

ages, it is plain that anything approaching excess must be forbidden. In patients accustomed to taking alcohol with their meals it is generally best not to withdraw it entirely. A little whisky, well diluted, is probably the best form, but in some cases light sound wine or even bitter beer answers well. On no account must alcohol be taken except at meals.

4. *Medicinal*.—In slight cases no medicine may be required, but if anæmia is present an occasional chalybeate course is advisable. One of the following may be given:

℞ Liq. ferri acetatis, min. xv.  
Glycerin, ʒj.  
Liq. ammon. acet., ʒss.  
Infus. calumbæ, ad ʒj.

Bis in die sumend.

℞ Ferri sulph., gr. 1½.  
Magn. sulph., ʒj.  
Acid sulph. dil., min. x.  
Aq. menth. pip., ad ʒj.

Ter in die.

℞ Ferri redacti, gr. ij.

Pone in capsulam. Bis in die capienda.

The bowels must be kept moderately open. The kind and amount of aperient must be determined on general considerations. In all cases where the arterial tension is high I give a mild mercurial purge at intervals of a week or ten days. My favorite formula is the following:

℞ Pil. hydrarg., gr. iij.  
Ext. euonymi sic., gr. ½  
Podoph. resinæ, gr. ⅙.  
Pil. rhei co., gr. ij.

M. Ft. pil.

#### TREATMENT OF COMPLICATIONS AND SPECIAL SYMPTOMS.

It would not be possible within the limits of a single lecture to deal in detail with the treatment of all the symptoms and complications which may arise in the course of chronic Bright's disease. They must for the most part be treated on general principles, but with due regard to the impaired powers of elimination.

*Anasarca*.—A frequent symptom in all forms, except the pure cirrhotic kidney, is the presence of anasarca. If it is slight it calls for no special treatment; if it tends to increase it is desirable to withdraw chloride of sodium from the diet as much as possible. No salt is to be added to the food at table, and the bread and other articles of food are to be prepared without it. The following mixture may be prescribed:

℞ Theocin. sodium acetat., gr. v.  
Caffein, gr. ij.  
Ammon. beez., gr. v.  
Aq. chlorof., ad ʒj.

M. Quartis vel sextis horis sumend.