

Are You Fortified?



Your health
is a citadel.
The winter's
storms are

the coming enemy. You know that this enemy will sit down for five long months outside this citadel, and do its best to break in and destroy. Is this citadel garrisoned and provisioned? The garrison is your constitution. Is it vigorous or depleted? How long can it fight without help? Have you made provision for the garrison by furnishing a supply of **SCOTT'S EMULSION** of pure Norwegian Cod Liver Oil and Hypophosphites of Lime and Soda? It restores the flagging energies, increases the resisting powers against disease; *cures Consumption, Scrofula, General Debility, and all Anæmic and Wasting Diseases (especially in Children)*, keeps coughs and colds out, and so enables the constitution to hold the fort of health. **Palatable as Milk.**

SPECIAL.—Scott's Emulsion is non-secret, and is prescribed by the Medical Profession all over the world, because its ingredients are scientifically combined in such a manner as to greatly increase their remedial value.

CAUTION.—Scott's Emulsion is put up in salmon-colored wrappers. Be sure and get the genuine. Prepared only by Scott & Bowne, Manufacturing Chemists, New York and Belleville. All Druggists.

Don't fail to read our Census Competition on another page.

The LADIES' JOURNAL Bible Competition on another page is well worth perusal.

Don't believe you can get rid of wrinkles by filling in the crevices with powder. Instead give your face a Russian bath every night—that is, to bathe it with water so hot that you wonder how you can stand it, and then, a minute after, with cold water that will make it glow with warmth; dry it with a soft towel and go to bed, and you ought to sleep like a baby while your skin is growing firmer and coming from out of the wrinkles, and you are resting.

As our bodies are formed of clay, so are even our virtues made up of meanness and vice. Add vain glory to avarice, and it rises to ambition. Lust inspires the lover, and selfish wants the friend.

Voice Culture.—Adams' Tutti Frutti Gum improves the voice. Used by the leading singers and actors. Sold by all druggists and confectioners. 5 cents.

Equal Rights.

All have equal rights in life and liberty and the pursuit of happiness, but many are handicapped in the race by dyspepsia, biliousness, lack of energy, nervous debility, weakness, constipation, etc., by completely removing these complaints Burdock Blood Bitters confers untold benefits on all sufferers.

The color line—dealing in paints and dyes.

Miss Mary Campbell, Elm, writes: "After taking four bottles of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, I feel as if I were a new person. I had been troubled with Dyspepsia for a number of years, and tried many remedies, but of no avail, until I used this celebrated Dyspeptic Cure." For all Impurities of the Blood, Sick Headache, Liver and Kidney Complaints, Costiveness, etc., it is the best medicine known.

Ran away with a coachman—the horses.

O. Bortle, of Manchester, Ontario Co., N. Y. writes:—"I obtained immediate relief from the use of Dr. Thomas' Electric Oil. I have had Asthma for eleven years. Have been obliged to sit up all night for ten or twelve nights in succession. I can now sleep soundly all night on a feather bed, which I had not been able to do previously using the Oil.

The lady Godiva must have had exceptionally long hair since it completely concealed her lovely person. Since Ayer's Hair Vigor came into use such examples are not so rare as formerly. It not only promotes the growth of the hair, but gives it a rich, silken texture.

"The harp that once through Tara's Halls." But was it only once? I have heard it a hundred times; heard it when it seemed that the harpist was going to Tara's Harp all in pieces.

Imperial Federation

Will present an opportunity to extend the fame of Dr. Fowler's Extract of Wild Strawberry the unfailing remedy for cholera, cholera morbus, colic, cramps, diarrhoea, dysentery, and all summer complaints, to every part of the Empire. Wild Strawberry never fails.

A Hebrew antiquarian asserts that Christ opner Columbus was a Jew. But he paid his way across the Atlantic—that is to say, he didn't have a pass-over.

A STINGING SENSATION IN THROAT AND PALATE called heartburn, and oppression at the pit of the stomach after eating, are both the offspring of dyspepsia. Alkaline salts like carbonate of soda may relieve but cannot remove the cause. A lasting remedy is to be found in Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure. Those associate organs the liver and bowels, benefit in common with their ally, the stomach, by the use of this benign and blood-purifying remedy.

Some one has sent us an essay on the Effects of Electricity on Milk. It is the effects of water on milk that the public is mostly interested in.

Mrs. A. Nelson, Brantford, writes: "I was a sufferer from Chronic Dyspepsia for eleven years. Always after eating, an intense burning sensation in the stomach, at times very distressing, caused a drooping and languid feeling, which would last for several hours after eating. I was recommended by Mr. Popplewell, Chemist, of our city, to try Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, and I am thankful to say that I have not been better for years; that burning sensation and languid feeling has all gone, and food does not lie heavy on my stomach. Others of my family have used it with best results.

DON'T DESPAIR OF RELIEF, if troubled with Chronic Dyspepsia or Constipation. These ailments, as well as Biliousness, Kidney infirmities, and feminine troubles, are eradicated by Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, an alternative of long tried and clearly proven efficacy. It is a fine blood depurant as well as corrective, and contains no ingredients which are not of the highest standard of purity.

Men of great strength have always been the subject of jeers from feeble men. Goliath didn't escape—even David had his sling at him.

Thos. Sabin, of Eglington, says: "I have removed ten corns from my feet with Holloway's Corn Cure." Reader, go thou and do likewise.

There is a town in Washington where a stranger would have difficulty in finding a wife. The girls are all Spokane for.

CATARRH AND ASTHMA were not so readily controlled and cured before T. A. SLOCUM'S OXYGENIZED EMULSION OF PURE COD LIVER OIL came into the market. Every druggist is pleased to handle it for they all know its value. For tightness of the chest and difficult breathing it has no equal.

"That is a little out of my line," as the hangman said when he was shown the apparatus for execution by electricity.

The People's Mistake.

People make a sad mistake often with serious results when they neglect a constipated condition of the bowels. Knowing that Burdock Blood Bitters is an effectual cure at any stage of constipation, does not warrant us in neglecting to use it at the right time. Use it now.

Some of the loudest advocates of protection for home industry are never engaged in any industry at home.

Recommended to Sufferers.

Gibbons' Toothache Gum. Price 15 cents. Cripples arrested for begging often make lame excuses.

A short road to health was opened to those suffering from chronic coughs, asthma, bronchitis, catarrh, lumbago, tumors, rheumatism, excoriated nipples or inflamed breast, and kidney complaints, by the introduction of the inexpensive and effective remedy, Dr. Thomas' Electric Oil.

DR. FOWLER'S
•EXT. OF•
•WILD•
STRAWBERRY
CURES
HOLERA
cholera morbus
COLIC and
CRAMPS
DIARRHOEA
DYSENTERY

AND ALL SUMMER COMPLAINTS
AND FLUXES OF THE BOWELS
IT IS SAFE AND RELIABLE FOR
CHILDREN OR ADULTS.



FOR THE
Handkerchief,
THE
Toilet
AND
The Bath.

Beware of Counterfeits.

MURRAY & LANMAN'S
Florida Water.
The Universal Perfume.