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that statement-I atement, not yours nest, dishonorable I ever heard of." upon an elaborate governmen d the money asked The estimates, he padded to create and to justify a

"Let George he works his

SEES IT

DEAR ANNIE LAURIE: I am engaged to a girl of 22. She lives in a town, and I live far away on a ranch. She loves me dearly, and I love her, but her parents ob-fect to our engagement. What would you advise? you advise? If she loves me as she says, do

IN MATRIMONY

By LEONA DALRYMPLE Author of the new novel, "Diane of the Green Van," awarded a prize of \$10,000 by Ida M. Tarbell and S. S. McClure as judges.

Facing the Facts.

the Facts. J OAN and I walked on to the wharf to meet Hugh and Mary. And we were all constrain-ed. I remember searching M a r y's face with a wild teeling of relief at my beart. Sub-con-"Tm very tired. Peter," she said, her lips pale, "tireder than I ever felt before "Why?" "Tdon't know." She moved across to the window and stood staring out at the sea. "Do you usually cry." I asked. "when you're tired?" Mary wheeled. "No, certainly not. Why?" "Because," I said, "you've been cry-ing tonight." Mary looked frightened.

receiving of relief at Mary looked frightened. Mary looked frightened. "I-why, Peter," she said, "how fool-ish. I-I haven't!"

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ADVICE TO GIRLS

T B. ANNIE LAUDIE

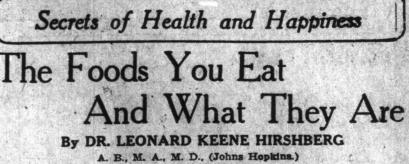
H, my dear, little girl, if I could give you a sure recipe for holding that elusive thing-a man's fancy -I would be endowed with the wisdor

of Solomon. Why, of course, if the man loves you, and is a nice chap, and you love him, tell him so. Why not, in the name of common sense? Any man who has to be held by pre-tending that you don't care for him or by any other pretence isn't worth the



DAILY MAGAZINE PAGE FOR EVERYBODY

T other times of the year there may be nothing worthy witnesses have been heard to say that they disturbingly angelic about her. But during saw wings SPROUTING. Probably wings would be A disturbingly angelic about her. But during saw while of a some persons of just the right. Lent there is always the chance that when quite becoming to some persons of just the right.



HE wisest way to supply our bodies wi ment would be to go to market and buy pure protein, fat, starch and sugar, and then mix them in correct quantities. But this is not done because the the result would be a mixture devoid of taste and be nauseating. Our digestive machinery needs those food elements which grow naturally in plants and animals. The most valuable parts of any food are protein, fat,



sugar and starch. Sugar and starch may be bought, even in war time, for about 6 cents a pound, and fat for about 12 cents a pound. The cheapest protein costs about 30 cents a pound. The extra price for a food is for its taste

and appearance and not for its-flesh-forming or fuel DR. HIRSHBER value. Grains have the greatest victualary value of all the foods, and they cost the least. They can also be eaten day after day without palling on

fastidious or capricious tastes. The foods in grocery stores and butcher shops may be divided into about 10 groups, namely, cereals, beans, pota-toes, garden vegetables, fruits, meats, fish, shellfish, eggs and milk.

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ax the stomach

Answers to Health Questions Potatoes are about four-fifths water,

one-sixtieth protein and one-seventh starch. They contain almost no fat at all, but if cooked with meat, as in a me a remedy for dandruff?



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