

# NEWS OF SPECIAL INTEREST TO WOMEN

## SOX FOR SOLDIER BOYS NOW POPULAR SLOGAN

Large Donations Are Being Received Every Day at World Building.

## TEA, KNITTING AND MUSIC

Large Attendance of Patriotic and Enthusiastic Workers Yesterday.

"Sox for the boys at the front," has been taken up in earnest, and is now the slogan of every patriotic woman who knits. At The World Building, 40 West Richmond street, donations are being received in large numbers every day for the big "Sox Day" campaign, which closes in a little over two weeks—February 15. Yesterday the room was filled with a splendid attendance of enthusiastic knitters. Tea was served from four-thirty till six o'clock from the courtesy of the Red Cross Tea Company, and their expert demonstrators, and a musical program was also enjoyed. The generosity of Toronto firms was further illustrated in the offer of the R. S. Williams Company which has loaned a beautiful piano for the knitting room for the remainder of the campaign.

Program Yesterday. The program yesterday was contributed by Paul Branciero, violinist; Mrs. Herbert and Mrs. Foster, who have all kindly consented to take part in future entertainments for the knitters. A cheque for \$20 was received by the treasurer yesterday from Mrs. R. D. Beaton, the treasurer of the White Star Red Cross League, in a letter which stated that the grant had been made by a motion at a meeting of the league. The money will be used to purchase wool for sox. Today the knitting room will be open from 12 till 5 o'clock. Come in and help with the campaign in any way you are able. If you cannot knit come and learn—it is an excellent opportunity and your donation is needed to help make "Sox Day" a splendid success. Please wash all sox before sending in and address donations to "Sox Day" convener, World Office, 40 West Richmond street, Phone Main 5305.

## "THE RIDEAU" AND "THE YORK."

Ideal Day Trains Between Toronto and Ottawa.

The popular Canadian Pacific day trains, "The Rideau" and "The York," between Toronto and Ottawa give the public an opportunity to spend a half day in Toronto or Ottawa, going by the midday train, returning by the midnight train, only one night on the road.

The route is via the "Lake Ontario Shore Line," through Whitby, Oshawa, Bowmanville, Port Hope, Cobourg, Trenton, Belleville, etc.

"The Rideau" leaves Toronto (Union Station) 1:45 p.m., arriving Ottawa (Central Station) 10:00 p.m. "The York" leaves Ottawa (Central Station) 1:15 p.m., arriving Toronto (Union Station) 9:30 p.m.

Equipment is modern in every detail, consisting of library-observation-parlor cars, cafe cars and first-class coaches.

Connection from western Ontario points is made at Toronto with "The Rideau."

Particulars on application to Canadian Pacific agents, or write M. G. Murphy, district passenger agent, Toronto.

## SLAKES BIG HELP IN KILLING MICE

Farmers Say They Clear Fields and Barns of Troublesome Rodents.

An interesting discussion on the number of field mice that garter snakes eat has been going on between Dr. R. W. Shufeldt of Washington, D.C., and Father W. H. McClellan, D.C., and Father W. H. McClellan, D.C., and Father W. H. McClellan, D.C.

## DON'T FORGET



Toronto World Sox Day, Feb. 15.

## ANSWERS TO HEALTH QUESTIONS.

Mrs. D. M.—Q.—Please tell me what will cure cures on the eyelid.

A.—Apply a little of a saline made of six grains of ammoniated mercury to 2 drams white vaseline.

Mr. A. K.—Q.—What can be done to obtain a good complexion?

A.—It is beneficial to take three drops of Fowler's arsenic solution in water after meals for the blood.

3.—I am 16 years of age, and notice a few gray hairs in my head. How can I prevent them from coming?

A.—Obtain lots of sleep in a well ventilated room, take lots of outdoor exercise, and do lots of swimming and dancing.

4.—Do not worry, but go around with a jolly lot of young folks. Avoid much excitement, but read good books, see plays that are beneficial, and take good bodily care of yourself.

M. L.—Q.—I am a young man, 19 years of age, and am troubled with constipation. What would you advise me to do?

A.—Take a tablespoonful of milk of magnesia before meals and a wineglassful of olive oil about half an hour after meals.

5.—Take three drops of Fowler's arsenic solution in water after meals. Avoid all oily, hot, greasy, rich, starchy and highly seasoned foods, sweets, pastries, chocolates, gravies and highly seasoned foods. Do not use soap or hot water, but wash with glycerine, 1 ounce; sulphur, 1 dram; rosewater, 8 ounces.

Dr. Hirschberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally, if a stamped and addressed envelope is enclosed. Address ALL ENQUIRIES to Dr. L. K. Hirschberg, care this office.

Clellan, S. J., of Woodstock College. The value of these snakes to the farmer lies in the fact that they eat large numbers of the little rodents that devour the grain growing in the fields and that stored in the barns.

Both varieties of snakes are harmless. Father McClellan says 500 racers will eat 6000 mice in a season. Dr. Shufeldt thinks this too conservative, but points out that as mice litter twice in a season, averaging only three young to a litter, it would mean that 18,000 fewer mice had eaten grain.

Father McClellan does not believe that garter snakes eat mice, but Dr. Shufeldt says they certainly do, and he urges that the government take steps to protect these valuable friends of the farmer.

## More Heat—More Steam Connell COAL \$7.50 a Ton

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## CRITICIZES USE OF GUNS FOR SAVING INFANTRY

German Military Critic Does Not Like Present Allied Tactics in France.

BERLIN, Jan. 28.—(Via wireless to Sayville).—The question as to which is the main theatre of war is discussed by Major Morath, the military critic, and the Overseas News Agency, who remarks in his article that this is the question most frequently asked by the British critics who generally insist upon the importance of the western front. The British, says Major Morath, apparently are disagreeably impressed not only by the fact that on the Balkan and other fronts British forces are being wasted in small detachments, but also by the fact that there must be an increase in the British force on the western front if France insists upon sending more troops to Saloniki or other places.

## CAPT. R. DE SALABERRY TO ACCEPT COMMAND

Will Become Lieut.-Colonel of New French-Canadian Battalion Being Raised.

By a Staff Reporter. OTTAWA, Jan. 28.—A cable from Sir Max Aitken states that Captain Rene de Salaberry, whom Sir Sam Hughes had sent for to come back and take the command of a new French-Canadian battalion in the Ottawa district, is ill in Paris, but he has communicated the offer to him, and he has accepted it. He will return at the earliest moment possible to undertake the raising of the corps.

General Carson has sent word that "Flight Lieut. Ross, who was mentioned in a recent dispatch, was Lieut. A. Ross, whose next of kin is R. R. Ross of Aberdeen.

## PUT GAITERS ON SPRINGS.

If the springs of automobiles be covered with "gaiters," a pair strapped over each spring, dust and dirt will not cling between the leaves. Cars so provided have been run for a year under trying weather and road conditions, and have been found in excellent shape.

## ADVICE TO GIRLS

By ANNIE LAURIE.

DEAR ANNIE LAURIE: I am 21 years old, not at all possessed of good looks, but in love with a young man a few years my senior. He comes to see me about three times a week, and says he loves me, but yet he tells me he is out with other girls. I think that if he loves me as he says, he should not go with anyone else, tho we are not engaged. I have a friend in another city who wishes me to marry him. I do not love him as well as I do the one in the city, my girl friends say that he has not gone with anyone since left. What would you advise me to do? ANXIOUS ONE.

ANXIOUS ONE: If you are not engaged to marry him, what right have you to object to his going with other girls? If I were you, I would not ask him not to go out with anyone else, nor would I ask you to marry him. An engagement to marry is the only thing that gives to either of you the "problem" of which these two young men should marry, it seems to me not a young man of whom you write has not asked you to marry him. The question for you to decide is whether you would like it—whether you love the man who has asked you to marry him well enough to become his wife.

DEAR ANNIE LAURIE: My closest friend and myself met a young lady at the same time. After that we both met her daily in the way of business. I started first keeping company with her with matrimonial intentions, but was soon defeated by my friend with a different intention, which revealed itself.

Now, after three months she has asked me to call, and I did. She told me that she had neglected her entire appearance, but everything seemed so second-hand to her. Would you advise me to continue calling and suading and run the chances of regaining my former feelings to pointment for both, or would you stop and forget right now? I am very sore at my friend now, but have never let on to my friend's advise. A Daily Reader.

## Hints for Housewives

BY ANN MARIE LLOYD.

White satin shoes should always be kept in the paper to prevent them from becoming discolored.

After fowl of any kind is cleaned, the inside should be rubbed thoroly with a piece of lemon before the dressing is put in.

When ivory-handled knives look yellow, rub them with fine sandpaper or emery; it will take off the spots and restore the whiteness.

If clothes-peg are dipped in white enamel paint and dried in the sun, they can be kept perfectly clean, and will not split or mark the clothes.

Tin that has become rusty or stained may be cleaned by dipping the cut surface of a raw potato in a fine cleaning powder and rubbing well with this.

When roasting meat, and there is danger of its becoming too brown, place a dish of water in the oven. The steam will prevent scorching and the meat will cook better. A piece of greased paper placed over the meat is also good.

To perfume linen, use rose leaves dried in the shade, or at about four feet from the stove, one pound; cloves, caraway seeds and allspice, of each one ounce; mix all these together and put the compound into little bags.

For fixing on small pieces of wood clipped off furniture, use the white of an egg.

To render pie crust flaky, try adding half a spoonful of vinegar to the cold water when mixing.

When cutting fur, never use scissors; use a razor or a very sharp penknife to cut thru the skin at the back.

When making fruit pies, put in the sugar when the dish is half full, and not on top. If you add the sugar last the pastry will be heavy.

When the hands have become soft and shrunken by using soda and hot water, rub them with common salt and it will help to make them smooth again.

White satin shoes should always be kept in blue paper to prevent them from becoming discolored.

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## LITTLE THINGS COUNT

Even in a match you should consider the "little things"—the wood, the composition, the strikeability, the flame.

## EDDY'S MATCHES

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## WILL ASK IF GERMANS HOLD PUBLIC OFFICES

Mr. Boulay Wants to Know if Dr. Haanel Retains Government Job.

OTTAWA, Jan. 28.—Mr. Boulay (Rimouski), will ask the government if Dr. Haanel and his son are still in the employ of the government, in which they were retained after the outbreak of war, and how many other Germans and Austrians are in the government's employ.

Dr. Haanel has been living in Canada for 40 years, and he was formerly a professor at Victoria University at Cobourg. His wife was British-born, while his son was born in Canada.

## DON'T LOOK OLD!

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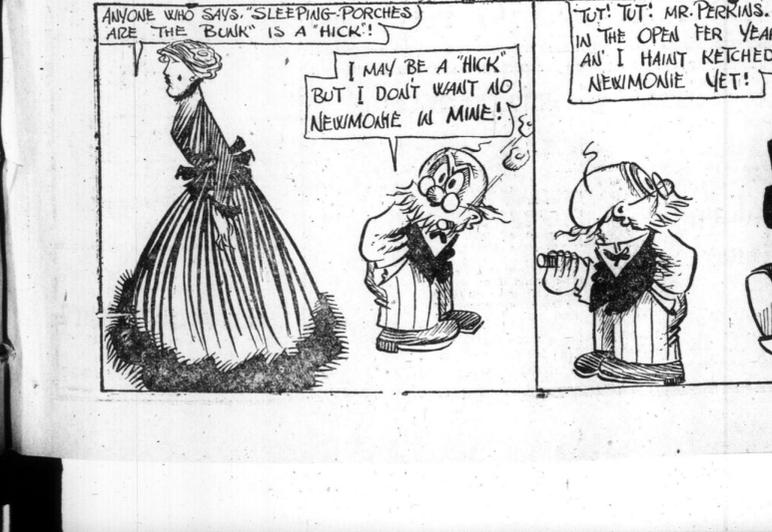
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