FOREWORD.



HE compilers of this Cook Book offer it to the public with confidence, born of the knowledge that tried and proven recipes are welcomed as the handmaidens of successful household management in every Home, be it large or small.

In gathering the material within its covers, the guiding principle has been to secure the cream of tested recipes, the best each contributor had in her possession, rather than to exhaust her list. All, are valuable and many of these have never before appeared on a printed page. Whether original or selected, each bears the stamp of approval and carries the recommendation of the lady whose name profaces it.

The contributors have freely given the valuable information the book contains and look for no other reward than lies in the pleasure of diffusing it and in assisting a worthy cause.

Every effort has been made to eliminate typographical errors. Where they have crept in, the indulgence of the reader is asked.

COMPILERS.

Breads Beverag

Cakes Cheese Candies

Cookies

Custard

Dessert

Dressit

Eggs Fish

Fruits

House

Invali Ices

leing

lellies

Meat

Ovst

Pies Panc

Pick

Pres Pud

Reli

Sala

Sau

Sou Use Ve