Heart Trouble

Mattresses. High-grade-Hygienic.

Do you care what's inside your mattress? Would you knowingly buy a mattress filled with the cheapest of flock and excelsior improperly cleaned? In our store no such mattresses find room, nothing but first-class fillings, thoroughly cleaned and carefully sterilized by cold air processes are used in our mattresses.

We have all sizes and grades of mattresses in stock right now, all thoroughly hygienic, and recommended to give good wear and solid bed-time

U. S. Picture & Portrait Co., St. John's..

Praise for Captain and Crew of Portia.

Dear Sir .- Permit me through the columns of your paper to extend to the Captain, Officers and crew of the S.S. which they acted during the trying time when that good ship was stranded at the entrance to St. Jacques from Saturday to Monday last.

The ship went ashore there during the night and in the midst of one of the worst storms of wind and snow that has been known here for several years. Lighthouses were of no avail in such weather conditions, but it is quite possible that had a fog alarm been on St. Jacques Island the ship could have safely made port. This is a condition that we hope the Government will seek to remedy as soon as

During the time the ship was on the rocks the Captain was untiring in his efforts to save the ship, and yet considerate of the interest and welfare of the owners of freight on board. Though some advocated the hasty discharge of cargo by throwing it overboard, thus causing heavy losses to the respective owners, the Captain wisely secured assistance and landed the major portion of the freight with comparatively little damage.

There was no confusion, but everything was done withh a coolness and regularity that reflects the greatest credit on the Captain and whole ship's company aforementioned.

Words fail to express the deep gratitude that is felt here towards the gallant Captain, who for forty-eight

CRASH!!

the lenses are smashed beyond all use. Consternation comes over you as the result of this

for you need your glasses to work

for you need your glasses to work in comfort. But the accident need not worry you as much as you imagine, for our Optical Repair Dept. is at your disposal, with a reputation for quick work and prompt service. If it's at all possible, we give you back your glasses, with lenses replaced and ready for wear again, in a couple of hours. Isn't service such as this worth something to you?

T. J. DULEY & CO.,

The Reliable Jewellers and

m.w.f.tf

Competition in Steamship Service. abstain from advocating their cause.

ditional competition in the passenger and traffic service the coming season. The Canada Steamship Line has is) who use the cause of female sufarranged for a steam service between Montreal and Newfoundland the coming summer, also a first class pas senger and freight service between Boston and St. John's. They will put on the steamers Manda and Kamarino, two first class boats well equip ped for this service. They will run ten-day service and will make pecial effort to cater to tourists This is the company that has been running the steamer Manola between St. John, N.B., and St. John's, Nfld. all the past winter with fortnightly trips.-North Sydney Herald.

Smallpox in Sydney.

ey, says the North Sydney Herald nder quarantine, in which some twenty or more people are housed who are down with the dreaded disease. Fortunately there is not a single case of the disease in North Sydney where, in the words of the public health officer, the town was never so free from contagious diseases due in a great measure to the excellent sanitary conditions of the town.

A Valuable Invention.

A naval invention first used during what they cannot obtain by persuasion consecutive hours was untiring in his the war may revolutionize the task of they will take by force. efforts to successfully extricate the the pilot. A cable seventeen miles in In other words, men think that a gale of intense violence that raged in New York on a recent buying trip. ship from her dangerous position, and yet protect the interest of the owners of the ship and cargo.

Yours truly,

The cable seventeen miles in lin other words, men think that female suffrage means the crank's opportunity; the women's vote plus that of the ship and cargo.

Yours truly,

EYE WITNESS.

The cable seventeen miles in lin other words, men think that female suffrage means the crank's opportunity; the women's vote plus that of the male cranks and fanatics will mean national protection of window folk and Northamptonships were described in New York on a recent buying trip.

The cable seventeen miles in lin other words, men think that over the Southern and Midland counties. Very fluch injury was caused in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in the London parks and streets; several fine plantations of trees in Northamptonships were described in fiorts to successfully extricate the interest of the owners of the ship and cargo.

Yours truly,
EYE WITNESS.

Belleoram, Mar. 23, 1921.

Brick's Tasteless is the best preparation known for children who are delicate. Taken in half to one teaspoonful doses it works marvellous results. Try a bottle marvellous results is now laid from Portsmouth of the Marner Light on the Warner L

Woman Suffrage and Prohibition.

(I will have something to say to

'Bethel" to-morrow). They might

even at this late hour, pass a resolu-

tion censuring such men as the edito

of the Greeting (Minister and all as he

frage to help on their own fanatical

projects. Incidentally, such a resolu-

tion would also show that the women

are not led by the nose by the clergy;

silenced, namely, that women are

more priest-ridden, more parson-rid-

rguments for and against female suf-

ome of the stores. The arguments

sex. If a man wrote them, he was

evidently "kidding" the women. Sure-

ly, Mr. Editor, the ladies should know

what most appeals to a man, without

putting up a lot of reasons that only

would if they had the power—and

of the blaming and that it is the mem-

for having pointed out some argu-

ments that appeal more to men than

all the theoretical ones we have to

Yours truly.

Each package of "Diamond Dyes"

contains simple directions to dia-

mond-dye worn, shabby shirts

waists, dresses, coats, gloves, stock

ings, sweaters, draperies, coverings

everything, whether wool, silk, linen,

Plain muffins may be made inter

sting enough to serve with tea if

isins, nuts, or currants are adde

o the flour of the recipe.

WARWICK SMITH.

Your Old Things

their cause will get much support.

March 29, 1921.

Diamond Dye All

ber of that sex who is always blamed.

I feel I should get a vote of thanks

Dear Sir .- I am glad to have afford-Toronto Woman Says All Her ed the leaders of the female suffrage Troubles Have Disappeared fore the public a statement that they Since Taking Tanlac.

Feared She Had

Mrs. O. E. Smith

ed they would be of one mind on any of Tanlac I began to straighten right up, and now I feel just fine."

They have have any anite missed the lieves that the movement, if it did not pressure, but, whatever my trouble have its inception from, at least it was quickened into life by an article trace of any of them. For one thing which appeared in the Methodist I suffered from indigestion something Greeting a few weeks before the awful. After eating the gas petition was circulated asking for undigested food would press up in petition was circulated asking for my chest until it made my hear the franchise. The Greeting demand-flutter frightfully, and at times I am ed that women be given the vote in tually thought it would stop beating order to save the Prohibition Law My head ached terribly at times, an from being modified. It was this I got so dizzy I couldn't stand up, My kidneys also bothered me, and my couraged the legislature to defer ac- legs hurt worst while lying down, tion on the netition for modification of nights I couldn't sleep any to speal Prohibition signed by some fifteen of, so that I always felt tired and thousand voters; it was not the peti-

tioners against modification, whose my digestion is just perfect, and numbers have been kept a great se- never have a headache or dizzy spe cret. The legislature said to them- any more. Even those pains selves, "We will leave this till next disappeared from my back and legs selves, "We will leave this till next and I'm so thankful for my goo session, and when we give the health I just want to praise Tanla

plebiscite to please the wets we will all the time.' Tanlac is sold in St. John's by Connors; in Paradise, by Mrs. F. Byrne: in Upper Gullies, by Hebe I would like to point out to the Andrews; in Portland, by H. ladies a way in which they could dis-Haines; in St. Joseph, Salmonier, buse men's minds of the belief that Mrs. J. Gushue; in Marystown, by prohibition is the main object of their Exploits Valley Royal Stores. Ltd. campaign and female suffrage only a in Flat Islands, by William Samson; in Jamestown, by Christopher Haines, and in Lewisporte by Uriah Freake. ask such extremists as "Bethel" to

Boat Race Incidents.

was an instance of the old saying not proving always true, which is contained in the great author. John Ray's 'Collection of England's Proverbs published in 1670, that "March comes in like a lion, and goes out like lamb." The University Boat Race or and thus another accusation would be ninety-one times, but in 1901 it had been won by Cambridge only twenty den, more preacher-ridden than men nine times. On this occasion Oxford distance; the wind, however, blew rage which are being posted up in rain, when Oxford won by two-fifth s that if a woman wrote them she of a length after an exciting struggle Cambridge having led the way for th north-easterly gale, accompanied by rain and snow, when Oxford on the more sheltered side of the river was the victor; the Cambridge crew did not cease competing until their boat, after taking in more and more water was at last filled. On the 24th severe snowstorms, accompanied by northters as whether a woman should hold easterly gales, and actual blizards in office or make a speech or sit on a some places, had swept over the jury that makes man chary of giving greater part of the United Kingdom women a vote. It is the fear that if women a vote. It is the tear that it women have the vote they will interfere with his creature comforts—as some of them do now and as others coasts, and interrupting telegraphic communications at home and with the Continent But on March 24 1895 greater damage was done on land by B.C. buyer by a large manufacturer

dread of ecclesiastical tyranity, shipment will be on display at feeling of chivalry which would protect women from too close a contact tect women from too close a contact to seventeen years of age. The time and turn round and swim away; with some of the nasty things men of the year is at hand when your boy have sometimes to handle. This prowill soon leave off his overcoat and the young Canadian, but no shark tection, unknown to the woman, is need a good looking suit, and as many touched him. often extended to her in business to-mothers always wait the arrival of day, and when there are exceptions Dubblebilt, you should see this lot everyone knows which sex does most while the choosing is good.

Source of Information.

(From Answers.)

During a court case a solicitor was ceased man who was mentioned. witness replied: "He was a man without blame, beloved and respected by all, pure in all thoughts, and-"

"How did you learn that?" demanded the judge in surprise. "I read it on his tombstone, your onor," was the disconcerting reply.

Household Notes.

If sheets are wrung from the side tead of from the end, the wrinkles along the salvage will be avoided. Rub rusty articles with onion cotton or mixed goods, new, rich, fadeless colors. Buy "Diamond peel and allow juice to remain on for Dyes," no other kind, then perfect | results are garanteed. Druggist has twenty-four hours. Polish with tur-

When you cut down the number of eggs in a cake, add a half teaspoon l of baking powder for each eg

MINARD'S LININERT RELIEVE



Player's Cigarettes are known the

> England's richest and coolest smoke

world over - - -

You just can't beat' em.

Imperial Tobacco Co.

RAINBOW FLOUR is made by a patented process. RAINBOW FLOUR is invariably of uniform qualities. RAINBOW FLOUR costs 50c. more than other flours,

Because its different, its worth the difference.

Really, RAINBOW FLOUR is Sky High Quality.

You can't make bad bread with RAINBOW, you ask anybody.

The Latest Fish Story.

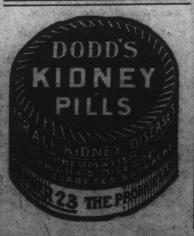
An unique fish story was told a H.

the young Canadian, but no shark

When he returned to the pier, the crowds all pressed round, protesting The Yarmouth against his folly.

"I was never in danger," he said, because I took proper precautions before going in." Immediately everythese satisfactorily, I know where ask him about the character of a de- embroidered on his bathing suit, underneath which were the words "We mouth on February 26, it is not un-

> If you wish your bread to have a soft crust, wrap in a clean cloth as soon as it comes from the oven.



WHAT MRS. LIND WRITES

March 18th, 1921. Accompanying this letter is a parcel containing a loaf of bread baked from "Windsor Patent" flour for the Baking Competition. Owing to the irregular mail facilities at this time of year I am sending it early so that it may reach you in good time for April 7th. Will you please have it forwarded to Carbonear for me.

It was only recently I tried "Windsor Patent" for the first time, and I find it easily excells all the other

brands I have used during the past 10 years. It makes wonderful batch of bread.

y Yours truly, MRS. J. M. LIND.

Yarmouth, N.S., March 22.-If body wanted to know what the pre-cautions were, so, smilingly, he dis-George Henry Perry, retired sealisten to. If the ladies can answer examining a witness and happened to played a small stars and strips flag captain who was done to death on To the amazement of the court the Won the War." "Even the sharks, you ravelling the tangled skein quickly see, couldn't swallow that!" he said. ravelling the tangled skein quickly notified. With the arrival of the Coroner's Jury that the Crown prosecutor "use every means available sparing neither time nor expense to bring the murderer to justice." Mystery as impenetrable as any that ever graced the pages of Edgar Allen Poe has apparently settled down on one of

> nals of Nova Scotia. At ten o'clock on the night of February 26th, Capt. Perry, who had been spending the evening at the house of a neighbor, looked at his vatch and remarked that it was time e went home. An hour later his hadly battered body was found in the now at the rear of his home. He had been struck on the head "by some blunt instrument" while in the act of opening the outer door leading nto the porch of his home, had fall n across a small deal table inside the porch where several additional

the most shocking crimes in the an-

blows had been administered, and then had been dragged by his feet Murder Mystery. into the yard. The captain's dog dancing and yelping about the body had attracted the inmates of the house, Mrs. Perry, her daughter Eleanor, and the young lady's finance, Mansfield Ross, who, rushing into the yard, made the gruesome discovery.

The alarm was immediately given, a doctor summoned and the police doctor the murdered man's body was brought into the house, and subsequently the blood-spattered porch was scrubbed out and the walk where the body had lain was sprinkled with

Then Inspetor Horace Kennedy of the Halifax detective force was called in to clean up the mystery. He has been attempting to clean it up ever

Local Produce!

15 cases Fresh Country Eggs. 50 barrels Local Potatoes.

Sound, Dry and Free from Rot

TO ARRIVE THIS WEEK. 50 barrels Local

Turnips.

Soper & Moore Wholesale Grocers

You

Can

"The The N

ister What a stran ch a harmle ard to bear; nows the nin uaint title. V of all the pack

Scotland" is arms of the arl was und tland becau th the notor e rows of placing

land, who w Scotland lead inst the Jaco ck of the rin inhuman or the persons To su was even clai rd the Duke h ved at the s Castle ch resulted ly found-b n, it prove nds, and th re a "cruel a graceful a amilton to

> print dated cws the you across the en with cur re the bulls ids, and th s' Assoc pe's Bulls." elings of the S caid to hav be called the d players wi lar game Jo of diamonds

By asso ope" card is n as the "c other flimsy ard gets its tish mem of whose a onds. He n of a mal was thus i

85 says the y, and even and has bee and a cur it comes th s is the cu r theory is s got its n