eveland's

N. Cleveland, certifies ckness and cure. Mr. ollows:-I, the under. bear testimony to the)yspepsia. Last sum. entirely that I was un. ay food except an occa. e, I was reduced to a eak as to be unable to Having seen in a Tordvertised, I procured, of your medicine. Up. an to mend, and in a my health, gaining in I am well and hearty, I owe (as I think) to

JOHN D. ROSE.

ekeepers.

eparing celery for the talks, not sufficiently Clean them thoroughs half an inch long. r until quite tender. ter, a little flour, and ice to cover the celery, eat up to boiling and surprised if, after one is of celery should be

One peck of green topions, one-half pint of et stand twenty-four th tomatoes one-half tablespoonful allspice. ound mustard, ground and one-fourth pound ith vinegar, boil two

D.C. and pronounce it

at carrots are so little le vegetable. Cooked y are always welcome re first scraped, then pout a quarter of an n cut across to form are then stewed in is then made by addlk, sufficient to cover ry slight addition of quancy acceptable to have never tried carshould do so, they

Es. - One-half pound sugar, one and oneiten eggs, one heaping flavour with almond gh. Roll it a quarter ush with the beaten le with fine sugar. earts and diamonds, the lid of the dredg-

rt of plums, blue or sup of tapioca, each buttered toast, cut e in pudding-dish in ith whipped cream

Cholera Infantum, entery, and Summer ract of Wild Strawsure cure that has ver 40 years.

ld Strawberry cures Colic, Cholera Morall looseness of the it. Price 25c.

ellow Oil for two or no equal for croup. le, Ont.

October 4, 1894.]

The Tame Bird.

Florry had been ill such a long time. but now she was getting better, though still very weak. She was obliged to rest agreat deal on the sofa or armchair, and keep very quiet. But she was so happy to think that every day she was gaining a little strength, and would "That Just Hits It!" soon be able to play with the little sister who asked so wistfully, "when will you be strong enough to run, Florry?

While Florry was ill, Uncle James had brought her a dear little capary as a present, who soon grew so tame that he would hop out of his cage on to his little mistress' hand, and peck at the lump of sugar she held out to him. He would never have done this if Florry and her sister had not been very kind to him. But they were always gentle and good to dumb animals.

A Boy to be Trusted

"Take these letters to the postoffice."

"Get a postal order to this address." indicating one of the letters, " and inclose it in it."

"Carry these papers over to Mr. Hill's office.

"Yes, sir."

"Stop at Mr. Grant's in the Jefferson block and ask him to step around

"Anything else?" as the lawyer paused in his directions.

"Be lively about it." No need to tell Jim to be lively. He had within a week been raised from his position as newsboy to the dignity of office boy to Mr. Lane, the lawyer. A proud and happy boy was Jim, as he dressed himself in the new clothes which Mr. Lane had given him as an advance on his wages.

"Clean all over!" he said, surveying himself with an air of great satis-

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and Debilitated.

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is, without exception, the Best Remedy for relieving Mental on. "Here!-" and Nervous Exhaustion; and where the system has become debilitated by disease, it acts as a general tonic and vitalizer, affording sustenance to both brain and body.

Dr. E. Cornell Esten, Philadelphia, Pa., says: "I have met with the greatest and most satisfactory results in dyspepsia and general derangement of the cerebral and nervous systems, causing debility and exhaustion."

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Dyspepsia

And Indigestion, try a bottle, and before you have taken half a dozen doses, you will involuntarily think, and no doubt exclaim,

"That soothing effect is a magic touch!" Hood's Sarsaparilla gently tones and strengthens the stomach and digestive organs, invigorates the liver, creates a natural, healthy desire for food, gives refreshing sleep, and in short, raises the health tone of the entire system. Remember

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faction. "Clean from top to toe. And I'm going to keep clean, too, now that I've got a chance. No more rush in' 'round the streets and settin' 'round on curbstones. No more sleepin' in alleyways. No more goin' barefoot and wearin' rags. Clean all over! And," Jim's face grew sober as he stood reflecting, "I'm going to keep clean inside as well as outside. He's given me a chance, and I'm going to show him I'm worth it. Yes, I am."

With a jump and a whoop, Jim sprang into his new life full of new resolutions. Mr. Lane had met him limping forlornly on the street, and overburdened with an armful of newspapers, while still weak as the result of a long illness, he having just been discharged from the hospital. The young lawyer was struck with pity at the sight of the appealing eyes and the sound of the quivering voice, which seemed full of a wordless craving for help, which no hand seemed ready to give.

"Seems to me you are not fit for such work," he said, kindly, as he bought a paper.

"I'll be stronger soon, I guess, said Jim, as he gave the change.

"He doesn't look as if he had much chance of that," said the lawyer, looking after him as he staggered wearily

Jim turned at the sound of the voice which had spoken so kindly to him.

"Can't you find something easier to do than this? No, of course he feel better?" he asked.

a flush of hopefulness.

see me, and we'll fix it."

Better to be fooled a few times than all manner of sweet wild flowers grow,

A Wonderful Story.

Well, what shall I write For my darlings to-night, As I sit here alone— All alone? Shall I tell them a story, A wonderful story, How meat is made

Out of stone?

Once a little white banty, A prettier can't be, Went scratching around For some grain. She picked up some corn, And sure as you're born, She picked up a stone, That is plain.

She strutted away, And the very next day Performed a most Wonderful feat; For the wisest of men May scratch hard with their pen, But never turn stones Into meat.

Now this cute little banty Went into a shanty, And hid herself Slyly away. And each day, at her leisure, She added one treasure To these little pearls In the hay.

Then by day and by night, Through the darkness and light, She quietly sat On the nest, Protecting from harm, And keeping it warm With her wings, and her soft, Downy breast.

And what happened one day To that nest in the hay, And the little white pearls It inclosed, Is more strange, by far, Than steam horse or car, Or anything man Has proposed.

O, the sweet little things, Peeping out from her wings, So cunning, so dainty, And small; With eyes quick and bright, Looking out on the light, From the top of a soft Little ball.

O, miraculous change! Most wonderful strange! This something no Mortal can give. This spirit that quickens The dear little chickens, Breathes into them life, And they live.

The Little Goat-Herd.

Lucia was a little girl with a very can't, poor little scalawag." This in large family, not of brothers or sisters, a lower tone, as Jim approached. "If nor of dolls, such as so many little you'll come around to my office, I'll English girls possess. Hers was a give you some work," he said, as Jim, family of goats, to whom she acted as from very weakness, leaned heavily a sort of mother, and of whom she against a lamp-post. "Can't you was very fond. She had lived among sweep out an office, and set things them ever since she was a baby, for in order, and go errands-when you her mother had been a keeper of goats like herself, and long before Lucia had "Yes, I know I could," said Jim, in been able to walk, her mother would take her out to keep her company "Take this, then. Go out to the while she watched the goats-out into park and lie around in the sunshine the Roman campagna, where the longfor a couple of days. Then come to haired silky goats, with their wise, sad faces, would browse all the pleasant "It's taking things on trust, I know," said Mr. Lane to himself. sunshiny day among the ruins of great cities and beautiful palaces. These But what's the world good for if you are now only big mounds of brickcan't take a few things on trust? work, over which soft green turf and

with here and there a grand old arch or piliar peeping out, to tell of bygone

Here, with the goats for playfellows, little Lucia grew from babyhood into girlhood, scampering about with the merry little kids, till she was as active of foot as they, gathering great bunches of wild flowers, which she would twine into long garlands, to deck the necks of her favourites, and into fragrant girdles for herself and her mother, as they lay, all through the heat of midday, on the soft turf, with the goats gathered about them, under the shadow of the old ruins.

Those were merry times, and, except when the sun scorched them too fiercely, or the north wind drove over the plain, how happy they were, the mother and child together! Little Lucia never thought the plain desolate, or the ruins sad to see. As for that, she scarcely knew the ruins were ruins. She had never known them otherwise than they were, and for anything she knew, thought they might have been built or perhaps had grown on the

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