knack in doing the thing correctlythat is, getting just enough of the soms. negligee into the appearance of the tied up scarf.

Testing Flour.

Although flour is in daily use in nearly every family in the United States, comparatively few cooks or housekeepers know anything about the quality t different brands of flour or can tell Wh ether they are using flour of a ce or of an inferior grade.

re are various methods of testing fic ur, but this is one of the sim-Take some flour in the left hand, ad. 1 a little water and with the finger mix a rather stiff right fore

nd a few minutes, then dough. rk in the hand. If the Let it sta. he dough will become knead and we · with working and flour is good, 1 stiffer and drie. bery feeling. 'quality, the dough have an elastic, ru. sticky under pro-If it is of inferior will become soft and

tracted working. tions en honestly Woman's Inven. Fifty years ago most n were incabelieved that most women pable of learning Greek, an inion. A in general were of the same op. vas alhundred years ago the belief & most universal that no woman invent. Up to 1808 there was a excuse for it since, until that date, woman in the United States had eve

patented an invention. But in the eleven years from 1884 to 1895 women in this country took out patents for 3,905 inventions, some of them of great Blanket Soap. For a soap for washing blankets, shave fine two pounds of good white

soap and put into a saucepan with two quarts of boiling water. Keep on the fire until the soap is dissolved, stirring occasionally. Add four ounces of borax, stir well and the soap is ready for use. Never use brown soap when washing woolen goods.

Table Damask. When selecting a cheap or medium quality of table damask, choose a pattern that nearly covers the ground. Such a tablecloth will wear better and look better than one of the same quality where there is a great deal of plain surface displayed.

### The & Hour Dau

Which the working man has fought for and succeeded in obtaining is something the wife has no share in. Her day begins before his and ends long after it, as a rule, and many a night her rest is broken by the baby's fretfulness. The

healthiest woman must wear out under such a strain. What can be expected then of those women who are weakened by woman-ly diseases?

> worn-out and run-down will find new life and new strength in the use of Dr. Pierce's Favorite Prescription. It established regularity, dries weakening drains, heals inflammation and ulceration, and cures female weakness. It makes weak women strong and sick women well.

Sick women well.

Sick people are invited to consult Dr. Pierce, by letter, free. All correspondence is held as strictly private and sacredly confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.

Pierce, Buffalo, N. Y.

"I suffered with female weakness about eight years—tried several doctors but derived no benefit until I began using Dr. Pierce's Favorite Prescription," writes Mrs. John Green, of Danville, Boyle Co., Ky. "This medicine was recommended to me by other patients. I have taken six bottles and I feel like another person." The dealer who offers a substitute for "Favorite Prescription," is only seeking to make the little more profit paid on the sale of less meritorious medicines. His profit is your loss. Refuse all sub-

Dr. Pierce's Pleasant Pellets should be stitutes. used with "Favorite Prescription" whenever a laxative is required.

Inree Long Words.

The two longest words in Worcester. Webster or the Century dictionary are said to be palatopharingeolaryngeal and transsubstantiationalists. A longer one is noted in American Notes and Queries. It is methylbenzomethoxyethyltetrahydropyridinecarboxylate.

Spiders a Barometer. If spiders in spinning their webs make the termination filaments long, we may, in proportion to their length, conclude that the weather will be serene and continue so for ten or twelve

A Simple Life Saver. It is not generally known that when a person falls into the water a common felt hat may be made use of as a life preserver, and by placing the hat upon the water, rim down, with the arm round it, pressing it slightly to the breast, it will bear a man up for hours. the mass of the second second second

Iron Plows. Cast iron plows were introd about 120 years ago and were much objected to upon the ground that they poisoned the land.

Pineapple Juice. The best lubricant for the organs of the throat is pineapple juice. It is said

Table Decoration.

tive way of decorating the unction is to stand proper way to do the the saway table for a small pallow bowl with the ready made appearance that a tall crystal vase in a policy of filled An attraca comes of too careful tying and gives of cut or baccaret glass, the bound the an artistic effect. There is quite A with short stemmed flowers and the vase with a few long stemmed blos-

> The Yew Tree. Palms never live more than 250 years. The yew is the longest fived of

> An Australian Custom. The natives of Australia tie the hands of their dead together and pull out their nails. This is for fear the corpse may scratch its way out of the

grave and become a vampire. Bulldogs. Bulldogs are at one and the same time the most affectionate and ferocious of animals. One of the species will guard with its life the person or property of its master from either ac-

Our Newspapers. In the United States newspapers appear in twenty-four different lan-

tual or fancied danger.

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Some people condemn our advertising, because it is so very different from

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Your health wil. differe. 50 Tablets, 25

HOUSEHOLD FINIS.

Use stonemasons' dust instead of soap for scouring tables and floors. It will make them beautifully white. A cloth saturated in vinegar is about

the only thing that will clean the little mica "windows" in the coal stove. A new soft paint brush is a good thing to dust carved furniture with, as the bristles will penetrate the deepest

crevices. When your wiping towels, begin to get thin, double them and quilt them on the machine. They make soft cloths for washing china and silver.

If a teapot pours badly, rub a little butter around the spout. This will prevent the tea dripping or trickling down on the clean tablecloth.

Cover window sills of kitchen and bathroom with enameled cloth or ordinary oilcloth to save the window sills from wet saucers and cups that disfigure paint.

Covers of bleached muslin slipped on over pillow ticks and the pillowslips drawn over them add to the good appearance of the pillows, as the striped ticking does not show through.

Airing the Linen. No portion of a housekeeper's responsibilities requires more conscientious performance than the airing of clean linen. It is not enough to hang the ironed linen on a clotheshorse before the fire for so many hours. The articles must be turned and returned, and thick things, such as sheets, require turning inside out. Pillowslips, too, should be opened out; a pillow cover ever so slightly damp is apt to cause earache or toothache, and a damp sheet has been again and again the beginning of lifelong agonies of rheumatism. It is the truest economy of time to thoroughly complete the airing process before putting away. The drawers or press should always be placed in a dry position, of course, and it is expedient to remove all the articles from the drawers and air them at least once a month. In summer time expose them to the air and sunlight for an hour or so.

Cucumber Milk. Cucumber milk should have a place on every woman's toilet table during the summer months. The formula for it is: Oil of sweet almonds, two ounces; fresh cucumber juice, ten ounces; white castile soap, quarter of an ounce; essence of cucumber, three ounces; tinctuye of benzoin, thirty-eight drops. Slice the cucumber unpeeled, boiling in a little water made by mixing equal parts of the juice and alcohol. Dissolve the soap in the essence, add the juice, then the sweet almond oil and finally the benzoin. Cucumber milk is a sovereign balm for sunburn and tan. A fresh cucumber cut in halves can be used to remove sunburn. It should be rubbed on the face with more or less friction, the juice being allowed to

Girls' Books. very sensible remarks have been made recently in a literary journal on the drivel that is too often set before girls in the books specially written for them. There are one or two writers who understand girls and have produced breezy stories for them which they would not be ashamed for their brothers to read, but the average girls' book is an insult to the intelligence, ideals and sense of humor of the little modern maiden, who, be it remembered, has all the same interests as her brothers.—Lady's Pictorial.

Bags.
The bag habit is now assuming a formidable universality. Not one bag, but as many as possible are claimed by the girl. Biack or tan suede bags go well with tailor made dresses, brocade or beaded bags with visiting dress, and delicate white satin ones embroidered with flowers in china ribbons and gold thread are most suitable for the thea-"Individual" bags are catching You have your favorite motto, your crest, monogram or some Egyptian hieroglyphic worked on your bag.

As Others See You. If a woman wishes to see herself in the mirror as others see her with the eye, or as nearly so as possible, she should keep the surface of her glass highly polished and have a plentiful supply of white-not cream-gauze of fine Indian lawn. Gather the material at the center of the top and let it fall on either side, framing the glass with soft folds of pure white. A draped mirror always gives a more becoming reflection than one with a hard frame.

Puffy Eyes. Puffy places under the eyes most frequently signify some sort of kidney ailment. Half the women do not drink healthy. Tea, coffee and chocolate will not take the place of water. Make it a practice to drink a big glassful half an hour before each meal and another one two hours after each meal and the puffy places will not only vanish, but your complexion will be clearer and your general health much improved.

Sandpaper.

The uses of sandpaper are manifold. In the kitchen it is invaluable for cleaning pots, pans and kettles. The coarser kind is used, and if a roll is kept on the kitchen shelf pieces can be cut off when needed. On the writing table sandpaper is useful in giving the finishing point to a pencil after charpening it.

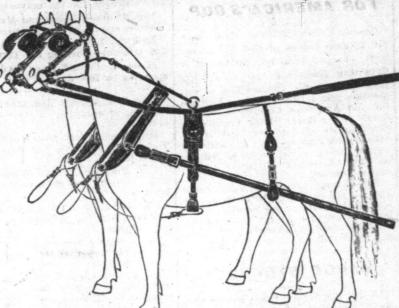
Vinegar For Removing Glue. For all the fish glues vinegar is a good solvent. When gluing a piece of woodwork, if any particles of glue get on places where it is not desired, wet a bit of cloth with vinegar and rub it off. If the glue in the bottle becomes too thick, thin it with vinegar rather than senger and Ticket Agent, Montreal.



It's sad to think how much good money is spent on bad tea despite the fact that Blue Ribbon is in every store.

Put up Black Mixed 4 Ceylon Green

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Grand Trunk leaves New Summer Resort Publiciations.

Two new publications have just been ssued by the publicity department of the Grand Trunk Railway System. One of them is descriptive of the charming summer resorts on the east coast of Lake Huron, including Southampton, Port Elgin, Kineardine, Goderich and Sarnia Ontario and the beaches that are reached through Port Huron, Mich. The publication is enhanced by direct reproductions in half-tone from photegraph's and is printed in the Luxotype process. In addition to a de-scription of that part of the country there is information for the lover of rod and gun, lists of hotels, with accommodation and rates, and a great deal of other data that is of interest to those who are looking for a summer

The other new publication is a deplay ground. scription written in a story-like form most interesting, and dealing with that vast wilderness embracing the region around French River, descriptive matter takes the tourist over the northern division of the Grand Trunk to North Bay and from there across Lake Nipissing to Chauenough water to keep a canary bird diere Falls on the French River, which is as far as navigation by steamer can be enjoyed. The rest of the journey is made by canoes, several portages being necessary; but the scenery is so grand and so magnificent that any-

one is well repaid for a visit to this charming locality.

The hunting and fishing in this comparatively virgin district is unexcel-ny tribe found here, the big fellows of the maskinonge species running from 20 to 30 pounds are a frequent catch The charms of this wonderful country beyond Lake Nipissing are not all con-fined to the summer season—it is beau-tiful in August and September, and it is gorgeous in October and November.

During the first two weeks of November the deer-hunting is good, and in duck-hunting season a full bag is obtainable at any time. The Waters of the streams tributary to the French river are literally alive with gamey fish of all varieties and sizes. This interesting booklet just issued by the Grand Trunk includes all information how to reach the locality, and other particulars looked for by the sportsman or tourist. Copies sent free on application to G. T. Bell, General pas-

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