

mended as a very important Christian duty, and is one of the most profitable and effectual means to avoid sin, and to acquire virtue; wherefore all persons who have at heart their salvation, and are truly desirous to please God, will constantly and diligently attend to the examination of conscience every night.

Prayer said in common, that is, by many together, is certainly more acceptable to God, and more beneficial, than prayer which is offered in private by one individual alone; and on this principal is chiefly grounded the pious and edifying practice in many families, of joining together in prayer every night; and it is most earnestly to be wished, that every Catholic family did adopt it.

The many signal blessings which God has bestowed on those families in which prayers are regularly said in common, should engage every head of a family to introduce and establish so laudable a custom: particularly at night, when all in the family may be assembled with greater convenience. *Where there are two or three gathered together in my name, says Christ, there am I in the midst of them. Matt. xviii. 20*

#### A PRAYER TO OUR ANGEL GUARDIAN.

O HOLY Angel! to whose care God, in his mercy, hath committed me; thou who assistest me in my wants, who consolest me in my afflictions, who supportest me when dejected, and who constantly obtainest for me new favours; I return thee now most sincere and humble thanks: and I conjure thee, O amiable Guide! to continue still thy care; to defend me against my enemies to remove from me the occasions of sin, to obtain for me a docility to thy holy inspirations; to protect me, in particular, at the hour of my death; and then conduct me to the mansions of eternal repose. Amen.



day by  
clude it  
day, and  
he dan-  
le your-  
ecessary  
always  
manner,  
ng.  
d, place  
d; and  
he cross  
urn him  
his gra-  
d invite  
s of God,  
me.  
he day;  
ied with  
to exa-  
actions,  
ntions of  
and evil  
sins and  
rite heart  
ransgres-  
ce, not to  
every oc-  
earnestly  
particular  
ecessary to  
angers  
of faith,  
s in the  
re accus-  
y recom-