



**RULES FOR Making Cod Liver Oil For the Guidance of manufacturers**

- 1st. The manager in charge of factory must see that the livers are fresh; that all brown or poor livers are thrown out; that there is no gall bladder attached to any livers.
- 2nd. The good livers must then be washed in a tub of clean fresh water.
- 3rd. The pan in which the livers are boiled must be perfectly clean inside, before any livers are placed in it.
- 4th. Before you start to boil any livers, you must have sufficient steam.
- 5th. Turn on the steam, and use as much as you need to have the quantity of livers you have in your pan. Boil until the white scum floats off (which will take about thirty minutes.) Don't forget to stir the livers, and see that those in the bottom and those around the sides are brought into direct contact with the steam all the time.
- 6th. Turn the steam off, and allow all to settle, not exceeding five minutes, according to capacity of liver boiler.
- 7th. Then you dip all the oil you can get, which is the finest white oil. Put this oil in a cooling tank made of galvanized iron, and let the oil remain there till next morning. Don't forget to put a straining cloth over the cooling tank before you put any oil in, so that it will catch any bits of blubber; allow to remain 12 or 14 hours or longer if possible, then dip from cooling tank and strain through double calico bag, inside bag to be one inch smaller all around; then strain into a tin shute under the bags, the cask to be at the end of the shute with a funnel, to lead oil into casks, which funnel to be covered with cheese cloth.
- 8th. When you have dipped the finest oil from the top of the liver boiler pan, take all the blubber from the pan while it is warm. The oil from this blubber is not fit for medicinal purposes.
- 9th. Then clean your liver pan with warm water and washing powder. Make it bright and clean for the next boiling.
- 10th. Every bag, cloth, tank, funnel and pan, must be washed only with warm water, soap and water. Soda must not be used. The best results for medical oil can only be obtained by the use of tin barrels. Wooden packages generally make the oil dark, and destroy its fine flavor. Keep all oil in barrels in a cool place, and covered from the sun.

DEPARTMENT OF MARINE AND FISHERIES  
St. John's.

**REGULATIONS For Salting Scotch Pack Herring**

One barrel salt to five and a half barrels herring—Large Fulls  
One barrel salt to six barrels herring—Medium Fulls.  
One barrel salt to six and a half barrels herring—Matt Fulls.  
This amount of salt is for dredging and laying on rows only. It does not take into account that put on the herring before gibbing. All salt falling off herring in rousing tubs is put on rows as you pack unless very dirty or scaly; in that case, you have to make good the same amount, or otherwise you could not have any fixed rule on salt.

Matt Fulls	10 1/2 inches long	Milt or roe
Medium Fulls	11 1/2 inches long	Milt or roe
Large Fulls	12 1/2 inches long and upwards	Milt or roe
Medium Filling	11 1/2 inches long and upward	
Large Filling	12 1/2 inches long and upwards	

Filling Fish may be branded as Scotch Cure without the Crown Brand  
No drowned, stale, or scaleless herring can be used as Scotch Pack, nor herring in half frozen state.

The root cause of light salting is to come as near as possible to the pleasing of the palate of the consumer; and if we bear in mind that over three-fourths of all Scotch-Pack Herring are consumed as a tonic before the mid-day meal, just as they come out of the barrel, without any fire cooking, we can see the reason at a glance for the right salting. The herring is dressed by the head and the tail being cut off, the main bone taken out. It is then cut into squares of about two inch, and is served with vinegar and other condiments. This gives power to the stomach to digest the following meal and keeps the consumer in the best of health.

People with bad stomachs please note that the art of cooking and eating right is just as essential as the art of curing; and based on the best medical directions, and with the chemical analysis of the constituent parts of herring as a food ever kept before the consumer, we need not be surprised that the people who eat most herring are the most healthy and efficient.

DEPARTMENT OF MARINE AND FISHERIES  
St. John's.

**For Sale**

House of Land in Bay Roberts; also Dwelling House in Conarty Road, to be removed from land; Moving Picture Machine, Gas Light and Billiard; Assorted Water Plant, suitable for an output; one Slough. For particulars apply at this office.

**F. GORDON BRADLEY, LL.B.**  
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P. O. BOX 1270.

**FAREWELL TO PASTOR AND WIFE**

A Farewell Supper was held in the Orange Hall at Lewisporte on June 17th, to bid good-bye to the Pastor and his wife and family, Rev. W. Edgar and Mrs. Mercer. After the sumptuous supper to which all the neighbourhood and the officers and crew of the S.S. Clyde were invited, the following addresses were presented. In all Mrs. and Mrs. Mercer received \$95.00 cash and valuable and useful articles amounting to about \$70.

**ADDRESS.**  
Mrs. W. E. Mercer,  
President W. M. S. and Willing Workers.  
Dear Mrs. Mercer: It affords us much pleasure as members of the W. M. S. Auxiliary and Willing Workers to present to you this purse, in recognition of your services and as a token of our great respect and high esteem for you.

During your six years stay among us our President you have greatly endeared yourself to us all, and your words of inspiration and encouragement have helped us much and will never be forgotten. Your influence among us has ever been on the side of truth and righteousness.

We have appreciated your energetic and untiring efforts to make our Societies a success, and we know your work has been faithful and cheerfully performed.

We very much regret your departure from us, but pray that your Heavenly Father's richest blessing will follow you as you go to your new field of labour, and that your life may be one of true happiness and long spared to work in the Masters vineyard.

Signed on behalf of the Officers and members of the W. M. S. and Willing Workers:  
Mrs. Willis Woolfrey,  
Mrs. H. T. Moore,  
Secretaries

Rev. W. Edgar Mercer,  
Dear Pastor: We, the members of the Lewisporte Methodist Church, take this opportunity of expressing to you our appreciation for the faithful services you have rendered this place and its people during your six years as minister with us. Your charitable disposition, virtuous life and faithfulness in the discharge of duties have won for you our feeling of deepest affection.

A good proof of your efficiency is in the satisfactory way that you performed your duty, by not giving offence to any.

Six years ago you entered upon your work here with conditions unfavourable in many ways, facing a debt of about \$1400 on the Church and other Church property not in the best condition, and the burning of the mortgage is a noted incident in our church history. Indeed, Sir, you have proven to be both an Ezra and a Nehemiah in laying four plans very carefully, as did they, in the construction of the Temple and the worship thereof.

You first found out the needs, next called your boards together, laying before them your plans, thus firing them with zeal, so that they and the people had a mind to work. We were then a Mission paying about \$300 ministerial support, we are now a Circuit paying \$1500. Credit to whom credit is due and we attribute our success to your wise leadership.

The greatest of all, you have been very faithful and fervent in your pulpit, prayer-meetings and Young People's Societies where you have given very helpful instructions. Under your ministry we have drunk deeply of the truths of God's Word, and we are able to say that Christ and Christianity have a deeper meaning for us, and we pray that your influence may ever abide.

We also appreciate very highly the co-operation of your good wife in all Church work. She too has been a blessing and a help to us.

We assure you at this time, you and your family are taking to your new field of labour our prayers and best wishes. Your parting from us is as the breaking of a cord that binds.

Please accept this purse of gold as a parting token of our appreciation and kindness, for your services rendered.

Signed on behalf of the Congregation,

**E. RIDEOUT,  
R. W. MANUEL,  
URIAH FREAKER,  
A. T. WOOLFREY,**  
Rec. Steward.

**FREE FOR ONE YEAR.**  
We will send *The Guardian* FREE for one year to any person who will send us \$ new (not renewal) subscriptions.

**THE ART OF LIFE.**

Married people must look forward to the close of one stage of life, and prepare for the other. This can only be done by self-denial, by the resolute endeavor on both sides to maintain a community of existence. The marriage where each becomes by degrees necessary to the completeness of the other's life, and that happiness will grow more and more if each grows side by side with the other.

It is so with the family. Parents must not take for granted that their sons and daughters will love them simply on the strength of the natural bond. They have to win the affection of their children. If they do not, they will find that the children will have thoughts and ways of their own into which the parents are not permitted to enter. The same is true about brothers and sisters. Every one must have observed in large families apparently happy together that each lived his own life, that they knew very little of one another. To those who do not know how much strength and joy can be gained by the perfect mingling of interests between father, mother, sons, and daughters, this will appear an unspeakable loss; but many are apparently satisfied to share the shelter of the same roof, and have very little else in common, and yet be contented enough. There are many wives who know nothing of what their husbands are doing, and care nothing as to what their wives are doing, and yet they would be the first to say that their marriages are happy. They are happy after a fashion, but not after the true fashion.—W. Robertson Nicoll.

**TOUCH OF THE MASTER.**

A stranger visited, one day, the Cathedral at Fribourg, listened for a while to the great organ, and then went up into the organ loft, and asked if he might be permitted to play. The old organist, jealous for his loved instrument refused, but was at last persuaded to allow the stranger to take his seat at what was claimed to be at that time the greatest organ in Europe. As the stranger played, the old organist stood by in growing ecstasy and amazement; there were chords and tones and harmonies, a majesty and beauty of music coming from his instrument such as he had never heard, though he had known it and loved it all his life. And when the music ceased he laid a trembling hand on the stranger's arm, and in a voice trembling with emotion asked "Who are you? What is your name?" "Mendelssohn," said the stranger. "Mendelssohn!" cried the old man, "and can it be that I so nearly refused to let Mendelssohn touch my organ?"

**WHY WE NEED RUBBER.**

Rubber is a peculiar substance, nothing else being like it, and it serves purposes that no other material will serve.

It is one of the important materials that in time must meet a demand greater than can be supplied. Dr. W. C. Geer estimates that by 1928 the world's requirement of crude rubber will be between 480,000 and 550,000 tons. At present the material is employed for 30,000 varieties of articles, and the requirement in the motor industry alone amounts to 300,000 tons yearly.

The world's motor-cars and lorries on January 1, 1923, numbered 14,507,000. Computing five tires to a car, the number of tires in actual use must be about 72,500,000, and the yearly replacement to keep up the supply may be conservatively taken at 48 millions.

The finding of a material to serve in the place of rubber is still a problem of the future. Synthetic rubber, which Germany has ample opportunity to develop, is pronounced by Dr. Geer a dismal failure, and substitutes—even reclaimed rubber—have been scarcely more successful.

**THE LAUGH LINE**

A big burly man called at the rectory, and when the door was opened asked to see the rector's wife, a woman well-known for her charitable impulses.

"Madam," he addressed her in a broken voice, "I wish to draw your attention to the terrible light of the poor family in this district. The father is dead, the mother is too ill to work, and the nine children are starving. They are about to be turned into the cold, cold streets unless some one pays their arrears in rent, which amounts to fifty dollars."

"How terrible!" exclaimed the lady. "May I ask you are?"

The sympathetic visitor applied his handkerchief to his eyes. "I'm the landlord," he sobbed.

Betty Brown, the prettiest girl in the village, was blest with a father who snubbed all the young men who came to see her. One evening a handsome young man named Samuel Green called. After the trio had sat together in silence for some time, the young man ventured to remark: "It looks as though it might rain, sir."

"It's not going to rain," was Father Brown's gruff reply. For nearly half an hour there was complete silence. Finally the old man's curiosity got the better of him.

"Who are you?" he growled. "Samuel Green," was the response. "What? Not old Tom Green's son?" "Yes, sir."

"Well, then," exclaimed the father, thawing, "it may rain, it may rain."

**"OUT OF DOORS"**

To run in the wind, to crunch the snow  
To know where the first wild flowers grow;

To feel things growing in the spring,  
To hear a tiny song bird sing;

To smell the sweetness of new-mown hay;  
To hear what the brooklets have to say;

To scuffle the dry leaves in the fall;  
To feel the furze in a chestnut ball;

To see the sunset across the lake;  
To hear the cry that the weird loons make;

To see the lacy trees undressed;  
To find a hidden bluebird's nest;

For these, O God, I make my prayer,  
These glorious joys of the open air.

**Marked-Down Goods**

MEN'S SUITS clearing at \$10.00 per suit.  
Also PANTS and OVERALLS at our usual Low prices. New stock just in.

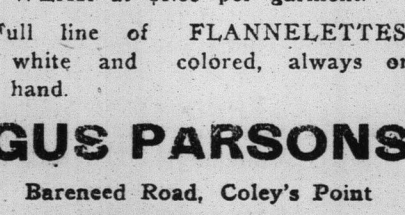
MEN'S NAVY SWEATERS, extra good value at \$3.50.  
BOYS' SWEATERS, from \$1.00 to \$2.00.

LADIES' SWEATERS, to clear at COST PRICE.  
COTTON BLANKETS, large size, \$2.75 per pair.

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Full line of FLANNELETTES, white and colored, always on hand.

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The Newfoundland revenue benefits largely when you patronize the Postal Telegraphs. Its whole staff (clerical and operators) from Superintendent to Messengers are sworn to secrecy.

Cable business handed to the Postal ensures quick service via New York or Cape to Brazil, Bahia, Pernambuco, Bahamas, Barbadoes and Bermuda. Our connections are as follows:—

Oct. 1923