

OUR HOME PAGE

HOME BREW

Curried Fish Soup

Fish trimmings make an exceedingly tasty cold-weather soup, to which curry powder is added. For this dish you want fish trimmings, fat, herbs, apple, carrot, onion, flour, curry powder, seasoning and water.

Place your fish trimmings in a pan, with an ounce of fat, peeled and chopped, and also a tiny bunch of herbs, to be removed later. Cook for 19 minutes, then add water, and cook for a quarter of an hour. To this add four and a half cups of water mixed to a paste with cold water. Stir well in, let it come to the boil, and simmer for an hour, first removing the herbs.

Strain the soup off the fish and vegetables very carefully, and serve either as it is or with cooked rice in it.

Fish trimmings always make a good soup with vegetables and herbs, with or without the curry, and should never be wasted. Barley makes a good addition. Milk and a tiny stick of cinnamon is another addition. Parsley, finely chopped, turns the soup to a pleasant green shade, and also adds a clean and pleasant flavor.

The Voice That Spoils the Day

What's your voice like? Is it high-pitched, quick, nervous? Because the voice shows the state of health you are in, mental as well as physical health.

Children brought up in a home where the mother is nervous, anxious, over-worked, soon get her voice—a quick sharp tone that lacks all rest, and are always the less popular because of it.

A quiet voice that expresses a quiet mind, even in the midst of stress and hurry, is the most soothing thing in a home and the finest influence. Shrillness of tones, lack of quietness, these do actual harm to those around. Many a child, rising happy and contented, has its day spoiled straightaway by a mother's shrill and worried voice. It isn't a scolding voice; it's a voice that lacks inside quiet and control.

Why Always Boiled Cabbage?

Why always serve a dish of boiled cabbage until those who have to eat the vegetable get heartily tired of the sight of it?

Try a few Continental recipes, which are easily done and make no call for special skill in cooking.

Cabbage With Potatoes
The French cook parboils the cabbage, with just a pinch of carbonate of soda to bleach it. Then she chops it up very finely, and lets it dry for a few moments. She next puts the chopped cabbage into a casserole with enough stock nearly to cover it, and cooks it thoroughly, keeping it moist with the addition of stock as it soaks into the cabbage. Seasoned with salt and pepper, and served with potatoes boiled in their skins, this is one of the dishes so often offered in France after the soup and the meat course.

Cabbage (Alsatian Style)
Parboil and bleach the cabbage, then chop it finely, stew it in a saucepan with butter and a slice or two of fat bacon. Keep it moist with stock, and when well cooked, through serve with pork sausages.

Cabbage Soup as in Milan
A thick soup is always acceptable for supper. Cabbage soup, served as in Milan, is quite good. Use about three-quarters of a pound of pickled pork, which scald well in boiling water to free it from some of the salt. If preferred, take the same amount of bacon, and put it into a saucepan with five quarts of cold water. Let it come to the boil, and then skim it very carefully to remove all the froth from the salt of the meat. Add four carrots cut in pieces, two onions, into one of which stick a clove, a good handful of French beans, cut in pieces, a few butter beans, and dried peas, both previously soaked, and a cabbage.

Before adding the cabbage prepare it by taking off the outer leaves if they are in the least course, blanching the cabbage, and cutting it in pieces. Take out the stem if it is coarse. Let the whole simmer gently for a good two hours or more, then add potatoes, pared, and cut in pieces, and let the soup simmer gently for fully another hour. Season with paprika. It will probably require no more salt, owing to the pork or bacon. Lay slices of stale bread fried in butter in the tureen, pour the soup over them, and serve a piece of bread in each plate of soup.

Street Railwaymen Ask for Vacation

Improvement in Conditions Will Be Urged Upon Transportation Commission

Toronto.—Fifteen hundred members of the Toronto Street Railway Employees' Union presided over by Bert Merson, chairman, on Sunday morning, dealt with the revision of the schedule of wages and conditions. It was decided to seek a renewal of the existing schedule of wages for two years, except the clause on motor and truck repairs, for whom five cents an hour increase will be asked. The committee appointed to present the wage agreement to the city is composed as follows: Chairman Bert Merson, Joseph Tompkins, Albert Sheppard, Lawrence O'Connell, Controller Gibbons and W. D. Robbins.

- (1) That men be given two weeks holidays each year.
- (2) That extra motormen and conductors be given a guarantee of a six-hour minimum work.
- (3) That scheduled crews working less than eight hours receive eight hours' pay.
- (4) That no new schedule go into effect until a choice of runs has been held in the affected division.
- (5) That motor and truck repairmen and barmen get day work according to seniority.
- (6) That barmen and trackmen be allowed extra clothing.
- (7) That motor and truck repairmen be allowed an advance of five cents an hour.

The men expressed the belief that they should be treated as civic employees, and for this reason asked for two weeks' holidays. The same request was previously refused by the commission. In reference to the six-hour minimum, the employees declare that it is unfair to ask them to spend the greater portion of the working day at the barns without compensation, and said that men grew weary waiting for a run, and if they were not there when required they ran the risk of being disciplined. General complaint was made at the fast time of the service. Difficulty, they said, was experienced with the runs reduced to the fraction of a minute to operate cars through streets dense with traffic. Platform men said that they observed no change in the time of the runs during the different seasons of the year, although the cars were affected by slippery rails in the fall and other conditions during the winter.

Kirwin Is Re-elected By C. L. Party

Hamilton.—Harry Kirwin was re-elected president of the Ontario section of the Canadian Labor Party at the annual convention on Saturday. The convention went on record as opposing the Boy Scout movement and cadet organizations, claiming that these developed the war-spirit in the young, which is not desired. A resolution was endorsed providing that the Mothers' Allowance Act be enlarged to include deserted wives, widows with one child and wives whose husbands are incapacitated. Any change in the Workmen's Compensation Act will be opposed by the party. Capital punishment was condemned and the request that the death penalty be abolished was sent on to Ottawa.

Addresses Large Labor Meeting

Mr. A. E. Smith, former member of the Manitoba legislature in the Labor Forum; at the Labor Temple Labor Forum at the Labor Temple yesterday afternoon. There was an audience of nearly 400, including a number of ladies, when in a few well chosen remarks, Miss Mary MacNab, executive member of the Ontario Section of the Canadian Labor Party, introduced the speaker. "An Educational Program for the Workers," was Mr. Smith's subject. During his instructive and informative talk he told his auditors that for seven years he preached the gospel of Jesus Christ in Brandon, Man. The speaker declared that the day of great men was gone, stating that this is a day of a great movement, and not a day of great men. Mr. Smith raised applause when he stated that the large and growing company of disciplined workers which constituted the labor movement was no longer dependent on great men to influence and mold human society.

After saying that the prime needs of humanity were food, clothing, shelter, heat and recreation, he interestingly explained that in Toronto between 250 and 300 adults and juniors were passing through educational classes per week, where history, economics and sociology were the three sciences taught. Mr. Smith said that the psychology of the Motherland had changed ma-

terially within the last month, and mentioned that, since the Labor Party had assumed the reins of Government, many people who had misunderstood the labor movement were now beginning to see the new light.

Proceeding, the speaker said that Canada has reached its most difficult phase of the labor movement. "Once you get through this phase, wonders and marvels will be wrought in Conservative Canada," he said, adding amid laughter, that the politicians were already distributing sugar coated pills, and that the politicians had got the farmers swallowing hard.

"The labor movement can be solidified, strengthened and centralized in Canada, just the same as in other countries," said Mr. Smith, who, after remarking that the Labor Government in England will not produce the millennium, said that there would never be another Golden Age as there once was.

Spring Call for Men Seen Here

Farms, Lumber Camps and Railways Are Already Taking on Crews

Lethbridge, Alta.—Labor conditions in the city improved slightly during the past week as orders for men were received by the local employment bureau from the C. P. R. Extra gang workmen are now being engaged for summer operations. The wages offered are \$3 without board, but jobless men in the city are shy in accepting the work at that wage. During the past week 30 men and 13 women were placed in jobs. Thirteen of these men went to farms and 15 to lumber camps.

Wages Dispute at Porcupine

Timmins, Ont.—Officials of the Porcupine Miners Union will reopen the question of wages in the Porcupine district, according to information gathered subsequent to meetings held quietly during the past few days. The question is one which has cropped up regularly every spring during recent years. Last year it reached a point where a board was unable to agree. No hardship was found, but the recommendation was made that the employees should appoint a committee through which to discuss the matter with the various managers. At the time of writing, the union officials favor a plan to revive the committee appointed a year ago, and to present revised demands. It is stated to be probable that the new demands will be comparatively moderate.

Present wages in the Porcupine district are the highest of any regular mine working in Canada. The communities in the gold mining districts of northern Ontario are among the most prosperous in the country. It was intimated to the correspondent of the Herald by a miner in close touch with union affairs, that the contemplated agitation may be more for the purpose of developing new interest and increasing membership of the Porcupine Miners Union, rather than any serious hope of bringing about any important wage increase.

Oppose Changes to Workers' Act

Present Arguments Before Commission Investigating Compensation Claims

Montreal, Que.—Arguments against any radical change in the present laws governing workmen's compensation were presented to the Royal Commission inquiring into the matter recently. The main address was made on behalf of the Canadian Manufacturers' Association, Quebec Branch, and consequently reflects the view of the majority of manufacturers in this province.

"Many discussions have invariably led to the conclusion that the method of controlling workmen's compensation in a manner similar to that of the present Quebec act is more satisfactory in general than any method which places society beyond the pale of the common law," ran the argument. "Discussions, however, have led to the belief that while the present law is fundamentally correct it may be improved in certain respects." The main points which the Canadian Manufacturers' Association mentions are: 1.—No just cause for removing from the common law certain contentious questions as affecting a particular class of the community. 2.—No sympathy with state control of any kind of insurance.

All members of the commission were present this morning, and there were probably two hundred persons in the audience at the Montreal technical school, including employers and representatives of labor. The commission is composed of Justice Ernest Roy, chairman; J. A. Bothwell of Bromptonville; G. A. Brousseau of Quebec and Gas Franq of Montreal.

Contending the case for the Canadian Manufacturers' Association, Mr. Jenkins of the steel company of Canada said that the matter of workmen's compensation is highly important to all the cope of the province.

"Very large sums of money are involved," he declared, "and without being an undue tax on industry it may be handled so as to give fair and adequate compensation to an injured workman. This is the condition which we all desire."

Labor Prospects Show Improvement

R. A. Rigg Declares They Are Best Now in Four Year Period

Winnipeg, Man.—Conditions in the Dominion of Canada, as evidenced through our employment offices throughout the country, are better today than they have been at any time during the last four years. The whisper of death will not be found here next year.

This is the statement made by R. A. Rigg, director of employment service, department of labor, Ottawa, in an interview at the Fort Garry Hotel. Mr. Rigg is on his way east from Edmonton.

Vacancies More Numerous

During 1923 the total number of vacancies notified at his offices throughout Canada was 540,980, or 71,092 more than those of 1922. The total number of placements was 462,552, which exceeds the previous by 9,036. These figures, he said, reflect the increased activities of the labor offices and at the same time they show a decided improvement in the labor situation in Canada.

A function of his branch, he said, was to move labor from one part of the country to another where it was most needed. The railroads give a reduction of 2.70 cents a mile to help carry out this work. Last year his department transported 3,331 laborers under this scheme.

Canada's exports last year amounted to more than a billion dollars, and more than 50 per cent. of this was manufactured or semi-manufactured goods. The value of the country's exports was \$130,000,000 greater than her imports.

Reds Meet McLachlan at C.N.R. Station

Sydney Post, N. S.—James B. McLachlan, former secretary-treasurer of District 26, United Mine Workers who has been released from Dorchester penitentiary on ticket-of-leave, where he had been serving a sentence of two years for seditious libel, arrived in the city this morning. The released officer was met at the railway station by former vice-president, Alex. S. McIntyre of Glace Bay, and some 60 or 70 of McLachlan's supporters from the colliery districts.

The mining town delegation arrived on two special tram cars, but they were a few minutes late to make connections with the express, and were not at the depot when McLachlan got off the express. They left the special cars at the car barns and proceeded down the C. N. R. tracks as far as Prince street, headed by two pipers and one or two vocalists who sang the "Red Flag." The delegation proceeded up Prince street to the Steelworkers' hall, where Mr. McLachlan was welcomed. Among the speakers were Forman Wayne, M. P. P., and Alderman M. A. McKenzie. The former secretary of the U. M. W. had very little to say beyond expressing his thanks to his friends for their welcome. Shortly after the contingent left on two special cars for Glace Bay, where McLachlan was welcomed at the Savoy theatre by about 1,000 miners, most of whom belonged to the colliery night shift.

Operators and Miners Are Silent

Both Sides Met in Secret Conclave for a Few Hours on Friday Morning and Again Today

Calgary Alberta, Alta.—Miners and operators have agreed unanimously to adopt the "I have nothing to say attitude" to the press, with regard to what progress, if any, has been made at the conference over the new contract.

They sat in secret conclave for a few hours in the morning, but each side went their own way in the afternoon.

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noon; each holding a meeting amongst themselves, promising that they would again meet on Saturday morning to further go into things.

William Sherman gave a very enlightening interview to The Albertan last night. He said: "I have nothing to say."

R. M. Young, commissioner and official spokesman for the operators, also gave an interview equally as enlightening. He said: "I have nothing to say."

What has happened with regard to the new contract so far in the conference is not known, officially; what is likely to happen can be merely conjectured.

Unofficially, though nevertheless reliable, it is known that very little was accomplished. Practically nothing has been accomplished. The adjustments of inequalities has taken a lot of time, in discussion, which has not been the means of bringing miners and operators any closer together; the matter of the length of contract has been rather lightly touched on, and the operators have been trying to sidetrack the main issue of the proposals of the miners, that of the reduction of \$1.15 a day.

The miners on their side, have merely been "stalling," trying to draw the operators out to where they will admit that they are agreeable to continue the present wage, if all the adjustments are dropped.

Labor Council Is Against Oleo

Opposed to Any Change in Laws Banning the Product After March 31st

Saskatoon, Sask.—The Trades and Labor Council of this city endorsed a resolution of the Saskatchewan Home-makers' Clubs who have gone on record "as being opposed to any change in the present laws and regulations of Canada prohibiting the importation, manufacture or sale of oleomargarine in the Dominion after March 31, 1924."

The delegates carried on a long and vigorous discussion before the final decision was reached. A copy of the resolution will be forwarded to the Minister of Agriculture.

Views Varied

Horace Nixon went into a lengthy description of oleomargarine and pointed out just how inferior the product was to butter. Rev. J. A. Donnell was the chief opposer of the resolution, taking the same stand as he took at the February meeting. Rev. Mr. Donnell thought the fats used in the manufacture of oleomargarine were similar to those used in lard, and were perfectly good fats. Milking conditions on some farms were not of the best, he said. Any and every inference which the trades council would aid in lowering the standard of living of the worker. This inference, he thought, would eventually lower the standard of living. Substitutes for lard were allowed and therefore why not butter?

Gerald Deatly said that the Home-makers were looking at the matter as being interested in the welfare of the people. He said the average worker had not the facilities or, in many cases, the ability to enquire into the value of oleomargarine as a food.

Toronto.—In a statement issued by David Dickson, business agent of the Amalgamated Society of Carpenters and Joiners, denies contemplated affiliation of that body with the United Brotherhood, a resolution having been passed by the Canadian executive board to the effect that it would be folly to have anything to do with the U. B. but that efforts will be made to build up the Canadian organization.

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