

## HEALTH AND HOME HINTS.

**Almond Cakes.**—Five ounces flour, five ounces powdered sugar, two ounces butter, one egg, one ounce blanched almonds, ten drops essence of almonds. Rub the butter in the flour, with half the sugar, beat the egg with the remainder of the sugar, mix it with the other ingredients, add the almonds and the essence, roll them in pieces the size of a nutmeg, and sprinkle with fine lump sugar; bake lightly in not too hot an oven for one-half hour.

Serve whipped cream with chocolate layer cake; it forms a delicious dessert which could be prepared the day before using. When the cake is served a little mound of cream should be put by its side on each plate.

**Mending China.**—China may be mended as firmly as a rock in the following manner. Two persons will be needed for the work, however, for the manipulation must be done rapidly. The necessary materials are a little unslaked lime, pulverized, the slightly beaten white of an egg and a small hair-brush, such as is used for gum. Put the white of an egg on the broken edges of both pieces to be joined, and immediately dust one edge with the powdered lime; put the two edges accurately and firmly together, hold in place for a minute or two, and then lay aside to dry.

Tea should be kept in either a tin or glass vessel which has a lid, as it is necessary to keep it tightly covered up.

**A Dainty Dish for an Invalid.**—Prepare a nice mince of chicken. Make an omelet of two eggs, and when set put the mince in centre and fold over in the usual way; pour round a good gravy.

**Coffee Pots.**—Coffee pots and tea pots that have become musty may be cleaned by putting a good quantity of wood ashes into them, and filling with cold water; allow this to heat gradually, then boil for a short time, after which set aside to cool, when the inside should be thoroughly scrubbed, using a small brush and hot soap suds. Then scald well and wipe dry. All pots and pans or plates that have grown sour or rancid may be treated in the same way. If ashes can not be obtained, soda will do, but it is not so good.

**Whipped Cream Trifle.**—Soak cocoanut macaroons in the syrup of preserved peaches until very soft. Beat the whites of four eggs until very stiff, then beat in gradually three-fourths of a cupful powdered sugar, and two tablespoonfuls of the peach syrup. Mix in lightly a pint of sweet cream, and whip all to a very stiff froth. Place in alternate layers with the soaked macaroons in a deep glass dish, heaping the cream on top. Sprinkle thickly with fresh-grated cocoanut.

## HOT WATER AS A REMEDY.

Headache almost always yields to the simultaneous application of hot water to the feet and back of the neck.

A towel folded, dipped in hot water, wrung out and applied quickly over the stomach acts like magic in cases of colic.

A towel folded several times and dipped in hot water, quickly wrung out and applied to the seat of pain, will, in most cases, promptly relieve toothache and neuralgia.

A strip of flannel or towel folded several times lengthwise and dipped in hot water, then slightly wrung out and applied about the neck of a child suffering with an acute attack of croup will usually relieve the sufferer in the course of ten minutes if the flannel is kept hot.

In the amusing reminiscences of Samuel Hussey, an Irish land agent, just published, appears this story: A priest once threatened a bibulous parishioner that if he did not become more sober in his habits he would change him into a mouse. "Biddy, me jewel, I can't believe Father Pat would have that power over me," said the man that same evening as the shadows fell, "but all the same, you might as well shut up the cat."

## HARDENING BOYS.

Perhaps the children who are not "cod-dled" are happiest, as well as hardiest, in the end. At least, those who have their share of sympathy and affection, while learning at the same time to scout at far, are surely fortunate.

A young man who rode horseback to perfection was asked when and how he learned.

"Oh," said he, carelessly, "when was a little fellow my father put me on a horse, and told me how to ride. I was afraid, and slid off; but every time I touched the ground he cuffed me and set me on again. So I found it cheaper to learn."

A certain stern Greenlander, when the breakers were riding highest over the rocks, would place his young son in a kayak and throw him into the surf. The little fellow, with the double paddle in his hand, would watch his opportunity, right himself as he descended, and then triumphantly paddle through the boiling sea to the little haven where the canoes land.

"You will drown your boy!" people used to say to this Spartan father; but the sage hunter of seals and whales would reply—

"If the boy cannot right a kayak in a stormy sea, he cannot kill a seal; and if he cannot kill a seal, he cannot live in Greenland. And in that case, don't you see, he might as well die!"

## AN UNSOUND MINISTER.

A story is told of a young clergyman North of the Tweed who had not been long placed on his charge when rumors began to circulate about his orthodoxy. Some of his friends, hearing these reports, set themselves to inquire into the grounds for them. But they could only elicit vague hints and suggestions.

At last they came upon an old woman who declared roundly that the minister was "No sound."

"Not sound? What makes you think that?"

"Weel, then," she answered, "I maun tell ye, I was seein' him wi' my ain een standin' at his window on the Lord's Day, dandling his bairn!"

Homer wrote poems; Shakespeare wrote dramas; Jesus lived a poem, and His life was a drama.

## A SPRING TONIC.

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## SPARKLES.

"You can't imagine," said the musical young woman, "how distressing it is when a singer realizes that she has lost her voice."

"Perhaps not," replied the plain man, "but I've got a fair idea how distressing it is when she doesn't realize it."

Doctor—"Now, Pat, I'll cure you if you'll take this medicine."

Pat—"Go ahead, sor, Oim that anxious t' be well that O'id take yure medicine aven if Oi knowed 'twould kill me."

Small Bobby had met with a slight mishap, and was crying bitterly.

"Come here," said his mother, "and let me kiss away the tears."

"W-wait a m-minute," sobbed the little fellow. "I ain't done c-crying yet."

Sir Robert Ball, the noted British astronomer, went to a remote town in Ireland to lecture on his favorite topic. Arriving at the station he looked for the expected conveyance, but found none. After all the other passengers had disappeared a man stepped up and said: "Maybe you're Sir Robert Ball?" After receiving an affirmative reply the man hastily apologized, saying: "Sure, your honor, I'm sorry I kept you waiting, but I was told to look for an intellectual gentleman."

An old Scotch lady had a difference with her pastor that was very serious, but for all that she never missed a service. When some one asked her how she could take this course, she said: "I have no quarrel with the Gospel nor with the Lord, and I will not allow myself to stay away from the Lord's house because I have a difference with the minister." There is something in her answer that is worthy of being considered by some who let a little difference with the minister or some fellow church member be an excuse for neglecting important Christian duties.

At Munich, in Germany, three brothers married three sisters on the same day, and one of the sisters of the three brothers married a brother of the three sisters.

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