

**C. S. Parke, M. D.,** Quebec, P. Q.

"I quite agree with those who have found tobacco hurtful to the young, and even to the adult if abused. As far as my experience goes, I have invariably found a stunted growth with more or less dullness of perception in the young boys who smoke, if carried on for any length of time."

**T. Buller, M. D.,** Eye Specialist, Montreal, P. Q.

"I believe it has been shown that tobacco used freely before adult life stunts the growth. Anything that depresses the vital powers naturally would have that effect. Blindness from the excessive use of tobacco is by no means rare."

**R. MacNeill, M. D.,** Charlottetown, P. E. I.

The use of Cigarettes by young boys and young people generally is highly injurious to their physical and mental development.

**A. R. Griffith, M. D.,** Montreal, P. Q.

I believe legislation should be enacted prohibiting the sale of Cigarettes. It has been my misfortune to treat, professionally, a number of growing boys who were afflicted with the Cigarette habit. Words are inadequate to describe the misery and the absolute degradation of those youths. Pinched and pallid faces, Cigarette-stained fingers, an utter disregard for personal appearance, mind enfeebled and unbalanced—the once promising boy now a physical and moral wreck.

Body  
Wrecker.

**Chas. L. Hamilton,** Examining Physician, the Leslie E. Keeley Co.

A fact of great interest is that the continual dryness of the mucous membranes of the mouth and pharynx, due to the paralyzing influence of the Cigarette on the nerve terminals, and which the drinking of water will not relieve, is readily quenched by alcoholic drinks. This discovery, once made by the Cigarette habitue, leads to frequent indulgences in liquor and aided by the effort to combat mal-nutrition and its attendant weakness, almost invariably causes him to finally become an alcoholic inebriate."

Leads to  
Liquor and  
Opium  
Habit.

**B. Broughton, M. D.,** Physician in Charge, Dept. of Opium and other Drug Patients, the Leslie E. Keeley Co.

More young men are led to the opium habit by Cigarette smoking than by patent and proprietary medicines. Sixty per cent. of all males under forty years of age, treated at Dwight for opium, morphine, or cocaine using in 1896, had been smokers of Cigarettes, and sixty per cent. of these had no other excuse than that they needed some stimulant more than the Cigarettes furnished them.

**Dr. Constar** was appointed by the French Government to investigate the effect of tobacco upon boys. In his report he said:

French  
Governm't  
Alarmed.

The depressing action of tobacco on the intellectual development is beyond all question. It clogs the intellectual faculties, and especially the memory. It is greater in proportion to the youth of the individual and the amount of smoking he does.

**R. Owens, M. D.,** L. R. C. P. & S. Edin., London, Ont.

The use of tobacco in any form is injurious. The toxine it contains will, in many cases, cause a total or partial loss of vision through its action on the optic nerve.

The Cigarette is the most baneful form in which tobacco is used, and to prohibit its sale and manufacture would be a benefit to mankind.

**G. A. Slack, M. D.,** Farnham, P. Q.

My experience as to the effects of the use of tobacco, especially Cigarettes, upon the young, is, after nearly thirty years experience as a medical man, that tobacco used in any form whatever by the young acts as a slow but very deadly poison, not only physically but morally.

30 Years'  
Experience

**Charles T. Moore, M. D.,** London, Ont.

I am strongly of the opinion that Cigarette smoking is one of the worst habits which the youth of the day can become the victim of. It destroys their mental and physical powers, lessening their will power, and in this way rendering them more likely to become victims of other habits.