A CHAPTER OF ADVICE

—

TO YOUNG, OLD

AND

Middle-Aged Men.

—

How Youthful Dissipations Make Drafts Upon Old Age--The Language of the Passions.

—

"The good I do hath oft been evil spoken of by fools."

"A man without wisdom lives in a fool's paradise."

"Though I look old, yet am I strong and lusty, for in my youth I never did apply hot and rebellious liquors in my blood; nor did not with unbashful forehead woo the means of weakness and debility; therefore my age is as a lusty winter—frosty but kindly."—Shakespeare.

"Old age has the foundation of its joy or its sorrow laid in youth. Every deed, right or wrong, that transpires in youth reaches toward and has a relation to all the after-part of a man's life. A man's life is like the separate parts of a plant which unfold out of itself, every part bearing relation to all that antecede. That which one does in youth is the root, and all the afterparts, middle age and old age, are the branches and the fruits, whose character the root will determine. His body is placed in a world adapted to nourish and protect it. There are elements of evil in it if a man pleases to find them out. A man can wear his body out as quickly as he pleases, destroy it if he will.

"Every immoderate draft which is made by the appetites and passions is so much sent forward to be cashed in old age. You may sin at one end, but God takes it off at the other. Every man has stored up for him some 80 years; if he knows how to keep them, and those 80 years, like a bank of deposit, are full of treasures; but youth, through ignorance or through immoderate passions, is wont continually to draw cheques on old age. Men do not suppose that they are doing it, though told that the wicked shall not live out half their days. Men are accustomed to look upon the excesses of youth as something that belongs to that time.

"I do not object to any amount of gayety or vivacity that lies within the bounds of reason or health, but I do reject and abhor, as worthy to be stigmatized as dishonorable and unmanly, every such course in youth as takes away strength, vigor and purity from old age. Every man that transcends nature's laws in youth is taking beforehand those treasures that are stored up for his old age: he is taking the food that should have been his sustenance in old age, and exhausting it in riotous living in his youth.

"I do object to a man's making an animal of himself by living for the gratification of his own animal passions.

"Men have an impression that youth is very much like wine, crude and insipid until it has fermented, and thrown down the lees, and the scum has been drawn off, the great body between is sound and wholesome and beautiful. I am not one who thinks so. I think that youth is the plant life, and that every wart or excrescence is so much enfeblement to its fruit-bearing power. I do not believe that any man is the better for having learned the whole career of drunkenness and lust or the dallyings of indulgences that belong to a morbid life. A young man that has gone through these things may be saved at last. He has gone through an experience but for which his manhood would have been both stronger and nobler. Excess in youth, in regard to animal indulgence, is bankruptcy in old age.

"The appetites of youth, which either in social or in solitary life drain down the vitality and impair the constitution, are so many insidious assaults on old age. I would that the young knew how clearly these things are written. God's handwriting is very plain and very legible to those who have eyes to see. There is not an intelligent physician that does not read as he walks through the streets the secret history of the lives of those whom he meets, and that, too, without following them in their midnight career. I care not to have men come to me and state their secret courses; I can read it in the skin and in the eye.

The Language of the Passions.

"There is not one single appetite or passion that has not its natural language and sweep, undue indulgence of that appetite or passion leaves that natural language, more or less, stamped upon the skin, upon the features, upon the expression of the face or the carriage of the body.

"There is always some token that tells what men are doing if they are doing anything to excess.

"Men think that if they commit their wickedness in secret places or in the night it is not known. It is known, although no man may ever say to them: 'Thou art guilty.'

"The use of stimulants in youth is another detraction from happiness in old age. Men usually take what they least need. In other words, we follow our strongest faculties and not our weakest ones, and, therefore, if men are excessively nervous they almost invariably seek to make themselves more so.

"I rejoice to say that I was brought up from my youth to abstain from tobacco. In rare cases, where there is already some unhealthy or morbid tendency in the system, it is possible that it may be used with some benefit, but ordinarily it is unhealthy.

"I believe that the day will come when a young man will be proud of not being addicted to the use of stimulants of any kind.

"I believe that the day will come when not to drink, when not to use tobacco, not to waste one's strength in the *secret indulgence of passion*, but to be true to one's nature, true to God's law to be sound, robust, cheerful and to be conscious that these elements of health and strength are derived from the reverend obedience of the commandments of God will be a matter of ambition and endeavor among men.

Bigotry with spiteful aim
Doth sometimes try to smite the sage's eye,
And steal behind the steps of truth,
To cast a slur on sacred pages.
I wage my battle with a purpose keen,
Nor fear the hand nor tooth of jealousy.
—Lubon.

"If all the noble blood of Rome were but infused in some men's hearts, e'en then it would not make a wise man of a fool."—Lubon.

Man Creates His Own Diseases.

In a general sense, disease is the legitimate and necessary results of the violations of the laws of our physical being—the conditions of health. It is reasonable to infer that there is no pain, sickness, and but few deaths which do not result from infringement of these laws—health being in a certain sense natural, and disease accidental, inflicted in the line of penalty. We may conclude that the great and good Father is best pleased with His children when they regard all of His laws, including, most certainly, the laws of the body, established for the regulation of that body, by a proper observation of which a natural condition of good health can be secured—our health being as certainly under our control, and to as great an extent as any branch of our business or employment, or our education—while disobedience, and consequent physical suffering and disease, not only are not in accordance with His pleasure and design, but such violations of His laws will constitute sin as certainly as a violation of a moral law, both having the same divine origin.

The true condition of the advanced man is that in which his whole being is harmoniously developed, the body so cared for and fed that it will have some of the vigor and endurance of its original state, as he came from the hand of the Creator, when, as one of the best thinkers of the age in which he lived, Horace Mann, said of man before he fell, physically, by gross violations of organic laws, "He was so perfect in his bodily organs, so defiant of cold and heat, or drought and humidity, so surcharged with vital force, that it took more than two thousand years of the combined abominations of appetite and ignorance; it took successive ages of outrageous excess and debauchery to drain off his electric energies and make him even accessible to disease; then it took ages more to breed all of these vile distempers which now nestle, like vermin, in every fibre of the body!" Although sufferings, tortures and disease follow in the direct line of penalty for disobedience, a disregard of necessary laws of our being, these penalties are administered in mercy, what we call disease being, generally, only efforts of nature to avert the worst results of our wrong-doings, and to improve the general condition of the system.

If our Heavenly Father punishes us for our physical sins, our reckless disregard of the physical laws which He instituted for the protection of our health and the promotion of our physical welfare He supplemented such penalties with reconstructive instrumentalities, recuperative measures, conducive to our real good. If we suffer, it is because we are wrong; we outrage our physical being. It would be blasphemous to charge the good Father with creating idiots, monsters, the physically dwarfed and diseased, surcharged with the overflowing rottenness of licentiousness, the gangrenous and the deformed, the blind and the halt, the thousands of the victims of degraded and vicious parents, in whom the foul emanations, in the form of malignant diseases, are constantly outcropping from week to week, rendering mortal life but a series of fearful plagues and epidemics, the diseased bodies scarcely being capable of containing the constant stream of foulness which naturally the world; it is common alike to rich and poor, to the young as well as those of RIPER YEARS. It is in vain that mock modesty attempts to throw a veil over THAT PRACTICE, which is the most dangerous because hidden in SECRECY, because medical men have not the courage to utter its very name. Thus is humanity betrayed, and thus are the health and happiness of thousands sacrificed to a FALSE DELICACY. The whole of this page would not suffice to tell the sad tale of sufferings entailed by this solitary vice. The following extracts will show the opinion of high authorities on this subject:

There is a vast deal of injury done to individual health by the abuses and excesses of the PRODUCTIVE FUNCTIONS. The primitive fathers and physicians have duly noticed the evils to which I allude. It is all very well for SENTIMENTALISTS and the MOCK MODEST TO DECLAIM AGAINST A NOTICE OF THEM, but justice, morality and the preservation of health, as well as the perpetuation of the human race, DEMAND IT. There are ignorant, intolerant bigots and fools who are unable to appreciate the importance of the subject. TISOT observes that THIS HABIT causes a decay of all the intellectual faculties; loss of memory; continual anguish; the bodily powers decay and the poor victim becomes afflicted with melancholy. Those who have given away to this deluding HABIT, STOP, before the whole frame is destroyed: it soon brings on all the infirmities of the most languishing OLD AGE and renders its victims indifferent to the amusements and duties of life. This habit deadens all the life and spirit of youth; its votary becomes like a faded rose; a tree blasted in its opening bloom; a wandering skeleton, nothing remaining but debility, LIVID PALENESS, a withered body and a mind overwhelmed with wretchedness. Nature becomes exhausted; it is the wreck of youth and hope and life, together landed in one awful destruction. Let not PRUDERY turn aside at these details, for it is often the GOOD and INNOCENT who fall victims to these miseries. I have had access to various hospitals in FRANCE, where I have seen poor humanity in some of its most revolting forms. I could not behold without shuddering, on passing through the "Lazarus" ward of the great hospitals at Vienna and Paris, the utter wreck of folly's THOUGHTLESS victims. Let all young men avoid this vice of which I write as they would shun a nest of hornets. The effects of this habit are often imperfectly or unnoticed BY THE PATIENT, and that for a considerable length of time, although its premonitory symptoms may often be seen by others for many months. In most cases the patients are PALE OF COMPLEXION, SLIGHTLY EMACIATED, SOMETIMES HAGGARD and SICKLY IN APPEARANCE. Their manners are shy and nervous, and they often have an air of timidity. They are at once restless and listless, and do not exhibit that interest in life which characterizes those not laboring under disease. They also complain of LOSS OF MEMORY. This HABIT is one of the most powerful causes of nervous and muscular debility. Among its final effects are found—LASSITUDE, WEAKNESS, AVERSION TO TAKE EXERCISE, DIMINUTION OF SIGHT, IMPOTENCY, BARRENNESS, PALPITATION OF THE HEART, HYSTERIC feelings in females, trembling, melancholy, etc. The stomach is disordered and its muscular action is destryed; disturbing dreams prevent sleep; the whole body is enfeebled, particularstanding the many valuable remedies that medical science has produced for the relief of this class of patients no treatment has as yet met with the extraordinary success of THE LUBON SPECIFIC MEDICINES. Out of thousands of cases treated by the Specific fully 80 per cent. have been cured.

M. V. LUBON'S

Marvels of Healing and Kohinoor of Medicines Known as

SPECIFICS NO. S, A, B, C AND D

The Great Health Renewers.

M. V. LUBON'S Specific Medicines will cure the debilitating effects of youthful excesses, overwork, confinement, worry, care, sedentary habits, excitement, etc. The above are more common causes of Sexual and Generative Diseases than is generally supposed, because the system is so run down that there is very little stamina or vit ality to rely upon. If this weakness is allowed to go unchecked the mind will become diseased, the eyesight will be impaired, and the vital forces consumed—thereby causing partial or complete Impotency. Impotence is most common in men past middle age. It may come on as the second or third stage of spermatorrhœa, or it may develop slowly or suddenly without any symptoms of Spermatorrhœa. It may be accompanied by various nervous and exhausting symptoms, or these may be wholly absent. If vital fluid is being lost and the impotence is due to the weakness thus caused, nervous exhaustion is sure to come sooner or later. Young men who have endangered their future healthy offices, lack of exercise and the like ruin their previously good constitutions; or those who, through youthful abuses committed in ignorance or later excesses from unbridled passions, will find in No. 8 a true friend.

Fac's for Men Who are Weak, Nervous and Debilitated.

Atrophical Consumption or General Debility

Is the result of defective nutrition, arising from depression of the nervous and muscular powers, but in the majority of cases it arises from self-abuse or the ERRORS of youth. The habit to which I allude is termed self-abuse; and why it is not more noticed by physicians as a powerful cause of bodily decay is a matter of much astonishment. It is far more common than some imagine. It is not confined to the youth of one sex only. It is not confined to the great and affluent of

eliminated from the system. The great object is to strengthen the nerve and muscular systems and to CHANGE the morbid fluid, by which means alone can the nervous irritability be subdued. All those then who in ADVANCED LIFE feel the consequences of YOUTHFUL excesses, or YOUTHS who are suffering under a numerous TRAIN OF EVILS produced from the baneful habit already noticed, must have recourse to M. V. Lubon's SPECIFIC, which will completely remove all the symptoms attending these complaints. Through the action of this SPECIFIC MEDICINE the nerves and muscles will regain their healthful tone. Under all circumstances patients must totally abandon every destructive habit, also stimulating drinks and everything which tends to debilitate the body. In long standing cases the patient can only expect a cure by due regularity in taking LUBON'S SPECIFIC. By its use all the nervous sensations will gradually go off, and those who have GROWN OLD BEFORE THEIR TIME will be restored to second youth. When the eyesight has been weak, limbs feeble, memory impaired, and even the mind decayed with the body, a course of this medicine HAS RENEWED THE WHOLE CONSTITUTION.

M. V. Lubon's Specific

Adapted for the cure of that class of disorders attendant upon the low state of the system, such as "SEMINAL WEAKNESS" produced by youthful excesses. It is a fact that no law of nature can be abused without entailing a fearful penalty. A man who has been indiscreet in early years or a victim to youthful follies after a time finds that he is timid, nervous and forgetful. He loses confidence in himself, has emissions and bad dreams, pains in the head, jumps and starts in his sleep, blood rushes to the head, spots fly before his eyes, the face has a white pasty look, dark circles under the eyes, etc. Hundreds of men whose health is not good, who have a constant tired feeling, but do NOT IMAGINE they have seminal weakness, would be surprised if they put some of their morning urine in a clear glass to see in a few days a WHITE DEPOSIT showing they are losing semen daily.

IMPOTENCY usually manifests itself in the following symptoms: Loss of sexual desire or power, natural desire but not sufficient power, wasting of the organs, fetid perspiration, itching and peculiar sensations of the scrotum, etc. No man who is affected with any form of sexual disease should even think of marriage until every trace of his weakness has disappeared. There are very few cases of seminal weakness or impotency but what may be easily cured by my Specific.

M. V. LUBON'S Specific is an honest medicine and will remove those morbid desires which if not cured will surely lead you to ruin. If you have given up the habit, but STILL FEEL THE EFFECTS OF THE VICE, this grand remedy will soon restore you to MANLY VIGOR. It will restore the organs to their natural condition and also give health and strength to the whole body. As you value health try it. It will put you from a state of physical and mental degradation to the happiness and joy of robust and vigorous manhood. If you are a great number of times a day, for ordinary cases of nervousness, weakening of the vital powers with nightly emissions, etc.

If the bowels are constipated Specific No. 9 should be used in connection with Specific No. 8. The body should be also bathed not less than once a week with the sea salt. The bowels should move regularly once in twenty-four hours. FOR PRICES OF THE DIFFERENT GRADES of No. 8 send for price list. Length of time required to effect a cure from *Three to five months.*

Special Notice.

M. V. LUBON'S Specific Medicines, known as No. 8, are prepared in four different strengths and three different forms, No. 8 A; No. 8 B; No. 8 C and No. 8 D. These medicines may be had in the form of liquids, pills or powders. For prices of the different grades of Specific No. 8, send for price list. The medicines are to be had only from

THE M. V. LUBON MEDICINE CO.,
24 Macdonell-Ave., Toronto, Canada.

THEY ARE NOT SOLD BY DRUGGISTS.

All Medicine sent by MAIL OR EXPRESS, sealed and secured from observation. To be had only from M. V. LUBON, Toronto Canada.

For prices of Specific No. 8, Grades A, B, C and D, send for Price List.

Special Notice.

It is the fate of a good medicine to be counterfeited and have spurious imitations which are palmed off by deceit upon the public. Avoid them as you would a poison.

The medicines advertised in this paper are TO BE HAD ONLY from M. V. Lubon, Toronto, Canada.

I will pay TWO HUNDRED DOLLARS REWARD for the arrest and conviction of any person or persons who are manufacturing or offering for sale any spurious articles, calling the same Lubon's SPECIFIC MEDICINES.

M. V. LUBON.

NOTE.—If you do not wish people in your Postoffice to know to whom you are writing, you can address REGISTERED LETTERS or make money orders payable to F. W. COULSON, 24 Macdonell-ave., Toronto, Ont.

M. V. LUBON'S

ELASTIC ECLECTIC

Scrotal Suspensory Supporter

To be worn by those who are afflicted with enlarged veins of the testicles, swollen testicles caused by blows, falls, strains, early excesses, hard riding, mumps, etc. Can be worn with comfort and will cure Varicocele when used in connection with No. 8 D. Price of Supporter and Belt $5.

Varicocele.

Varicocele is a varicose dilation or knotting of the veins in the scrotum and spermatic cord. It is more often observed on the left side than the right. It has the appearance of a soft, doughy, unequal knotted comfortable swelling, increasing from below upwards. It is more noticeable when the sufferer is standing than when lying down.

The patient should wear an ordinary suspensory bandage. Specific No. 8 D should also be used. A few weeks' treatment never fails to cure.

Price of Eclectic Suspensory Bandage and Belt, $5.

P. S.—Medicine sent SEALED AND SECURE FROM OBSERVATION.

The Majority of Men Can Wear a Suspensory Bandage With Benefit.

It will relieve a great many symptoms which, though not constituting disease, will cause a great deal of discomfort, such as pain in the back and hips, a dragging feeling and pain in spermatic cord, feeling of weight in lower part of the bowels, etc.

Wearing a Suspensory will, in a large measure, prevent the development of Varicocele or Hydrocele. Those subject to Varicocele or Hydrocele are men in whom the scrotum is relaxed either from an inherited tendency, from long sickness, from continued straining, worms at the anus, nervous emotion, such as dizziness, etc., impaired memory, palpitation of the heart, weak stomach, want of power. D to cure. Aversion to society, lack of energy, confidence, bad eyesight, melancholy and strange thoughts, enlarged veins. Use D to cure. Loss of voice.

Lubon's Specific Medicines

—KNOWN AS—

No. S, A, B, C and D,

Are a Nerve Food, composed of all those potent drugs which the experience of ages has proved most effectual in correcting disorders of the mind and body, checking nervous degeneration and rebuilding constitutions broken down or enfeebled by disease or improper living. With these are associated pure vegetable tonics, which render the whole very palatable and easy to take.

The present generation of civilized nations is wrecking not only its own health, but that of succeeding generations, by forgetting that Nervous Exhaustion invariably brings on all forms of disease, contagious or otherwise. Intelligent people now realize that the vast majority of diseases begin in the Nervous System. Professional and business men, society women and those burdened with household cares, harassed and worried sooner or later, break down. Their physicians call it General Debility, Heart Disease, Kidney Complaint, Dyspepsia, Neuralgia and a thousand other names; the secret of the whole list of ailments may be found in the Nervous system; constant and undue strain causes loss of Nerve Power; Muscular Relaxation and Weakness follow.

A Vigorous Nervous System is the only Protection against Disease; that it is a real protection the history of the age, the testimony of every physician at the bedside, conclusively prove. This protection can be surely afforded by the free use of LUBON'S MEDICINES. The appetite quickly responds; the tired, worn-out organs show new life; the circulation of the blood is quickened; digestion becomes easy and painless; the spirits buoyant; all tell of a new and perfect condition; bringing health, strength and happines.

This vitalizing food brings renewed power and courage; and is a salvation to those whose nervous and physical systems have been over-taxed and debilitated by excesses and indiscretions, or from too persistent mental application or unusual physical strain.

Young men, middle-aged men and all married men should use them freely. They are for both sexes, and act through the stomach, liver, blood and kidneys, insuring to ladies using them a perfect developed form, sparkling eyes and a beautiful complexion.

Men who are suffering from the effects of constitutional syphilis, whether secondary or tertiary, can be cured and every trace of the syphilitic virus wiped out of the system forever by M. V. Lubon's Specific.

To be had only from M. V. Lubon, 24 Macdonell-avenue, Toronto, Ontario. This medicine is *not to be had* from druggists.

M. V. Lubon's Specific No. 18 for the cure of delicate diseases of a private nature, such as gonorrhœa, gleet, etc. Pleasant to taste and safe to use. Guaranteed not to cause stricture. Price by mail, sealed, Ten Dollars.

Address M. V. Lubon, 24 Macdonell-avenue, Toronto, Canada.

Care of The Health.

Health is wealth indeed, and people are beginning to realize that fact more than ever they did. Given the *sanum corpus*, the sound body, and the *sana mens* is pretty sure to follow. And when one has a thoroughly sound mind in a perfectly healthy body his purse may be light, but his real wealth is not exchangeable at par with the dollars of a millionaire who finds both day and night, it may be, one long martyrdom due to ill-health. Money is good, health is good. Fortunate indeed is the man who has both, only the fools would choose wealth in preference to health.

This having been granted then, that health is a most desirable possession, and that great care should be taken to retain and perfect it, or regain it if it has been lost or impaired, this also requires to be attended to, that we do not fret ourselves too much about our health. Some people, who are in tolerably good health keep themselves and other people miserable by the anxious solicitude about it, which is their normal state. This, of course, is folly. Absolutely perfect health is not to be looked for in this imperfect world. When all is said and done, and we get right down to bed rock on this subject, just about all that has been said and written on the preservation of the health resolves itself into enlargements of those three first principles, viz., cleanliness, exercise and suitable food. Aim at these, use common sense, your own experience and the experience of other judicious people to guide you, and your health will be just about all right unless you are constitutionally very far astray. And first of all, cleanliness. So much importance do we attach to this that we are almost tempted to say that the first rule for preserving health is cleanliness, and the second is cleanliness, and the third is cleanliness. Why, just think for a moment, what an amount of ground this rule covers. Not physical cleanliness only, but mental cleanliness, moral cleanliness and spiritual cleanliness. Since the whole nature of a man or woman is perfectly clean, body, mind and soul free from stain, pure, sweet, cleanly in every sense, what more, think you, could be wanted for health? That would be health itself, ideal health or wholeness.

And therefore, to persons who are in earnest about their health, we say, be cleanly in all your works and ways. Cleanliness is indeed a very near neighbor to godliness.

KEEP YOUR PERSONS CLEAN.—Your bodies, not only what is seen but what is kept concealed from the public eye. Bathe frequently. Keep yourself sweet. Your face and hands and feet, your hair, your teeth, your nose, your ears.

KEEP YOUR MINDS CLEAN.—The mind has a wonderful effect on the body, as the body has on the mind. They act and react on one another. Keep away from unclean minded people. They poison your atmosphere. They are walking pestilences. They will injuriously affect your health if you have anything to do with them. Give them a wide berth.

Do the same with unclean books and literature of all sorts that is dirty. There is plenty of it. Don't touch it. It will be harmful to your health. You can't touch pitch without being defiled. And whatever debases the mind and soul so far debases the body. We might enlarge still further on this subject, but what would be the use? Intelligent readers can do their own enlarging.

My Specific Remedy

Is the result of years of patient study and profound observations of the cause and nature of Nervous Debility in general. It is perfectly safe, never weakens the patient never obliges a person to neglect their business; it exercises the most healthful influence upon every nerve, muscle and blood vessel, on the brain, the spinal cord, glands and lymphatics; every portion of the body pertaining to the sexual organs is awakened into new life and vigor, thereby soon regaining their natural healthy condition. In fact, it acts with the most potent and remedial effect upon every filament, tissue and nerve that united form the body, allaying all irritation, eradicating every morbific agent, every poison, invigorating the debilitated organs, enriching the impoverished fluids, building up the flagging nervous energies, imparting vigor to body and mind, and bringing every healthy faculty into play.

My Specific Remedy

Cures the weakness and relaxation and removes the granular, irritable condition of the seminal vessels; under its use the tissues of the ducts and vesicles, which are often in a granular, injected or puffy state, empty themselves, contract and become healthy, the morbid irritability is removed, and by its anodyne, healing and tonic influence the spermatic ducts are closed and the seminal losses, whether nocturnal or diurnal, speedily arrested and the parts restored to a natural, healthy condition. There is no other remedy known capable of arresting these involuntary emissions, and of relieving that condition of the urethra attended by a constant weeping, like the white of an egg. This unnatural drain, the ruin of so many otherwise fine constitutions, is generally arrested the first week or two the remedy is used. Its good effects are thus felt at once and all suspense and anxiety as to the result speedily banished. A complete and permanent cure is rapidly effected.

To those who have debilitated themselves by that fearful practice, self-pollution, the signs of which are very evident by the sunken eye, the sallow color of the face, attenuated form, aversion to the society of women, but above all the haggard look which the consciousness of impotency stamps on the countenance. (Impotentency, the curse of mankind, which has caused more to commit suicide and rush unbidden into the presence of their Maker than all the other misfortunes of life.) To these I recommend my Remedy. By its use the sparkling eye and bloom of health will again adorn and bedight you, and the noble works of a Great Master again with tenacity will cling to life, and, in his proper sphere, become the natural concomitant to mutual enjoyment; for when life is divested of these pleasures days are looked forward to as years, and years as to eternities.

My Specific

Is not a patent medicine, and I shall never patent it. If anyone can make a remedy which will excel it in curing Nervous Debility, no jealousy of mine shall stand in their way, and as we are growing more enlightened the older the world grows, it would be strange if a new discovery was not made in this direction; but I challenge the world to produce a medicine or a physician that has cured as many cases in twenty years as has Lubon's Specific.

Let No One Despond.

Because after having been treated by many who failed to cure you, you have become discouraged. This is the very time you should make one more trial.

Many write me that they have tried different physicians and invested in various kinds of medicines and having received no relief are discouraged, and have made up their minds to doctor no more. Is this right? I know that the whole country is cursed with quacks and unprincipled men, claiming to be physicians, who know no more of medicine than they do of English grammar; who seek only to fill their pockets, regardless of all other considerations. But I cannot be responsible for their evil doings; I can only be responsible for my own actions.

In view of the deplorable effects of Seminal Weakness, etc., every person who has ever practised the vice or who is subject to involuntary emissions should take a course of treatment to remove the effects from the system, however mild the case may be, whether conscious of any bad effects or not, to prevent future trouble, which is liable to occur years afterwards unless this precaution is taken, for the damnable effects of this vile habit hang to its victim like an accursed mantle and his life, unless counteracted, paralyzing every energy and blighting every hope.

The component parts of Lubon's Specific medicine are entirely a product of the vegetable world. They are moreover innocent, as all medicines as well as food should be, harmless towards nature but powerful in opposing disease; restoring health by changing a diseased action to a healthy one; leaving the constitution free, healthy and vigorous. If a sufficient quantity of the Remedy is used and allowed to be taken up by the system, my experience teaches me the disease must yield and the patient be restored to health. And let me say here to all erring ones, do not keep your secret to yourself until it has sapped the fountain of your life and left you a wreck of humanity: a curse to yourself and a burden to society; but if entangled in the snare of pollution or any secret disease or trouble flee at once from its destructive influences, use the Specific Remedy and be restored to health and vigor.

Nothing cheap or impure has been tolerated in its composition. It can be relied on. What may seem almost incredible is the astonishing rapidity with which it cures cases hitherto considered incurable.

Every sufferer should understand that these diseases should meet with prompt and energetic medical treatment, as, if allowed through neglect to become deep seated and chronic, the result is that a much longer and more expensive course of treatment is necessary. Secure a remedy that has stood the test in thousands of cases. Lose no time, because each day's delay but increases the difficulty and renders the cure more protracted.

Why Do I Advertise?

To make my remedies known, and because it is a common privilege and legitimate. If you have a good remedy, let the people know it. A merchant will display his best goods in his shop window, to let people know their value. DOCTORS SAY THEY DO NOT BELIEVE IN ADVERTISING, but they drive fast horses, employ two or three footmen, drive about furiously and say THEY DO NOT ADVERTISE. They proclaim all advertised remedies NOSTRUMS, and their owners QUACK. There are various MODES of advertising. I try to be candid with the people and therefore I advertise in the papers—elsewhere and everywhere. Why should a man not publish facts? I advertise because it pays ME and I also pay the PRINTER. I advertise, and by so doing have built up a good paying business. My remedies are known all over America. If you want proof of the value of these remedies CALL AT MY OFFICE and I will show you many testimonials received from those who claim that my advertisements were the means of saving their LIVES. I have also a faith that I sell many of my remedies under a GUARANTEE TO CURE. No cure, no pay, which has an honest sound, I think, and made to the afflicted in good faith. If you are sick read this carefully, order the proper medicine, use the same as directed and the chances are that you will not only be cured, but be converted to the fact that adver tising pays the PEOPLE, the PRINTER and the man that does the advertising. Respectfully,

M. V. LUBON.

Allow me in closing to kindly request every unfortunate sufferer to give the Remedy a trial, being well satisfied that if they do so they will be more than pleased with the result, and will in all human probability be restored to perfect health. No matter how many other medicines you may have tried, no matter how dark and discouraging your case may seem, it is your duty to yourself, your family, your friends and your God to hope on, hope ever, and use the means so kindly provided for your restoration.

CONCLUSION.

I shall not attempt the reprehensible methods of the QUACK to wheedle or frighten either old or young into giving my Specific Treatment a trial. If common sense does not lead you to try it, I am perfectly willing that it should not be tried.

To the young and middle-aged alike these medicines offer an escape from the effects of early vice, and even to those advancing in years, WHOSE POWER is failing, whatever the cause, they offer full VIGOR and STRENGTH. You will find my Specific a pleasant helper that will aid you to stop, before you have by sin and passion swept away forever all hope.

P.S.—All letters containing money must be REGISTERED and your NAME and POST-OFFICE address PLAINLY WRITTEN. I have much trouble sometimes in making out names and addresses. The safest way to send money is by POSTOFFICE ORDER or EXPRESS.

Address all communications to

M. V. LUBON,

24 Macdonell-Avenue,

Toronto, Canada.

Send your Address and 10c in Stamps for Lubon's Book on Diseases of Man. Mention THE TORONTO WORLD.

MANY MEN

From the effects of youthful imprudence, have brought about a state of weakness that has reduced the general system so much as to induce almost every other disease, AND THE REAL CAUSE OF THE TROUBLE scarcely ever being suspected, they are doctored for everything but the RIGHT ONE. Notwithstanding the many valuable remedies that medical science has produced for the relief of this class of patients no treatment has as yet met with the extraordinary success of THE LUBON SPECIFIC MEDICINES. Out of thousands of cases treated by the Specific fully 80 per cent. have been cured.

M. V. LUBON'S

Marvels of Healing and Kohinoor of Medicines Known as

SPECIFICS NO. S, A, B, C AND D

The Great Health Renewers.

M. V. LUBON'S Specific Medicines will cure the debilitating effects of youthful excesses, overwork, confinement, worry, care, sedentary habits, excitement, etc. The above are more common causes of Sexual and Generative Diseases than is generally supposed, because the system is so run down that there is very little stamina or vit ality to rely upon. If this weakness is allowed to go unchecked the mind will become diseased, the eyesight will be impaired, and the vital forces consumed—thereby causing partial or complete Impotency. Impotence is most common in men past middle age. It may come on as the second or third stage of spermatorrhœa, or it may develop slowly or suddenly without any symptoms of Spermatorrhœa. It may be accompanied by various nervous and exhausting symptoms, or these may be wholly absent. If vital fluid is being lost and the impotence is due to the weakness thus caused, nervous exhaustion is sure to come sooner or later. Young men who have endangered their future healthy offices, lack of exercise and the like ruin their previously good constitutions; or those who, through youthful abuses committed in ignorance or later excesses from unbridled passions, will find in No. 8 a true friend.

Fac's for Men Who are Weak, Nervous and Debilitated.

Atrophical Consumption or General Debility

Is the result of defective nutrition, arising from depression of the nervous and muscular powers, but in the majority of cases it arises from self-abuse or the ERRORS of youth. The habit to which I allude is termed self-abuse; and why it is not more noticed by physicians as a powerful cause of bodily decay is a matter of much astonishment. It is far more common than some imagine. It is not confined to the youth of one sex only. It is not confined to the great and affluent of

First Stage.

The brain and nervous system begin to feel the effect. Memory and application, good judgment, decision of character and clear-sightedness are not what they were. Headaches are common, bashfulness and trepidation, especially in the presence of ladies, is the rule. The perineal column, groins and testicles ache and ill at ease. Sleep is sometimes poor, being disturbed by horrid dreams. Drowsiness and a tired, languid feeling in the morning and a disinclination to rise and go to work, are certain signs of approaching nervous exhaustion. The eyes are dull and heavy. The pupils are unequal; often large, sometimes one large, one small. The hands tremble and perspire easily. The person is absent-minded, melancholy and fears the jests and ridicule of his associates. The skin, especially of the face, becomes coarse and red, and covered with blotches and pimples. Twitching of the muscles of the eyelids and face is generally present accompanied by creeping sensations up the spine, flushing of the face, slight chills, dizziness and black spots before the eyes on stooping, and occasionally there are neuralgic pains about the heart. If unchecked, the above-named symptoms rapidly merge into those of the

Second Stage.

Here all the symptoms of the first stage are usually present but intensified. Weakness is more pronounced and the nervous prostration more decided. There are flushings succeeded by chillness, tendency to doze or sleep, mental dullness, failing memory, lack of power of application, lassitude or confusion of ideas, restlessness, headaches, pimples on face, itching and peculiar sensations, torpid liver, failing sight, pains in the head, chest and limbs, dizziness on stooping, specks before the eyes, melancholy, dissinesses increase the numbness of extremities (precursors of paralysis), twitching of muscles, ending sometimes in epilepsy or St. Vitus dance, troubled breathing, timidity, indecision, loss of will power, aversion to business, buzzing of the ears with coldness of hands and feet, palpitation of the heart, despondency, fear of impending danger, tenderness of spine, dryness of skin, nervous trembling, noises in the the kidneys, headache, pimples on the face or body, itching or peculiar sensation about the scrotum, thighs, legs, anus, etc., wasting of the organs, stringiness and softening, etc., etc., sluggish wounds, pains in the back (front, top and back), dizziness on stooping over or kneeling, specks before the eyes, erotic dreams, melancholy (developing sometimes into insanity), numbness of arms hands, feet or legs; twitching of the muscles of the eyelids and elsewhere, timidity, deposits in the urine, troubled breathing, loss of will power, bashfulness, burning of the face, palpitation of the heart, early loss, fear of impending danger or misfortune, tenderness of the scalp and spine, sudden sweating, sudden nervous trembling, weight on the brain, weak and flabby muscles, desire to sleep late in the mornings, failure to be rested by sleep, weakness and torpor the day after a nightly emission has occurred, the oozing of a thick white fluid from the urethra when constipated or straining at stool, is almost always the result of abuse or excess, and unless cured, almost invariably results in complete or partial impotency, and frequently in insanity and death. The loss often occurs during the sleep or at the stool, and even from the slightest cause. Sometimes the escape is imperceptible. Indigestion, innutrition, emaciation, shortness of breath, palpitation, nervous debility, want of energy, vertigo, want of purpose, dimness of sight, dullness of hearing, aversion to society, blushing, want of confidence, avoidance of conversation, desire for solitude, listlessness, and inability to fix the attention on a particular subject, cowardice, depression of spirits, giddiness, excitability of temper, moroseness, etc., all are symptoms of this exhaustion. Subsequently the yellow skin reveals the bones, the sunken eyes are surrounded by a leaden circle, the vivacious imagination becomes dull, the active mind grows insipid—in short the spring or vital force, having lost its tension, every function wanes in consequence.

No. 8 acts upon the brain, mind, blood and the nervous system. Men, young or old, who have let business cares and worries, mental trouble, overwork and constant brain wear and tear, confinement or long hours in unhealthy offices, lack of exercise and the like ruin their previously good constitutions; or those who, through youthful abuses committed in ignorance or later excesses from unbridled passions, will find in No. 8 a true friend.

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