#### PROPERLY PREPARED FOOD

Is Essential to Health and the general Comfort of the Household.

BY THE AID OF





# FRIEND

## BAKING POWDER,

Light, Easily Digested, and Wholesome Rolls, Gems, Tea Cakes, Griddle Cakes, Pancakes, &c., &c., can be

### EXPEDITIOUSLY PREPARED.

The COOKS' FRIEND is also useful in Pie Crust, Boiled Puddings, etc., SAVING a large proportion of the usual SHORTENING, and producing more HEALTHY FOOD.

#### it Contains no Injurious Ingredients,

Such as are to be found in many of the Baking Powders that are being forced on public attenticu, its principal constituent being the PUREST Grape Cream

DYSPEPTICS may USE with ADVANTAGE food prepared by its aid.

The Cook's Friend has had First Prizes awarded wherever exhibited, and has also been awarded SIX Medals, Three of Silver and Three of Bronze for EXCELLENCE of OUALITY.

Purchasers should make sure they are served with the genuine Cooks' Friend. No variation from, or addition to, the name is genuine.

Retailed by all respectable Storekeepers in the Dominion