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KELLOGG'S COOKED BRAN.
CREAM OF WHEAT.
MALT BREAKFAST FOOD.
NIAJARA SHREDDED WHEAT BISCUITS.
KELLOGG & JERSEY CORN FLAKES.
FORCE, Etc., Etc.
BEST STOCK OATMEAL.
"SWANSDOWN" CAKE FLOUR.
GROUND RICE & RICE FLOUR—1/4-lb. 1/2-lb.
and 1-lb. Pkts.
FINEST ST. VINCENT ARROWROOT—1/4
and 1/2-lb. Pkts.
CORN FLOUR—1-lb. Pkts. 15c.

C. P. EAGAN,

2 Stores:
Duckworth Street & Queen's Road

SIDE TALKS.

By Ruth Cameron.

THE WHITE MAN'S BURDEN.



One of the hardest working men I ever knew died last week. He was one of those men who not only works at their business but put in their spare time at some other kind of work. In his case it was the painting and keeping in repair of three houses of which, by unceasing vigilance, and by eternal scrubbing, he had managed to possess himself in spite of having a very small income.

He was a man of about 60. He had five children. He had planned to retire and take it easy in a few years.

When we heard the news of his death, the first comment was the conventional one, "Too bad!" Then we drew a breath and said, "Well, I guess they will be able to get along all right now. Three of the children are old enough to help, and his wife has al-

ways earned more or less, and with those three houses—"

That was the main theme of the comment and discussion that followed.

What About Him?

Until someone said suddenly: "Yes, she will get along all right, but how about him? Just think how hard he has worked all his life and here he was just within sight of retirement and the chance to take it easy and he had to die. Aren't you sorry for him?"

Of course we were. And we were ashamed to think we hadn't said more about it. But our first instinctive thought had been for the women and children. Had he accomplished the man's job? Had he let them properly provided for? If he hadn't, his death was a tragedy; if he had, then it was just too bad.

Isn't that the way the death of the head of the family is often regarded by outsiders?

We Forget His Feelings.

We lose sight of him as an individual

behind his function of a provider and head of the family.

There is something pathetic about the man's position in all this. Something pathetic and something noble and splendid.

We could not have such a point of view unless their patient, unselfish acceptance of their economic burden had made it possible.

Of course when a man brings children into the world he assumes responsibility for them. But the way is often hard and long, and well might a man's courage give out. For his family and children to take it all for granted, to forget that he is a human being, with a human being's longing for pleasure. True, he has got to rear his children and take care of his wife, but if he does it bravely, and as well as in him lies, he deserves praise and encouragement and appreciation, not merely the taking it for granted spirit.

Don't Forget!

Men are often selfish in little things, want their own way in all sorts of small matters, find fault if their toast isn't just so or their coffee to their liking. But don't forget, you wives and children, when they are showing these small selfishnesses, that they are often at the same time showing large unselfishness. Going without a car that you may go to college, wearing a shabby overcoat that daughter may have her music lessons, keeping quiet under slams from the boss that make their blood boil, because they don't dare answer back as they would if they were single.

And don't forget, you husbands, that too many of these small selfishnesses and trifling and disagreeablenesses can take out all the joy you are trying so hard, in the bigger ways, to put into life.

Newfoundlanders at Bermuda

WOULD LIKE TO GET A CHANCE TO DEFEAT SQUIRES AND COAKER.

Late letters from Bermuda from Newfoundlanders who, through no fault of their own, were forced to leave their homes and families to seek employment, give expressions of regret from ninety-nine per cent. of the men who are very sorry indeed they will not have the opportunity to vote against the Coaker-Squires Government at the election on May 3rd. They are to a man very pronounced against Bonia, with whom many of them were personally acquainted. They, because of the rotten mismanagement of the Squires-Campbell-Coaker outfit, consider themselves as practically transported, and earnestly hope that the Bennett Party will be elected and a return to former conditions of prosperity made possible.

Free A 10-Day Tube

See Coupon

Avoid Harmful Grit
Pepsodent cures the film and removes it without harmful scouring. Its polishers are gentle and safe. Never use a film comb which contains harsh grit.

The name of that tooth paste is Pepsodent, and for seven years dentists everywhere have been urging its adoption.

Fights acid, too

Pepsodent also gives manifold power to Nature's acid-fighting agents. It multiplies the alkalinity of the saliva. That is there to neutralize mouth acids, the cause of tooth decay. It multiplies the starch digestant in the saliva. That is there to digest starch deposits which may otherwise ferment and form acids.

Old-time tooth pastes reduced these agents every time one used them.

Millions use it

Careful people of some 50 nations now use Pepsodent, largely by dental advice. It is bringing a new dental era.

Learn how much you need it. Ask for this ten-day test. Note how clean the teeth feel after using. Mark the absence of the vicious film. See how teeth whiten as the film-coats disappear.

Those are benefits you cannot afford to miss. Cut out the coupon now.

Ways to fight it

Nearly everybody suffered from that film. So dental science sought ways to combat it. After long research, two ways were discovered. One acts to curdle film, one to remove it, and without any harmful scouring.

Able authorities proved those ways effective. Then a new-type tooth paste was created, based on modern research. Those two great film combatants were embodied in it.

Pepsodent MARK
TRADE

The New-Day Dentifrice

A scientific tooth paste based on modern research, free from harmful grit. Now advised by leading dentists the world over.

10-Day Tube Free

THE PEPSODENT COMPANY,
Dept. B, 1104 E. Wabash Ave., Chicago, Ill.
Mail 10-Day Tube of Pepsodent to

Only one tube to a family.

THE STAR MOVIE--NEWFOUNDLAND'S LEADING PICTURE HOUSE.

Universal Films Present:

MISS DuPONT In

"GOLDEN GALLOWS"

A Society Drama in Six Parts

That well known comedian Harold Lloyd, in

TWO ACTS of LAUGHTER

Miss Olivotti

Sings: April Showers. Dance: Bambalina

Look Out for "The Devil"—He's on the Way—
It's a Masterpiece

EARLY CABLES.

CONFERENCE RE-OPENS.

LAUSANNE, April 22.
The Near Eastern Conference re-opens on Monday.

FRENCH FLAG OVER ESSEN.

ESSEN, April 22.
The French flag flies over Essen to-day for the first time.

THE GAY GORDON ABANDONED.

HALIFAX, April 22.
The three-masted schooner Gay Gordon, of St. John's, was abandoned in a sinking condition on Saturday in latitude 41.45, longitude 41.41, according to word received here. The crew were rescued.

TUG ASHORE.

HALIFAX, April 22.
Unsuccessful attempts were made on Sunday to refloat the French Trawler Joseph Vandewalle, ashore on Saturday night at eight o'clock on Thrum Cape shoals at the entrance of the harbor. The trawler is not thought to be taking water. Another attempt to refloat her will be made on Monday.

N. S. SECESSION VOTED DOWN.

HALIFAX, April 22.
The resolution of H. W. Coaker, Conservative, Yarmouth, asking for a referendum in Nova Scotia on the question of secession of the Province from the Canadian Confederation was defeated in the House of Assembly on Saturday night, when only two members stood for it, while a decisive majority, comprising all the Liberals present, 14 to 4, was given to an amendment moved by Premier E. H. Armstrong that the House stand by Confederation and exert its right in obtaining cheaper inter-provincial transportation, in developing the foreign trade of Canada through Canadian-Atlantic ports and renewal of efforts to secure a reciprocal trade agreement with the United States, and freer access to the markets of the world for the products of the Dominion.

MAY DAY AT SYDNEY.

SYDNEY, April 22.
All coal miners and steel workers in Cape Breton will be idle on May 1, while ten thousand allied workers of the Island celebrate May Day.

BRITISH ROYALTY IN ITALY.

LONDON, April 22.
The visit of King George and Queen Mary to Italy next month will be the most elaborate affair of its character since the war. The Italians are planning to outdo any previous efforts at entertaining royalty. This is said to be largely due to the Fascists, who wish to contrast the splendour of this visit with the rather cold reception given by the Italian Government to the Belgian King and Queen last year.

FIRE IN NEW JERSEY.

LAKEWOOD, N.J., April 22.
Two villages are threatened, a thousand acres of woodland have been destroyed, church houses and farm buildings have been wiped out by a fierce fire which swept through Ocean County to-night.

FLOODS IN PORTAGE LA PRAIRIE.

WINNIPEG, April 22.
Latest reports from Portage La Prairie, where floods demoralized business and caused suspension of the train services on Saturday, are to the effect that the situation has much improved. The water in the west end of the city has gone down. It is believed that serious danger has been averted.

BONAR LAW'S HEALTH IMPROVED.

LONDON, April 22.
It was announced by Lord Curzon at a banquet last night that Bonar Law was in better health than previously, and that he was stronger than at any time since the election and has no intention of resigning.

IMMORTAL ZEEBRUGGE.

ZEEBRUGGE, April 22.
The immortal raid of the British naval forces against the Moles here in the last days of the war, is to be immortalized in a noble statue, the corner stone of which was laid yesterday by the Governor of West Flanders, before a distinguished Anglo-Belgian assembly.

HEAT IN BOSTON.

BOSTON, April 22.
One man died and three others collapsed here yesterday because of the extreme heat for the time of the year. The thermometer touched 87, beating

the record established on April 19th, 1914.

WILL OPPOSE DRURY.

MILTON, April 19.
Conservatives here on Saturday not only put candidate George Hillmer of Oakville into the field against Premier E. C. Drury of Ontario, but they launched their campaign under a benediction of their leader, G. Howard Ferguson, whose speech to two hundred delegates was mainly condemnation of the United Farmers and Labor Administration.

ONE ANGLO-FRENCH LOAN ARRANGED.

PARIS, April 22.
A loan of sixty million dollars by the Bank of England to the Bank of France in 1918 which fell due this year will be paid in instalments covering a period of seven years from date, it is announced, after several weeks' conference, which was conducted along the most cordial and friendly lines, according to reports.

THE SHAKESPEARE ANNIVERSARY.

LONDON, April 22.
The entire country is now engaged in celebrating the anniversary of the birth of Shakespeare, with the festivities centred at London where his first plays were produced and at Stratford-on-Avon, where the Poet was born, on or about April 23rd. Banquets and memorial services are

being held in many places, but it is a matter for lament that no Shakespearean play is running at present in London.

A FEMALE JUDGE JEFFREY.

MOSCOW, April 22.
A bobbed-haired young woman in her early twenties, and as presiding Judge in the Moscow Court on Saturday and calmly sentenced seven men to death for robbery with violence, to which they admitted guilt. She was Anna Gluzman, who recently attracted much attention at Kharkov, where her decision in Ukrainian Courts, recommended her to the Judiciary of Moscow to which city she was invited to administer justice.

COLDS
In Head, Throat or Chest
Yield quickly to the influence of Minard's
The Old Reliable Remedy



Spinach is nice when boiled, and then baked in a greased dish with chopped boiled ham, chopped hard boiled egg, fine crumbs and seasoning.

Another Bluff Called.

On Friday the Mail said "We may now expect the Tory papers to deny Premier Squires credit for having secured for the Bell Island Miners an increase of ten per cent. on their wages." Evidently the Mail is beginning to realize that the Premier is no longer being allowed to ride his hobby horse "Bluff" without being challenged. Had Premier Squires announced that an increase was to be given the miners before they had received it there would be reason to believe he had secured the rise. But no! The Premier stalks in the day after the fair and claims the credit. It is common knowledge that recently a demand was made upon the British Empire Steel Corporation by its employees for a thirty-per cent increase in wages and an eight hour day. An increase in wages was granted and surely it was only natural that the Company's employees at Bell Island should participate. It happened before when Premier Squires was not around to take the credit. The U.S. Steel Corporation granted a wage increase of 11 per cent. to 150,000 of its employees a few days ago.

If you want good tasted Ice Cream, go to COLLETTS, 106 Duckworth St., East Cochrane Street.—april 13, 61, eod

Political PUBLIC MEETINGS

At all the public meetings held lately in St. John's, the old voters and the young, and in fact all the voters were loud in their praise of the excellent quality of our goods, and are determined in future to buy their Tobacco, Cigars and Cigarettes from our store.

VOTE EARLY AND
BUY OFTEN.

Cash's

TOBACCO STORE



Immortality in Marble
IS A SURE AND SOLID WAY PRESERVING THE MEMORIES OF DEPARTED FRIENDS.

We have on hand a large lot of Headstones and Monuments at prices. There is no better respect the departed than to have a last earthly resting place with a suitable grave memorial. Let us show you our 55 years personal experience at your service. Write to-day for a free catalogue of beautiful designs of our own work. You will find it interesting. Our mail order makes ordering by mail easy and class only. Expert lettering a feature.

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THE ODYSSEY of William Matthews

WILLIAM MATTHEWS was a merchant. His Confederation Life Policy contained the Total and Permanent Disability Benefit. He contracted a cold, which developed into tuberculosis. He became totally disabled, and has been an invalid for years.

He cannot follow any occupation. But he is receiving a monthly cheque from the Confederation Life Association.

He doesn't have to pay another penny of premiums as long as he is disabled. His policy is kept in full force. When he dies, the policy will be paid in full to his dependents. No deductions will be made for premiums advanced for payments made him on account of the Disability Benefit.

Naturally, you don't expect to become totally disabled. But you may, and if you should, then the possession of a Confederation Life Policy containing this very liberal Total and Permanent Disability Benefit will be a source of lasting comfort to you and your family.

You are invited to write for full particulars, or to ask for a representative to call.

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