



SYDENHAM HOUSE, OTTAWA (Photo View).

Dr. Edward Playter's Sanatorium for the treatment of the above named diseases and any intractable cases which cannot be successfully treated at home.

Situation : Delightful, elevated, sandy soil, extensive river and country outlook ; all advantages of both city and country.

Hydrotheraphy (warm, medicated rain and other baths) a specialty : with massage, electricity, and any special medication ; as may be indicated.

Cases of Marked tubercular phthisis taken to Gatineau Mountains, a few miles away ; elevated 1,000 feet ; delightful sunny outlook southeastward ; protected north and west by wooded elevations.

Midway between the Atlantic and Great Lakes, the atmosphere here is dry, sunny, aseptic and most invigorating,—sparkling with “highly vitalized oxygen” ; practically germless, in winter especially from the constant sheet of snow over the ground ; and free from the moister air of the alternate thaws of Western Ontario and the more cloudy Muskoka : Studiously selected, on *meteorological data*, as of the best on the continent for curable cases of consumption ; consumption being comparatively rare.

The Principles of Treatment of Phthisis, chiefly, the trinity of remedies : Super-respiration of cold air, night and day ; attention to the skin for relieving the lungs ; and nourishment adapted to the individual assimilative powers.

ADDRESS :

EDWARD PLAYTER, M.D.,
OTTAWA, ONT.

OF DR. PLAYTER'S RECENT BOOK ON CONSUMPTION

The British Medical Journal records :—“The parts . . . dealing with prevention and treatment are full of thoughtful suggestions.” The New York Med. Jour. :—“This is a remarkably interesting book, in which the whole subject is treated in a clear and able manner. . . . Sufficiently complete and scientific to satisfy the needs of the physician.” The Dominion Med. Monthly :—“Chapters 8, 9 and 10 are alone well worth the price of the book.” In one volume, 343 pages, strongly bound in cloth, price, \$1.50. Toronto : William Briggs. New York : E. B. Treat

**For Incipient
Phthisis**

(Pretubercular without expectoration.)

Heart Disease

(Schott Method.)

**Rheumatisms
Neuroses, etc.**

**Tubercular
Phthisis**

(With expectoration.)

TREATED AT

**GATINEAU
MOUNTAINS,**

Near Ottawa.

(SEE BELOW.)