ever，the lessons are most important and much needed today．

Topical Analysis．－（1）The evil of an unbridled tongue， 1．10．（2）The spirit will be manifested by the life，11－17．

On the first topic we may show how terrible may be，and have been，the utterance of angry，passionate or untruthful words．The history of the world is full of instances of what ＂words，idle words，＂have done；families have been es－ tranged，ciaurches broken up，disorder brought into com． munities，civil and foreign wars provoked by the tongue． Moses，meek man as he was，lost the earthly Canaan through his tongue．Some harsh words cost King Rehoboam the fairest half of his kingdom，and it was the blasphemous utterances of the officers of the King of Assyria that brought down the wind of death，sweeping away his mighty army as s）much chaff．It is a fire，fire burns，ioflicts pain and suffering；so does ezil strating，the utterance of shander， falsehood and detraction．Fire destroys，and what can cause more moral ruin than the tongue；an inuendo，an insioua． tion，a false suggestion respecting another，will destroy his character sometimes irretrievably；let it be whispered that such and such an active Christian worker is not what he should bs in his family or his business，and hints that if something were told all his influence for good would be destroyed．Fire spreads．Nothing is so infectious as evil talk，passio：invokes passion－slander，too frequently， grows in the mind of the man who hears it，and the next utterance of it is magnified and intensified．Show your scholars that an evil tongue has all the evils without any $o^{\prime}$ the blessings of fire．，Very earnestly impress upon them to ＂cease fiom aeger，＂to bridle the tongue by God＇s grace ； not to be easily provoked by the utterances of others，and to turn a deaf ear to all siander and falshoot．

On the second topic，emphasize the illustration of the Apostle，as to the impossibility of evil utterances com－ ing forth from a good heart ；that Christ can be the foun－ tain of life in the soul，and yet all that comes forth in the life be opposed to the sweetness of His gospel．Bring out the fact that the first and constant effort of＂the wisdom that is from above，＂or true religion，is to show in the life all the Christ－like qualities of ver．17．Dwell on these，and ask your scholars to lay these as a measuring rod against their own lives，so that they may prove themselves to see what ranner of spirit they are of，and tell them of the transforming power of the love of Jesus，that took a blas． pheming，persecuting Saul，and changed him into an apostle and a martyr for the truth．

Truths and Teachings．－We are responsible for the right use of the tongue．
Be humble，meek，and wait God＇s leading to go forward
The tongue has power for good or evil．
He who gives way to an evil tongue will find his whole lif：affected by it．

The heart cannot be right with God，when the tongue is evil to man．

There is wisdom from above；God＇s love sown in a pure heart，and the fruit is peace．

Main Lesson．－There are Laws for the Tongue． （1）．A law of meckness，ver．13－Matt． $5: 44 ; 1$ Cor． $4: 12$ ； 1 S＇t 2：23．（2）．A law of purity，ver．17－Phil．1：27． （3）．Alaw of sincerity，ver．17－Psalms $34: 13$ ；Eph．4：23； Eph． $4: 29$（4）．A law of loze，ver．17－Ece．10：12；Epn． 4：15．（5）．A law of spiritiaiaty，ver．15－l＇，3．71：24； 77：12；145：5；巨ph． $4: 29$ ；Col． 4 ：6．

## Lieshon IV．


Golden Texx．－＂Humble yourselves in the sight of the Lord and He shall liff you up．＂－James 3： 10 ．
Trim and Wmize．－As in last two lessons．

Notes and Comments．－Ver．7．－．＂Submit－there－ fore：＂this implies something that has gone before，and the preceding two verses will tell us to what is the reference； speaking of humility，the apostle says，that he＂resisteth the proud but giveth grace unto the humble；＂for that reason，that wo may receive grace，wo are＂therefore＂to ＂submit ：＂and the injunction aiter explaining the nature of true humility，concludes in Ver．10：＂Resist the devil ：＂ just as you submit to God；the latter implies the former． The devil is proud，and often tempts by pride；resist，by refusing to yield to his temptations，and he＂will flee，＂or ＂shall flee，＂for it is a promise rather than a statement．

Ver．8．＂Draw nigh－He will draw nigh：＂this follows resisting the devil．How drawnigh？in prayer，in the ordm－ ance of God＇s house，in conscious love and sympathy；live as in His presence ：then，will you realize more sensibly that presence，and have the consciousness of His loving care．Glad teaching this．＂Cleanse－hands，purify－ hearts：＂hands are the instruments of action，and are polluted by evil doing ；see the solemn rebuke in Isa． $1: 15$ ， opposed to 1 Tim．e ：s；with cloan hands we may resist the dovil，with pure hearts may draw nigh to God．

Vor．9．The double－minded are still addressed，and are taught that God will lead them to this purity through aflliction，and mourning，and tears；such affiction is blessed．＂Laughter：＂the apostle is speaking of those who professed Christ，and yet lived lives of careless luxury and mirth，＂beaviness：＂it．a casting down of the eres，a hanging of the head．See Isa．js：i；Micalı ti：\％；Iuke 13： 13.

Vैer．10．＂Humble yourselves：＂take your appropriate place in the sight of God，do this，and＂He will lift you up，＂will raiso you from the depths，place you at His side， and call you $⿴ 囗 ⿱ 一 一 廾 彡$ child．The parables of the Prodigal Son，and of the Pharisee and the Publican in one verse．

Ver．11．Another warning against an unbridled tongue． ＂Speak not：＂Rer．，＂against another：＂so in next sen－ tence：＂He that speaketh against a brother speaketh against the law ；＂it will be ersily seen that this change brings out the thonght more clearly：it is，that he who speaks evil of another，by that very act speaks evil of the law of love，of Christian liberty，violates the teachings of the great Lavr－giver．Matt．7：1－5，he that dots this is＂not a doer of the lam，but a judge＂（last mention of the law in N．＇I．）．Those who are the readiest to condemn others are often the least carefui to keep Christ＇s law in the spirit of the Master．

Ver 12．＂Is one，＂or，as Rev．，＂One only is the Law－ giver and Judge，even He who，＂etc．；the Lord Jesus．He who gave the law can alone judge transgressors against it ； to Hm alone belongs the right and power＂to save and to destroy；＂＂who art thou？＂weak and sinful thyself． There are three things man must not judge：（fod＇s coun－ sels，God＇s word，and men＇s hearts．

Ver．13，14．＂Go to now ：＂a strong expressive phrase to arrest attention．＂Into such a city：＂the mode of do－ ing trade in the East largely to this day；not remaining in one place as the Westerns；one says＂to－day，＂another ＂to morrow，＂as if they had a free choice，and the decision oniy rested with themselves．＂A year，＂lit．one year；they would go on to arrange for other years as well．＂Know not what on the morrow：＂their own wise King had old them the same truth bundreds of years before．Prov． 2 ＂：1．＂A vapour：＂Rev．，＂yo are a vapour ：＂lit．，a puff of vapour， and as yourselves，so all your purposes and plans：they thus appear with the rising sun，and leave no trace bohind． So Shakespeare＇s famous lines：
＂The cloud－capped towers，the gorgeous palaces，
The Solemn tomples，the great globe itself．
Yea，all that it inherit，shall dissolve， ［vision， Fade quite away；and，like the useless fabric of a Leave not a rack behind．＂

