

## IN RELIGION

the truth is interpreted by the automatic receptors of the senses and by the memory images of these receptors. The instincts register in emotions which are rigidly produced by this subconscious mind in accord with its perceptions. For instance, the subconscious registers aversion to a certain person—a parent, perhaps—and the reaction of hate results without any regard to your intellectual belief that it is wicked to hate. The more blank of hate you make your intellect by repressing the emotion the more necessity you will have of handling a hate—a 'grouch'—of unknown origin. The less conscious you are of the true origin of this hate the more liable you are to vent it on innocent persons. An instinctive emotion, once formed, must have an outlet and will get it. In losing the ability to regulate conduct in accord with emotion, you have lost control of life. Conduct can always be regulated in accord with convention, if you know what force you are trying to regulate. But when you attempt to regulate conduct by regulating thought you only change the direction of conduct without improving the conduct in the least."

This is the failure of much of our modern religion; it attempts to regulate conduct by regulating instinctive thought. Such thought