

*The Practical Part of Christian Philosophy.*

1. WITH regard to Myself, may I, for the future, practise the great virtue of Temperance, and preserve my body chaste; as the temple of the Holy Ghost. May I discipline my Passions and regulate my Affections aright, that so I may never be subjected to inordinate desires and violent commotions of Soul; but pass my time in Tranquillity, Sobriety, Frugality and Industry.

BUT may I always remember that my care is to reach beyond my body to my better part. Hence, may I strive, above all things, to improve the divine faculties of Reason and Understanding; employing them, according to Thy design, as the means of searching and knowing the truth, and conducting myself towards my true happiness. And whatever acquisitions of knowledge I may through Thy aid attain, may I never be puffed up; but refer all to Thee, and in all my researches be self-diffident, from a sense of the extreme scantiness of the highest human Attainments.

YET, O my God! while in the pursuit of true knowledge, I abstain from sinful pride, on the one hand; may I also, on the other, abstain from a narrow despondent undervaluing of those powers which thou hast given me, even in their present impaired