

effect such sanitary changes, as would be most conducive to the best interests of the general public.

Gentlemen of the Canada Medical Association,—We have assembled here for very important purposes, the eyes of the community at large are upon us, watching, cheering and guiding us along, in the performance of duty. At best we have only a few short years before us, and in the multiplicity and diversity of work, a single life can accomplish but little. Let that little be well done, keeping steadily before us the remarkable and striking aphorism of Hippocrates, which has been paraphrased by one of our greatest lyrics :—

“ Art is long and time is fleeting ;  
And our hearts, though stout and brave,  
Still like muffled drums are beating  
Funeral marches to the grave.”

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A general view of Hygiene and what its study really includes. An address delivered before the Canadian Medical Association at its Annual Meeting, August 6th and 7th, 1873. By L. B. BOTSFORD, M. D., St. John, N. B.

*Mr. President and Gentlemen :—*

The mind of man is so limited in its working that when earnestly engaged in the investigation of a subject it is almost certain to lose sight of the due proportion of things, so that one object shall loom up in large dimensions and assume an importance not justified by a broad view of our relations to the whole kingdom of nature and thought.

Hygiene forms no exception to this, though its importance can scarcely be over-rated if we accept its definition to be “*The application of all the elements which conduce to the health and amelioration of society.*” This de-