

How Many Dishes Can You Make With Ham

Duff's Horse Shoe Brand Sugar Cured Ham is the basis for many savory dishes. Baked, boiled, broiled or fried—served hot or cold—it is delicious.

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Your butcher and grocer have it or can get it from us—to-day.

WORTH WHILE SUGGESTIONS

Breakfast Bacon
Special Backs
Pure Lard



WORTH WHILE SUGGESTIONS

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Pork Sausage
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C. RICHARDS

32 Market St. Hamilton

Church Membership

To the Members of Grace Church.
Dear Brethren:

Our Bishop will visit us for Confirmation soon. A great part of your work in Lent is to increase our numbers. The church is like every organization on earth. There must be growth. New members! and every member, new and old, a communicant on Easter Day. Our Forward Movement is showing results. There is marked improvement in Sunday School, Choir and Church attendance. "Forward be our watchword." At this time no longer attach gloomy ideas to Lent. There is gloom and and there is sadness in our lives. Some of both in the Bible. But in the Bible as well as in the lives of thousands of rejoicing christians joy and gladness counter balance ten to one in glorious volume. Regarding Lent, an athlete preparing for a race frets not because his food must be curtailed. So ye christian athletes with this Lenten fast and prayer let us make with real satisfaction a concerted attack upon the forces of evil, and with thrilling joy in penitential faith scale the heights of Heaven. With trumpet tones in golden notes in sanguine hope, your Rector sounds sounds forth the old hymn.

"Christian, dost thou see them on the holy ground,
How the hosts of evil prowl and prowl around?
Christian, up and smite them counting gain but loss;
Smite them by the merit of the Holy Cross."

Here we have a definite plan. Let there be a gathering of new members and a regathering of old members at the foot of the Cross on Good Friday and around the Holy Table on Easter Day. I would be glad to know of any of our nominal church members, or of any who belong to no church, who desire confirmation.

Yours faithfully,
H. J. Leake

An Indigestion Curer.

A beaver in a trap was experimentally placed at work on a tree twelve feet long and two feet six inches thick just as the town clock sounded the hour of noon. The beaver began by marking the tree a foot above the ground. That done, he attacked the wood. He worked hard, alternating his labor with dips in his bathing pond. He bathed and labored alternately, then he ate his supper of bread and carrots, which the keeper had brought him, and paddled about in his pond until half-past five o'clock. Ten minutes later, when only one inch of the tree's diameter remained intact, he bore upon his work and the tree fell. Before it fell the beaver ran as men run when they have fired a blast. Then as the tree lay on the ground he portioned it out mentally and began to gnaw. He worked at intervals all night, cut the log into three parts, rolled two of the portions into the water, and reserved the other third for his permanent shelter. The work done, he took a bath.

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