

tobacco. Specifically, you may bring in up to 40 ounces (1.14 litres) of liquor or wine, or a case of 24 bottles/cans of beer, each containing 12 ounces. You may also bring in 50 cigars, one carton of cigarettes or 200 grams of tobacco. Provincial age restrictions apply to liquor and tobacco products.

Certain other goods are subject to restrictions. Contact Canada Customs in advance for guidance on importing meat or dairy products, weapons, plants, vehicles, or exotic animals or products made from their skins, feathers or bones. Obscene materials, hate propaganda, and goods harmful to the environment may not be brought into Canada.

If you have lived outside Canada for more than a year, you may take advantage of special import provisions for household items and personal belongings when you move back to Canada. Details are found in the Revenue Canada publication *Moving Back to Canada*.

Specific questions concerning imports should be discussed with the local Canada Customs offices. These can be contacted 24 hours a day throughout the year from inside Canada at 1-800-461-9999. From outside Canada call (613) 993-0534.

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### **If you have been ill**

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If you were ill while abroad or become ill after returning home, you should contact your doctor and provide the details of where you travelled and what treatment you received while away, if any.