

HOME CIRCLE

#### LIFE'S LITTLE WORRIES.

'What can't be cured must be en-There cannot be many people who have not said these words truth is obvious, so obvious, in fact, perhaps their true meaning is apt to be overlooked. There are many ways in which things can be endured. Only the other day a lady called on me, and, after grumbling about and magnifying every ittle worry she had in life, ended up by

be endured. Surely she had quite a wrong idea as to what endurance means. complain and to endure are two different things. Real endurance means versity bravely. That adversity visits some lives more than others cannot be denied; but this is no reasor, for whining. It is then that our power of endurance is tested.

Study the lives of great men and women, and it will be found that in many cases the greatness was achieved in spite of continual worry or constant suffering. And what one person can endure so can another. We all have not the same brain power, but we can all have enough will power for our requirements if we

And the reward for endurance is to be obtained in this life. There is always happiness where duty is fulfilled, and it is a compensation to be overcome the greater the hapone of us, by taking thought, can fill in every detail.

At the same time, there is no virtue in enduring what can be cured. Whatever the adversity, or worry, or illness that comes, it is our bounden duty to cure it, if possible. There is nothing brave in folding our hands and saying meekly, "What can't be thousand dollars a year they seem waved approval. The king who did was just beginning to work as a jourcured must be endured," when we have never even tried to effect a cure. Such behavior is not merely slovenly economical scale. The love of money and despicable, but downright wick-

Our lives are given us to make the very best of, and though we can only see "as through a glass darkly," the way, narrow though it be, has been

#### SWEET FACES.

one which writhes or agonizes with erv upon it with their lights and sha-

daily habit of composing the features in long hours of meditation and prayer. Unmarred by contending emotion the features are gradually moulded into harmonious outlines. To sum up advice on this point-train your feagrimacing habits.

Because good humor is an obliging quality, many women think they must always be in a laugh or a broad is a grievous mistake.

### WHEN YOU ARE TIRED.

There is one little trick which the tired woman should learn, be she society woman or working girl. She should learn to change her clothing. Nothing rests one like this does. Take off the shoes you have been wearing all day, and put on other shoes. The pinch will come in a different place. Take off the blouse you have worn

all day and the collar which has been round your throat since morning, and put on a different blouse and a different collar. You have no idea how a fresh blouse rests one, and especially a fresh piece of neckgear. The pinch goes on a different set of muscles.

The tired-out woman usually eats the wrong kind of food. When tired, one should select foods not for their food value alone, but for their recuperative powers. Hot soup of any kind quickly refreshes the tired wo-

#### HOW TO GET TO SLEEP.

How many overworked and nervous people there are who have the greatest difficulty in getting to sleep blood. The result is a clogging and when they go to bed! Nervous people who are troubled with wakefulthat keeps it in a stimulated and sallow complexion are among the wakeful state.

Overworked and business men and women must, when they go to bed, certain cure for biliousness and tor- neys, restoring them to healthful ac- the midse of various consolations make up their minds not to think of pid liver in Dr. Chase's Kidney-Liver tion, inducing a regular flow of the and commiserations. Catherine's their work. This is the first great Pills.

A short, quick walk before going to bed and a good sponge and rubbing with a rough towel will both aid to renewed energy and activity. in equalizing the circulation and promoting sleep. Rubbing the whole body with a towel is especially helpful.

Then the ventilation of the bed-room must be seen to. The windows should you will then understand why this be left open top and bottom all day, great medicine is considered indisand the top ball kept down in good way during the night. A light of any description should never be kept burning in a bed-room during the night. Christ is the focus that has gather-

RENOVATE YOUR CLOTHES. Where money is an object, it is wise plan for everyone to know as much as possible about the art of

following process: Place a damp the back of the velvet over the cloth; when the creases are all out, remove back of the velvet over the iron. Light colored velvets may be clean-

saying, "What can't be cured must ed by rubbing with benzoin or paraffin oil. Chiffon can be washed in tepid water in which has been dissolved a small piece of castile soap. tle and steamed over boiling water. fortitude-that is to say, bearing ad- Ribbon should be well brushed, dampened, and ironed between folds of tis- do not want him, but the boy can de- beth," she said. sue paper. White silk should be wash- pend upon it, that he's been rated aced in lukewarm water, rolled in a hats to be first well brushed, then cleaned by rubbing with equal quantities of oil and ink; while felt hats, if responsible positions. white, may be cleaned by rubbing with oatmeal.

#### ABOUT MARRIAGES.

down the aisle with the sweet, whiterosy June bride upon his arml did he marry "to get the best wife in the our duty to God, our duty to others, and our duty to ourselves, and each one of us, by taking thought one of us, by taking thought of the second noor and our duty to ourselves, and each one of us, by taking thought of the sun. ing subject as its English contempor- One of his subjects explained to me An older woman smiled down into arswers received, the Baltimore Sun the sun to rise in the morning the girls harp upon money as the one thing needful, and their ideas of the amount required is astonishing. Five to regard as the minimum sum neces- this was the sultan of Zanzibar." sary for housekeeping on the most we are told is the root of all evil, and when the hearts of young girls with the love of home and friends and children, then we must be falling upon evil times. If the man whose income is not less than \$5,000 told to us by which we may gain full a year is the only one who can get window at the flowers and said: "I willing to do it for that, go ahead. knowledge of the glorious life to a college girl to marry him, then on- wish we could can some of the flowwill ever get married. The number ter.

one wants to be rich, or, failing squirms with every amusing situation; it is rather the one which retains a calm exterior while the tains a calm exterior while the strongest emotions of the soul play in moderate circumstances will ex- flowers. I will remember that next pend for mere show a sum of money winter, when I eat the honey." almost sufficient to furnish a house or to provide a year's necessities. The face should be the smooth curtain on which the heart exhibits its pastor of St. Mary's Church, in Phil-Buzz! This is the song of the bee. various pictures without disturbing adelphia, in an interview with the reit, not the stage which requires the presentative of an evening paper, conshifting of scenery for every act. demned extravagant weddings. "Many The reason why so many beautiful young couples start out by having a faces are to be found in a convent much more expensive wedding than is in a great measure due to the they can afford, 'said he, "and, having made this bad beginning, are never able to catch up properly, and ultimately suffer from poverty, which could have been avoided if they had begun in a more prudent way.

tures to composure, and avoid all The gifts that to our breasts we fold Are brightened by our losses. The sweetest joys a heart can hold

Grow up between its crosses. smile in order to be charming. This And on life's pathways many a mile Is made more glad and cheery, Because, for just a 'little while,

The way seemed dark and dreary

# When You **Get Bilious**

YOU MAY BE CERTAIN THE LI-VER IS DERANGED AND THAT THERE IS CURE

### Dr. Chase's Kidney - Liver PIlls

"Bilious" is the word used by many people to describe the condition of ill- rate. health into which they are thrown by derangement of the liver.

Biliousness is caused by the failure of the liver to filter the bile and oth- no stoppages. er poisonous impurities from the

poisoning of the whole system. Indigestion, headache, languid melness usually have a tendency to blood ancholy feelings, irritability of temon the brain, with cold feet. It is per, constipation of the bowels, pains the pressure of blood on the brain in the muscles and bones and a pale,

symptoms

They cure by thoroughly cleansing gans complete power to perform phy to rise. the filtering and excretory systems their functions. These valuable in- "It don't hurt so awful bad now, and awakening the action of the liver gredients enter into the composition mamma. 'Sides, when my finger got

tice any of the symptoms of torpid and salutary medicine they are. There been strikin' with both hands!" liver and biliousness put Dr. Chase's are few pills so effective as they in Kidney-Liver Pills to the test, and their action. pensable in the great majority of

ed in and given out every ray of light Toronto. Portrait and signature of

BOYS ARE WATCHED.

When you see the boys on the a streets and public places we often wonder if they know that business men are watching them. In every hundreds of times, and certainly their renovating. For instance, velvet may bank, store and office there will soon reading and doing fancy work in the be made as good as new by the be a place for a boy to fill. Those desultory fashion of people shut in who have the management of the af- by a rainy night. Presently one cloth over a hot iron, and draw airs of business will select one of opened the piazza door a moment, and the boys. They will not select him a wave of the fragrance of wet, green, for his ability to swear or smoke the cloth and dry by rubbing the cigarettes. Business men may have a one at the door turned her face full few loose habits themselves, but they of delight. are looking for boys who are as near as they car find, and they are able ever know anything so exquisite? It's to give the character of everybody in lovely always, but never se lovely the city. They are not looking for as in the rain. Crepe should be wound round a bot- rowdies. When a boy applies for one of these places and is refused they looked up impulsively. may not tell him the reason why they cording to his behavior. Boys cancloth, and ironed quite damp. Chip not afford to adopt the habits and conversations of the loafers and row- for her to tell her thoughts to anydies if they ever want to be called to one, but she was too brave to re-

#### GAVE THE SUN PERMISSION.

ary, has been collecting the views of that it was the royal sanction for the the girl's face. "Yes, dear," she ancollege girls on the subject of "the sun to set. When asked as to whe-swered, gently, "we understand." ideal husband." Commenting on the ther the ruler gave his permission for "It is sad to see how these man replied that the sun must always never go down unless the royal hand the Middle West, a young man who

#### CANNED FLOWERS

are filled with that love rather than berries. Ethel liked to watch her and stock; and being over there out of to think how nice the berries would sight behind the shrubbery, it won't taste next winter, when the snow was matter what it looks like. It isn't on the ground. She looked out of the worth more than a dollar; if you're ly a small number of college girls ers, auntie, and have them next win-

watch the bees awhile, and then come ter with you, anyway?" The most expressive face is not the It is the bane of our time that ev- and tell me what you think about it." went out to look at the "patch." It When Ethel came back, she said: was not only substantially done, but

His legs are yellow, a jolly good been sitting around there doing

And yet a great worker is he. In days that are sunny he's making that's the end of it. his honey, In days that are cloudy he's making

his wax; On pinks and on lilies and gay daffodillies

And columbine blossoms he levies a The sweet-smelling clover he, hum- the patched fence had risen to the ming, hangs over,

He never gets lazy-from thistle and nicipal buildings. Among the many

And weeds of the meadow some measure he brings.

#### A TRIP TO A STAR.

been built between the earth and the which had really made a much fixed star Centaurus," said the lectur- deeper impression on him than he had er. "By a consideration of this rail- allowed himself to admit at the time. way's w kings we can get some idea The estimate of the young carpenter of the enormous distance that inter- who was now a contractor, proved venes between Centaurus and us. 'Suppose that I should decide to

take a trip on this new aerial line to the fixed star. I ask the ticket "It won't be necessary in this case, agent what the fare is, and he ans- I think. That patch you once put on

"The fare is very low, sir. It is standing yet."-Indianapolis News. only a cent each hundred miles. "'And what, at that rate, will the through ticket one way cost?' I ask. " 'It will cost you just \$2,750,000,-

000,' he answers. train.

"'How fast?' I ask the brakeman, look on the bright side. 'are we going?'

we?' I resume. "'We'll make good time, sir,' says both fat hands and thus delivering the brakeman

" 'And when will we arrive?' "'In just 48,663,000 years."

Sure Regulators .- Mandrake and family running to the nursery. Dandelion are known to exert a pow-Fortunately there is prompt and erful influence on the liver and kid- bathed and kissed and bandaged, in secretions and imparting to the or- tears began to stop and her philosoof Parmelee's Vegetable Pi'ls, and hit, I was jus' holdin the hammer When you feel out of sorts and no- serve to render them the agreeable in only one han'-an' jus' s'pose I'd



#### A SWEETBRIER LIFE.

Outside, a summer rain, soft but steady, was dripping from the eaves. Inside, the group had been talking and growing things filled the room. The

"Do you smell the sweetbrier down One of the others-a young girl -

"It makes me think of Aunt Eliza-"Why Aunt Elizabeth?" someone

else asked. The girl flushed; it was never easy

"Why, you see," she explained slowly, "there are ever so many roses that are beautifully fragrant-the

"One of the odd things that I saw roses themselves, I mean-but I in a trip up the east coast of Africa don't know any other whose leaves The solemn young man who walks was the permission given each day are so sweet. That's why it makes by one of the kings for the sun to me think of Aunt Elizabeth, because set," said a man who made a trip everything she does-not the big or to South Africa. "At one of the happy things, but all the common, ports where we stopped the soldiers everyday duties-seem to have some world?" Of course. And she mar- were drawn up on the parade ground thing beautiful about them, someried, if not the best man, at least before the royal palace as the sun thing that she gives them from the the second-best in the world. If she was setting. With pomp and cere- spirit that is in her, and that goes piness. As to what our duties are doesn't think she did, she is not mony the ruler advanced to the front out into everything she says or does. worth one of her bridal roses. An of the balcony on the second floor and I'm afraid I'm not explaining it very

#### THE "FOOLISH" BOY.

Some years ago, in a small town of neyman carpenter, was hired to patch a fence by one of the petty officeholders of the place. "Don't put any unnecessary work on it," the man said. "I just want it sufficiently Ethel's auntie was canning straw- strong to keep out any stray live-The young man went to work, and When he went for his pay his of young men who earn that muc; Auntie laughed and said: "Go and is too small to be considered."

Auntie laughed and said: "Go and finished, have you? What's the mat-

> three-quarters of a day's pay-"I said I'd do it for a dollar," returned the workman, shouldering his tools, "because I wanted the money. If I'd finished it in half the time and gone home I should only have

> nothing. I did the work to suit myself. Now, if the price suits you, "Well, you're a mighty foolish boy, that's all I've got to say," re-

> plied the other, turning on his heel as he handed over the money.

Not long after this the young carpenter went to a neighboring town and steadily worked his way up. Some ten years later the owner of position of county commissioner, and The scent of the roses makes fragrant his little town was a growing city, about to erect a number of fine muapplicants for the contract, which, besides being an important one financially, would undoubtedly make an enviable name for its successful bidder, the commissioner noticed a name that seemed in some way familiar to him. After a moment he recalled "Let us suppose a railway to have the incident of the patched fence, to be a reasonable one, and the work was given into his hands.

"You want bonds," the man began "No," returned the commissioner. my fence is guarantee enough.

#### MIGHT HAVE BEEN WORSE.

Notwithstanding her tender years Catherine's characteristics are in evi-"I pay for my ticket and board the dence; and the most pronounced of We set off at a tremendous them all is the unfailing tendency, in the most harrowing situations, to

On one occasion, having got hold of "'Sixty miles an hour,' says he, a hammer, she ambitiously endeavor-'and it's a through train. There are ed to drive a tack into the wall, on which to hang her doll's hat. After 'We'll soon be there, then, won't repeated failures to hit the trouble some tack by clutching the hammer in a terrific blow, she next tried holding the tack in one hand and dealing a less powerful stroke with the hammer in the other hand. The result of this experiment brought the whole

After the damaged finger had been

We All Have Missions in the World. -There is a work to do for every man on earth, there is a function to perform for everything on earth, ani-Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto. Portrait and signature of Dr. A. W. Chase on every box.

Toronto. Portrait and signature of Dr. A. W. Chase on every box. THE RHEUMATIC WONDER OF THE AGE

# Benedictine Salve

This Salve Cures RHEUMATISM, PILES, FELONS or BLOOD POISONING. It is a Sure Remedy for any of these Diseases.

### A FEW TESTIMONIALS

RHEUMATISM

What S. PRICE, Esq., the well-known Dairyman, says

212 King street cast. Toronto, Sept. 18, 1966.

John O'Connor, Toronto:

DEAR SIR,-I wish to testify to the merits of Benedictine Salve as cure for rheumatism. I had been a sufferer from rheumatism for ectime and after having used Benedictine Salve for a few days was completed

475 Gerrard Street East, Toronto, Ont., Sept. 18, 1802.

John O'Connor, Esq., Nealon House, Toronto, Ont. John O'Connor, Esq., Nealon House, Toronto, Ont.

DEAP SIR,—I have great pleasure in recommending the Benedictine Salve as sure cure for lumbago. When I was taken down with it I called in my octor, and he told me it would be a long time belore I would be around again. My husband bought a box of the Benedictive Salve, and applied it according to directions. In three hours I got relief, and in four days was able to do my work. I would be pleased to recommend to to any one suffering from lumbago. I am, yours truly,

(MRS.) JAS. COSGROVE.

250; King Street East, Toronto, December 16th, 1901. John O'Connor, Esq., Toronto:

DEAR SIR,—After trying several doctors and spending forty-five tays in the General Hospital, without any benefit, I was induced to try year Benedictine Salve, and sincerely believe that this is the greatest result in the world for rheumatism. When I left the hospital I was just to stand for a few seconds, but after using your Benedictine Salve for the days, I went out on the street again and now, after using it just over week, I am able to go to work again. If anyone should doubt these fac send him to me and I will prove it to him.

Yours for ever thankful, PETER AUSTEN

108 King street East, Toronto, Nov. 81, 1008. John O'Connor, Esq., Toronto:

DEAR SIR,-I am deeply grateful to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rheumatism. I have experimented with every available remedy and have consulted, a might say, every physician of repute, without perceivable benedit. When I was advised to use your Benedictine Salve I was a helpless. cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily co-tivity. I am thankful to my friend who advised me and I am more than gratified to be able to furnish you with this testimonial as to the cacy of Benedictine Salve. Yours truly.

12 Bright Street, Toronto, Jan. 15, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,-It is with pleasure I write this word of testimony to the marvellous merits of Benedictine Salve as a certain cure for Rheumatism. There is such a multitude of alleged Rheumatic cures advertised that one is inclined to be skeptical of the merits of any new preparation was induced to give Benedictine Salve a trial and must say that after suffering for eight years from Rheumatism it has, I believe, effected as absolute and permanent cure. It is perhaps needless to say that in the last eight years I have consulted a number of doctors and have tried large number of other medicines advertised, without receiving any benefit Yours respectfully, MRS. SIMPSON

#### **PILES**

John O'Connor, Esq., Toronto, Ont.: Toronto, December 16, 1901.

DEAR SIR,-After suffering for over ten years with both forms of Piles, I was asked to try Benedictine Salve. From the first application I got instant relief, and before using one box was thoroughly cured. I can strongly recommend Benedictine Salve to any one suffering with Yours sincerely, JOS. WESTMAN,

241 Sackville street, Toronto, Aug. 15, 1902.

John O'Connor, Esq., Toronto: DEAR SIR,—I write unsolicited to say that your Benedictine Salve has cured me of the worst form of Bleeding Itching Piles. I have been a sufferer for thirty years, during which time I tried every advertised remedy I could get, but got no more than temporary relief. I suffered at times in-tense agony and lost all hope of a cure.

Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. I can heartlin recommend. it to every sufferer.

JAMES SHAW.

With the Boston Laundry.

Toronto, Dec. 30th, 1901.

John O'Connor, Esq., Toronto:

DEAR SIR,-It is with pleasure I write this unsolicited testimonial. and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an operation. It failed, but a friend of mine learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and be was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now comple cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me a thorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was. It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE,

#### **BLOOD POISONING**

Corner George and King Streets, Toronto, Sept. 8, 1904. John O'Connor, Esq., Toronto:

Dear Sir,-I wish to say to you that I can testify to the merits "of your Benedictine Salve for Blood-Poisoning. I suffered with blood poisoning for about six months, the trouble starting from a callous or hardening of the skin on the under part of my foot and afterwards turning blood-poisoning. Although I was treated for same in the General Hospital for two weeks without cure, the doctors were thinking of having my foot amputated. I left the hospital uncured and then I tried your salve, and with two boxes my foot healed up. I am now able to put on my boot and walk freely with same, the foot being entirely healed. also treated in the States prior to going to the hospital in Toronto, without relief. Your salve is a sure cure for bland on the states of the out relief. Your salve is a sure cure for blood-poisoning.

MISS M. L. KEMP.

Toronto, April 16th, 1909.

John O'Connor, Esq., City: DEAR SIR,-It gives me the greatest of pleasure to be able to testing to the curative powers of your Benedictine Salve. For a month back hand was so badly swollen that I was unable to work, and the pain so intense as to be almost unbearable. Three days after using your Sel as directed, I am able to go to work, and I cannot thank you enoug Respectfully yours, J. J. CLARKE 72 Wolseley street, Otto

Toronto, July 21st, 1902.

John O'Connor, Esq.: DEAR SIR,-Early last week I accidently ran a rusty nail in my floger The wound was very painful and the next morning there were sympt of blood poisoning, and my arm was swollen nearly to the shoulder. applied Benedictine Salve, and the next day I was all right and able J. SHERIDAN, 34 Queen street East.

## JOHNO'CONNOR LOS KIND STREET

WM. J. NICHOL, Druggist, 170 King St. E. J. A. JOHNSON CO., 171 King St. E

And by all Druggists PRIOE SI OO PER BO