

MILBURN'S STERLING HEADACHE POWDERS

CONTAIN NO DANGEROUS
NARCOTICS.

The most simple, safe and certain
remedy in the world for

**SICK HEADACHE, NERVOUS HEADACHE,
NEURALGIC HEADACHE, MALARIAL
HEADACHE, HEADACHE OF
DELICATE LADIES,**

and Headache from any cause whatever.

Persons suffering from cold in the head,
the pains and aches of La Grippe, or
Neuralgic pains will find one or two pow-
ders act like magic in giving them rest.

For the headache and depression of
mental and physical exhaustion or of
sexual excesses, nothing will give such
prompt relief as Milburn's Sterling Head-
ache Powders.

A Man of irregular habits will find one
powder taken in the morning set his
stomach right, clear his head, and put
him in condition for his day's work.

Especially for Ladies. — Thousands
of women suffer every month with terrible
headaches or pains in the back and loins
and other parts of the body.

Every month is looked forward to with
dread on account of the excruciating
agony. Milburn's Sterling Headache
Powders are a perfect blessing to such
women. They give prompt relief from
pain, are perfectly safe, are followed by
no bad after effects, and there is no fear
of forming a "habit" from their use.

Remember that Milburn's Sterling
Headache Powders are entirely different
from the ordinary kinds of headache
remedies.

**They Contain no Deadly Morphine
or Opium** to numb the nerves and dull
the senses.

They operate in a manner peculiar to
themselves, neutralizing and destroying
those poisonous materials which irritate
the nerves and cause pain.

Price 10 cents and 25 cents at all dealers.

MRS. GEO. ADAMS, Uxbridge, Ont.

Milburn's Heart and Nerve Pills cured
her of Fainting Spells, Partial Paralysis,
and Heart Trouble, after the doctors had
given her up to die.



MRS. GEO. ADAMS.

The beginning of this year very few people
in Uxbridge, Ont., thought Mrs. Geo. Adams,
a highly respected lady of that town, would
be alive to see the incoming of spring.

She was so weak and wasted, her appetite
was gone, there was dark circles under her
eyes, her heart was bad, those terrible faint
spells and smothering sensations came over
her so frequently that it seemed to be only a
matter of time till she would pass to the great
majority.

To-day Mrs. Adams is thankful to Milburn's
Heart and Nerve Pills for sparing her life to
her children and husband, and under date of
April 4th, 1898, wrote as follows:

"I had given up all hope of recovering, and
frequently thought I could not live through
the day.

"Fainting spells, numbness and partial
paralysis came upon me very often, some-
times seven spells in half a day. I was in
this helpless and hopeless condition when a
friend advised me to try Milburn's Heart and
Nerve Pills, which I secured at Mr. Nicholl's
drug store. I had not taken them long when
I noticed a great change for the better, and
before I had used half a box I was up doing
my own housework.

"By the time the first box was completed
I was able to walk down town and back
quite easily, a distance of half a mile each
way.

"I cannot speak too highly of Milburn's
Heart and Nerve Pills, as they saved my life
and restored my health."

ELIZABETH ADAMS.

T. C. NICHOLLS, B.A., the popular drug-
gist and stationer of Uxbridge, who sold
Mrs. Adams the pills, is ready to vouch for
the truthfulness of the above statement.