

	<u>Hours</u>	
Sat. 8 June	0900	Depart by bus for Niagara
		Day at Niagara Falls
	1800	Depart Malton Airport for Gimli, Manitoba
	2215 CST	Arrive Gimli
Sun. 9 June		Programme at Gimli - NATO trainees
	1530	Depart Gimli
	1715	Arrive Churchill
Mon. 10 June		Programme at Churchill (Base, fort, townsite and chapel, rocket launching site)
Tues. 11 June	1030	Depart Churchill
	1730 EDT	Arrive Knob Lake, Quebec.
Wed. 12 June		Iron Ore Company of Canada programme (Possibility of visit to Seven Island)
Thurs. 13 June	0930	Depart Knob Lake
	1135	Arrive Quebec. Leave for Au Relais-Government Hostel Laurentide Provincial Park
Fri. 14 June	0930	Depart Au Relais
	1100	Arrive Quebec City, Chateau Frontenac
	1400	Tour of City
	1630	Visit to Laval University
		Evening free
Sat. 15 June	0930-1145	Visit to Anglo Canadian Co. Pulp and Paper mill
	1200	Visit to Citadel -- lunch at Officers Mess
		Balance of day free
Sun. 16 June	1100	Leave Quebec Airport for Montreal
-	1240	Arrive Windsor Hotel
	1415	Tour of Montreal
	1800	Visits to immigrants (optional)
Mon. 17 June	1000	Leave hotel for tour of St. Lawrence Seaway developments
	1630	Visit CBC I.S.
	2000	Dinner Au Lutin Qui Bouffe Restaurant
Tues. 18 June	1030	Visit to Canadair
	1230	Lunch at Canadair
	1400	Visit to National Film Board
		Evening free