

She gives them their own way, and in return they give her loyalty and love. They are not fortifications held by the strong hand, against a turbulent and rebellious population, ready to take advantage of any moment of weakness to throw off the yoke and take part with England's enemies; but the Islanders are ready now, as they have often before proved their readiness, to spill their blood like water rather than forfeit their connection with Great Britain. Were all the British Colonies like the Channel Islands, how mighty and impregnable would Old England be.

The market place of St. Heliers is worthy of admiration. It occupies two large squares—one portion being devoted to the sale of vegetables, meat, fruit, &c., and the other fitted up with marble slabs for the sale of fish. With this latter article of food, however, Jersey is poorly supplied. Occasionally there is somewhat of a glut, but in general it is very scarce and very expensive. The reason of this is said to be that the regular fishermen who make fishing their occupation, are not sufficient to supply one tenth of the wants of the community. In general, therefore, the market is ill supplied, while the sudden gluts are occasioned by the inhabitants residing on the coast, now and then, when their farms do not require attention, taking to their boats and becoming *pro tempore* fishermen. The fish commonly sold are soles, whiting, plaice, mullet, bass and bream, with conger eels, sand eels and skates. Shell-fish are plentiful in the season. The most peculiar of these is the aumer, a univalve, of the shape and about twice the size of the human ear. The shell is pierced with about a dozen holes near the margin through which the animal protrudes at pleasure slender filaments or feelers. The interior of the shell is splendidly iridescent, being lined as it is with mother of pearl. The fish, of which the natives are very fond, is prepared for the table by being thoroughly cleansed from sand, beaten well with a roller and cooked as a veal cutlet. Then let them eat it who choose! I should much prefer being beaten with the roller myself, external violence being always less damaging than commotions and treasons within.

The meat, fruit and vegetable market, are well supplied. The building itself is of light and neat architecture. A square space, paved with pebbles, is left open in the centre; a handsome iron railing shuts it off from the street; while round the other three sides of it are arranged stalls and tables, at which are vended poultry, fruit, and vegetables; over these stalls projects a light roof, supported by iron pillars. On one of these sides again, behind the stalls, are the butchers' shops, where every kind of meat may be had. English beef, French mutton, and home bred pork, in which the Jerseyites excel. Enormous quantities of this pork, both in its native state, and in the shape of sausages, are displayed for sale. A long hall runs behind the butchers' shops, principally devoted to this article, and during Christmas week there was a great show of grunTERS, decorated with ribbons and otherwise adorned. Vegetables are very plenty and very cheap. The fruit was beginning to fail when we arrived, but