

## FOCUS

# Body hair removal: a memoir

Or what to do when unwanted hair comes a-knocking

BY THONG DE LA HOYA

If you're like me, then you're covered with unwanted body hair. Sometimes you console yourself, while looking in the mirror, and think, "maybe everyone else is like me," but you know you're lying. If this sounds like you, then let me save you the needless torture I went through while finding the closest shave.

I contacted Dr. Pipi Shortcake, professor of Health and Human Performance at Dalhousie University, and she filled me in on some sheik advice about personal hygiene.

"You can never have too little body hair," Shortcake said. "Sometime I even get rid of my nostril hair. There's nothing like breathing with a cleanly shaved nostril."

It seemed to me Shortcake was the perfect professor for me to contact about my dilemma. We shared the same philosophy, and she had really nice legs.

Shortcake is a seasoned veteran in the hair-removal field. Shortcake was kind enough to guide me through the sea of beauty products that are on the market.

**The Razor**  
The old favourite, the trusted tool of the hairy, the saviour of the beast-like back. This little apparatus has been around for a long time and is by far the nation's most popular device for the removal o' hair.

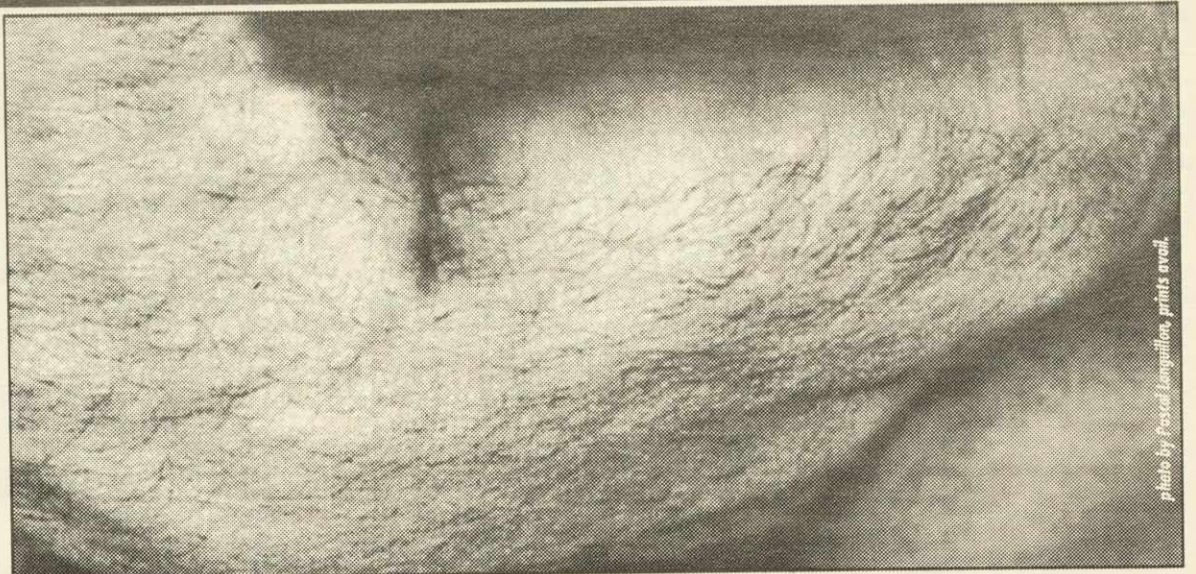
"Now, the razor is quick and convenient," Shortcake said. "When I was researching for my Master's thesis at the hair dressing school beside the liquor store, I realized that the razor has played a major role in the history of hair removal."

Long before the razor, Shortcake explained, the common person had no affordable way to rid themselves of disgusting hair. The razor changed all of that — it brought hair removal to the commoner's door. And thanks to Bic Co., the razor is now made in mass quantities and available to all.

"Thank God all of those gross poor people could shave their legs," Shortcake said. "If not, forget about me dropping pennies into their little cups while they sing."

While Shortcake ranted on about the marvels of the razor, I had one question: "What about razor burn?"

"Well, razor burn is when you don't put enough lubricant or lotion



GROSS: an undisclosed location on the author's body.

on the hairy area before you shave," Shortcake explained. "Some people intentionally put less cream on their legs because they like the burn. The way the fiery sensations creep up your leg, then slowly climb up your spine, and send shivers to every inch of your body and you explode in such a fury of energy and passion and..."

## Waxing

Ouch! The pain is almost not worth the silky sheen you get after waxing. This method may be one of the most painful methods out there, but it remains one of the most popular. The method of pouring hot or cold wax on the hairy spot, and then ripping out the wee hairs, is not my favourite way of hair removal.

Hot waxing should be done by professionals, but also can be done while baking a cake or speeding down the Trans-Canada. The searing hot wax must gently be poured on the desired area and then

let sit to cool. A strip of paper is applied, and then pull. It's *that* simple.

"Cold waxing is for chickens," Shortcake said. "Ever hear the saying; no pain, no gain?" Well, it's true. When I see those shits using cold wax, I want to lunge at them and ring their little necks. Oh, I want to slap them silly."

Cold or hot, Shortcake and I agree that the pain of waxing is much more tolerable than looking at a bikini line that isn't shorn.

## Harsh chemicals

Don't you just love the scent of hair being dissolved by corrosive chemicals? I sure do. Products like Neet or Nair have been on drugstore shelves since Luba came out with her hit single "How Many Rivers To Cross".

I think the idea of smearing your skin with a chemical harsh enough to burn the hairs off of you is a marvellous one. This way, the only pain one goes through is the

pain of having some unsightly red spots on their skin.

"It's great for those little girls who want to start training," Shortcake said. "It's also great for men with really hairy backs and it would take a long time to remove all of the hair at once."

This is an inexpensive way to remove your hair, and it is less painful than others. This may be one of my favourite ways to get that smooth look. Oh, take it from me, don't use this method if you are shaving your scrotum and don't ingest 'cause it hurts like a bastard.

There are other methods of hair removal — some are effective and some aren't. Electrolysis, for example, is a method used, but unless you are rich you can't really use this method very much.

I hope this guide has helped you in search of the perfect hairless body. Now you women with moustaches and men with thicker back hair than that on your head will have no excuse for being grotesque.

# New super-very-high-speed Halifax subway being built

Suicidal persons no longer have to rely on bridges, now we have a subway

BY JOSEPH PLEBE

Have you been wondering what all the dirt on University Avenue is for?

If you haven't heard, the dirt is officially in.

The Halifax Regional Municipality, Dalhousie University, and several other constituencies from the supercity have pooled funds together to build Metro Halifax's first subway line.

The first stage of construction, planned for completion next April, will provide subway access from South Park to the front doors of the Arts and Administration building along University Avenue.

By the following summer, city council hopes to have subway stops from the Lighthouse to the Halifax shopping centre, as well as a parallel line running down Spring Garden.

The Spring Garden lines will be a rapid transit system, based on a similar scheme that has worked well in Athens, Greece.

The Spring Garden Rapid Transit line, or the SGRT, will have stops at every corner in the downtown core. Kara's, the Tickle Trunk, Park Lane, Kentucky Fried Chicken, Grabba Jabba, and Saint Mary's Basilica will all house the proposed subway stops.

City councillors reasoning the line shouldn't exclude the outskirts

and suburbs of the supercity assured me the Metro line would run farther than the fringes of Halifax in the future.

"We're trying to get license to get it out to the airport, and, hopefully out to Spryfeild," one counsellor said.

But, distance surely seems like a problem on the proposed line.

Some Haligonians don't even think the subway is a good idea.

When asked if the subway was a good idea Cesaria Evora said "No, [Halifax] is too small".

City councillors don't seem to agree, and they hope to combat the claims of boredom and travel time.

City councillors are already planning new extensions of the current underground system.

The Subway will run, depending on an upcoming council vote, into Dartmouth under Halifax harbour.

The sub-harbour line will be encased in glass. Sharks and other large sea creatures will be put in the harbour to increase the attractiveness of the underwater, and probably eerie ride.

The Keith's brewery is one of the participating constituencies and plans to push for a bar car.

Halifax can look forward to its first subway.

Lord knows its a long walk downtown.



TIME IS MONEY: 30 minute Spring Garden stroll will be reduced to an efficient 25 minutes by subway. Fares expected to start at just \$35. single rate.