

wheat, and the work is carried on somewhat on a military style—"ploughing by brigades and reaping by divisions." The principal buildings of the farm may be seen from the train to the right, while the neat cottages of the workmen dot the plain as far as the eye can reach.

Regina,

the capital of the Province of Assiniboia, some forty miles from Indian Head, is the next most important town, having a population of nearly 3000, being the distributing centre for the country north to Prince Albert and south to St Paul's. The Legislative Assembly of the North-West Territories meets here. About two miles beyond the station the Lieutenant-Governor's residence may be seen to the right, and on the same side, a little further on, are the head-quarters of the North-West Mounted Police. The officers' quarters, the barracks, and the drill hall form quite a little village by themselves. The organisation consists of 1000 young picked men, thoroughly drilled, and under the strictest military discipline. They hold a similar position to our policemen at home, and are stationed at intervals over the North-West Territories. Long before the introduction of the railway their conciliatory and affable manner commanded alike the respect, the confidence, and the submission of the Indians, so that the appearance of the red-coated guardians of the prairies was not attended by the violence and the bloodshed which characterised the opening of new districts in other parts of America.

The country, which surrounds Regina for about twenty miles, is known as the Regina Plain, and is supposed to be the best soil in Canada for growing wheat in a favourable season. I have been told by an eye-witness that a farmer sometimes takes four crops in succession off a field after the first ploughing, the stubble being simply burned, and the seed harrowed into the ashes. Think of that, almost a reversal of the curse! A number of families from Scotland have settled down in this district. They have had advanced to them, as an experiment, from £100 to £120 each. The money was chiefly laid out upon their homesteads, and the progress that is being made by them is watched with considerable interest.

From Regina a railway branch extends south