Cross-country championships this weekend

Confident Tigers looking for yet another victory at Point Pleasant Park

BY GAZETTE STAFF

Confidence is high as the Dalhousie female cross-country running team enters the AUAA championships in Halifax this weekend.

It has been 13 years since they have lost a cross-country meet in the AUAA, and the team is reluctant to give up the title.

The bigger challenge for the Tigers is to get to the next level and

become one of the top teams in the country - and that means running "faster then ever before"

"This weekend we have to work together as a team," said team captain Juliet Thornton. "We need to learn to push each other because when we get to a race like [the CIAU championships] we can't just sit in the pack. We need to run as a team and run faster then ever before."

If there is strength to be

gained by running with teammates and having each member push the whole team to new levels, then the Tigers may be in luck. Aside from standout Kristen Lewis - who has to date been one step ahead of her teammates — the Tiger team is very close. Thornton, Kelly McKean, Sandy Smith and Amy Higgins have been training and racing together all season, but even team coach Al Yarr cannot predict their placings this weekend.

"We know that if Kristen has a great race she will win, but after that we have three, maybe even four women who can all challenge for that next spot," said Yarr. "The key is for them to make that step together."

The team is optimistic they will bring another banner ornamented with all their signatures back to Dal and finish another AUAA season with their impressive winning streak intact, but the real measure of their success this weekend will be how they perform

"We've all got it in us," Thornton says, "and we all really want it. We've just got to get that feeling and run fast.

When the male Tigers crosscountry team toe the starting line on Saturday they will be attempting the unthinkable.

Last year the men tried but could not win the AUAA championship. This year they have a chance at a perfect score for the

It won't be easy. Dal will have to sweep the top five positions and there will be some talented runners trying to prevent that from happening. Trevor O'Brian for Memorial University will be one. O'Brian is a national calibre runner and is the most likely to challenge Dal's charge. Moncton's Ive Gagnon could also place well.

They'll both have trouble getting to the front, though. Dal's Dan Hennigar and Neil Manson have posted the third and fourth

fastest 10-kilometre times in the country this season.

"Neil [Manson] is very strong this year and has got to be a favourite," Hennigar said of his teammate. "Having the third fastest time in the country doesn't mean much when one considers I may not finish in the top three on our own team. That's how strong we are. Scott Simpson is coming on in workouts, and Jamie [Blanchard] and Brian [Yorke] have both been up there before."

The Tigers' depth does not stop there. Team co-captain Trevor Boudreau is a former AUAA all star and is reputedly in the best shape of his life. Andrew Dunbrack, the lone rookie on this year's team, is the defending Canadian junior 800 meter champion.

The AUAA championships will be held at noon on Saturday, Oct. 24 at the bottom of Point Pleasant Park.



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то	MON	TUES	WED	THURS	FRI	SAT	SUN
VANCOUVER	18:45	16:10	18:45	13:55	10:358	-	_
EDMONTON	-	16:10		-	10:35	-6	-
CALGARY	18:45		18:45	13:55	_		_
TORONTO	15:35	14:35	11:458	12:40 ⁴ 15:40 ⁶	10:20 ¹¹ 11:30 ⁴ 12:30 ² 23:35 ⁶	10:356	
ST. JOHN'S		19:55	-	18:35	_	-	-

*Begins October 12 *Ends October 11 *Ends October 25 *Week of October 5 only *Week of October 26 only

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Dalhousie to meet Sherbrooke

BY CARMEN TAM

The Dalhousie men's volleyball team will host the 15th annual Mizuno Collegiate Challenge from Oct. 29-31. The Tigers, ranked as the 10th best team in Canada, will play a best-of-three match series against Sherbrooke that will take the teams to Lunenburg and Kentville before concluding at Dalplex on Saturday

The Tigers recently placed fourth at the Western Mustang

Men's Rugby

Standings

Women's Rugby

Standings

* as of Monday, Oct. 19th

5-1-0

4-2-0

4-3-0

2-3-0

0-6-0

6-1-0

5-2-0

4-3-0

3-4-0

1-3-1

Acadia

St. FX

King's

SMU

St. FX

SMU

Dal

King's

Acadia

Dal

Classic in London and will look to avenge a five-set loss at the tournament to the top-ranked Vert

The Vert et Or are off to a strong start this season with tournament victories in Winnipeg and Western Ontario.

This season the Tigers are led fifth-year veteran Jason Trepanier (a 1998 Honourable Mention All-Canadian), and will look to setter David Cox and rightside hitter Chris Wolfenden for

leadership. Sasha MacKenzie and Aaron Outhwaite will back up Cox along with rookies Jonathan Broderick and Dave Rancourt. UVic transfer Aaron Nutting will take care of the middle with thirdyears Scott Bishop and Jeff Stevens on the right side.

The Tigers have a strong coaching staff, with coach Al Scott in his 20th season at the helm. Dr. Robert Stalker, Colin Guthrie and therapist John Smallwood will assist Scott behind the bench.

Dal wrestling starts year well BY GAZETTE STAFF

The members of the Dal wrestling club drove to Concordia University in Montreal this Saturday for their first wrestling tournament of the year, and according to the results, it signalled the beginning of a good year.

Only seven members of the club made the trip, but Coach Scott Aldridge was very optimistic.

"Everyone did very well in their matches, and everyone won at least one match."

The tournament in Concordia could have proved to be one of the most competitive ones, next to the club will see. Clubs from New York Championships.

State, Philadelphia, UNB, Memorial, Brock and Concordia all attended.

Rookie Mike Leblanc earned a bronze medal, winning two of his six matches, while rookie Benji Parks placed fifth with a 2-2 record. Both Leblanc and Parks were Nova Scotia champions and were on the 1997 Canada Summer Games team.

Coach Aldridge laced up the boots, finishing second after a dramatic overtime win, only to lose to last year's Canadian junior champion.

The next item on the club's menu is a trip to UNB on Nov. 21 CIAU championships, that the Dal for the Eastern Canadian

