nicious.

8. Is Alcohol a poison?

Generally speaking and in the ordinary conditions of life, we should say that Alcohol is a poison and that it kills those who make an undue use of it.

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PREJUDICES REGARDING ALCOHOL.

9. Which are the most popular pre-

judices regarding Alcohol?

They are the following: Alcohol stimulates the appetite; it helps digestion, strengthens, nourishes and warms the body.

10. Does Alcohol stimulate the ap-

petite?

No. Because taken while fasting, if not weakened with much water, Alcohol burns in the stomach and, instead of exciting it and helping the work of digestion, it puts it out of order and renders it unable to fulfil its functions.

11. What are the means of stimu-