

except that of the climate, and had to take any accommodation they could get. I might mention three cases remarkably benefited by the climate of my district.

(1) Case one was that of a naval officer who came to Kamloops with an initial hemorrhage. He recovered, and, contrary to the advice of his physician, returned to his ship. A second hemorrhage followed. He again returned to Kamloops, and again recovered, and was well as long as he remained there. He again insisted on going back to the coast, when, sometime later, he had a recurrence, and died before he could get up country.

(2) Case two was that of a young lady with marked disease of both lungs. She remained in Kamloops three years, and was, while she remained there, comparatively well. On returning to Vancouver during the rainy season she died within a month.

(3) Case three was that of a young man who was sent to Kamloops some years ago from Victoria with well-established pulmonary tuberculosis. He has completely recovered, and is wise enough to stay there. Without doubt these cases would have proved rapidly fatal had they remained where they were. Too often cases are only sent away when too far gone for anything to be of any use, and this has done more to discredit climate than anything else.

*Hygienic.*—The trouble too often has been that everything has been left to climate. Patients have been sent up to districts with a reputation for climate without the least regard as to whether they can be well fed and comfortably housed when they get there, two matters which I believe to be of vital importance. This has been notoriously true of my own district, where there is at present, I regret to say, little or no accommodation, and where the unfortunate arrivals spend days of anxiety hunting for someone to take them in. These people should further be placed under the eye of a reliable medical man, upon whose advice they can rely in all matters of exercise and everything that comes under the term hygiene. The ideal place for these people is, of course, the sanatorium, but unfortunately sanatoria are too few and too far away to be available for most patients. While we hope that this want may soon be filled, we have at present to deal with things as they are, and not as we could wish them. Even for the class of whom I spoke a few minutes ago, who are unable to go anywhere, who must ever remain at work, much can be done by living in the fresh air, at suitable seasons sleeping in tents, changing the occupation, although for them one must admit the prognosis is not hopeful.

*Medical.*—Under the head of Medical Treatment I would mention first the inoculation and serum treatments, not because I myself have had any startling results, or because I believe they