

THE UNION ADVOCATE  
A WEEKLY NEWSPAPER

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MIRAMICHI PUBLISHING CO. LTD.  
NEWCASTLE, N. B.

TUESDAY, AUGUST 10TH, 1920

A Tonic For the Nerves

The Only Real Nerve Tonic is a Good Supply of Rich, Red Blood

"If people would only attend to their blood, instead of worrying themselves ill," said an eminent nerve specialist, "we doctors would not see our consulting rooms crowded with nervous wrecks. More people are free from worry than anything else."

The sort of thing which the specialist spoke of is the nervous rundown condition caused by overwork and the many anxieties of to-day. Sufferers find themselves tired, listless and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears, and do not sleep well at night. Headaches and other nerve pains are part of the misery, and it all comes from starved nerves.

Doctorsing the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich, red blood. Therefore to relieve nervousness and run-down health Dr. Williams' Pink Pills should be taken. These pills make new rich blood, which strengthens the nerves, improves the appetite, gives new strength and spirits, and makes hitherto despondent people bright and cheerful. If you are at all "out of sorts" you should begin taking Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Good cooks should never be without  
**APROL**  
the sweet oil of apricots

For Sale

An upright Amherst Piano, one year old in first class condition. Price \$450.00. Apply to  
HARVEY M. MORAE  
Coughlan's P. O.  
North End Co. N. B.  
31-39d

MacMillan's Cash Shoe Store.

This Week we have a few lines of  
**White Goods**  
that we are selling at reduced prices.

- Childs White Canvas Pumps, Selling for \$1.00  
Sizes 9, 10, 11
- Childs White Canvas Boots, (button) " \$1.45  
Size 10 only
- Misses' White Canvas Boots, (button) " \$1.60  
Size 12 and 2
- Ladies' Champagne Canvas Boots, " \$3.25  
High Cut Spool Heel, Size 3 to 6

MacMillan's Cash Shoe Store.

OBITUARY

**DOROTHY IRENE GOODFELLOW**  
The death of the infant daughter, Dorothy Irene of Mr. and Mrs. Fred Goodfellow of Derby Jct. occurred at her home Wednesday July 28th. The funeral was held at St. Mark's Church, Nelson, the Rev. W. J. Bate conducted the services.

The pallbearers were—John Coughlan, Herbert Vye, Robinson MacKenzie and Raymond Bateman.

**WILLIAM McEACHERN**  
The death occurred Wednesday afternoon at 3 o'clock, after an illness of four months with cancer, of William McEachern, aged 68 years. Deceased was a native of Prince Edward Island, but has been a resident of Newcastle for the past fifty years. He was a blacksmith by trade and was an employee of the late W. A. Hickson for many years. Mr. McEachern was widely known and highly respected by a large circle of friends, who sympathize with the bereaved family in their sad bereavement.

Deceased was twice married. By his first wife (nee Janet Drummond) he leaves one son, John C. N. R., Esq., of Moncton; two daughters, Mrs. Ernest Sars, Boston and Mrs. George Hanson, Alberton, P. E. I. His second wife (nee Mary Brennan of Burnaby River) survives him, also the following children: Mrs. Dennis Savoy and Mrs. John Street, Newcastle; Mrs. Daniel Kenny, Nelson; Mrs. A. J. Molins, and Miss Hannah McEachern of Moncton; and one son, William at home, two brothers also survive, James and John McEachern of Rehova, Penn.

The funeral was held at 9.40 o'clock (Friday) morning to St. Mary's Catholic Church, where requiem Mass was celebrated. Interment in St. Mary's cemetery.

Could You Play Piano Steadily For 100 Hours

Probably the queerest endurance test of modern times will be held at Croyden, England, beginning Sept. 1 next, when piano players from all parts of the world foregather to compete for a prize of \$50,000 offered by a Chicago piano manufacturer to the person who plays the piano best and without a break for a hundred solid hours.

Somewhere in New York there is a man named Schroeder who holds the long distance piano playing record, he having once played for a stretch of eighty-two hours. Harry Kemp of London stuck it out recently for sixty-seven hours, but was forced to quit when he ran out of "pieces". New York friends of Kemp have received letters from him telling of his preparations for the forthcoming contest. Every day he puts in from ten to fifteen hours training for the world's long distance piano playing championship.

When Kemp practices his arms are tightly wrapped in bandages to stop the blood from bursting his fingers. During the day his wife sprays the keys of the piano at intervals with methylated spirit, so that his finger tips won't crack. She also bathes his face with eau de Cologne to keep his brain clear. As he tickles the ivories his thoughts are distracted by little dolls, flowers and teddy bear mascots with which he is surrounded. Kemp asserts that if it were not for these diversions he would go mad.

As regards the inner man, Kemp's wife feeds him upon victuals as he goes along. Between meals he chews tobacco. Kemp says the most difficult feature of his piano playing endurance tests has been to memorize enough pieces. He estimates that he will have to learn at least 100 before attempting the international competition as he expects all his rivals to be

Often Broke Down While At His Work

Was Forced to Lose Much Time Before Taniac Restored Him to Health.

Robert Kerr, 12 Bedford Row, a resident of Halifax for forty seven years and for twelve years a member of the Royal Artillery, called at Kinley's Drug Store, a few days ago and made a statement that will be read with interest throughout Nova Scotia.

"I believe in giving everything its due," said Mr. Kerr, "and I want to say right now I just can't praise Taniac too highly for what it has done for me. My stomach had bothered me so bad for the past four or five years that many a day I have had to quit work and go home, and sometimes I had to lay off two and three days at a time. I had the poorest kind of appetite and whenever I did eat anything it always hurt me. Why, after nearly every meal I had the worst sort of pains and cramps in my stomach. I would blot all up with gas and simply felt miserable all the time. I was always bothered with constipation and often had severe headaches. My sleep was always broken and restless and on mornings I had to drag myself off to work and sometimes I broke down in two or three hours and had to quit and go home before dinner.

"A few weeks ago I started taking Taniac and while I've taken only four bottles I feel like I have been made all over again, in fact I don't remember the time when I ever felt better in my life. My stomach is never in better shape and I can eat anything my good appetite calls for without being troubled with gas bloating or pains. I am no longer constipated and am rid of those terrible headaches. I sleep like a log and have been built up so I never miss a day from work. Taniac is the right medicine for people troubled like I was and I am always glad to speak a good word of it."

in the pink of condition for the battle.

During the last three hours of the hundred hours, if he goes that long, Kemp will play the "William Tell" overture, "Parsifal" and the "Poet and Peasant" overtures.

For recreation when not riding the piano Kemp rides a bicycle.

Sixth Anniversary Of Entrance Into The War

New York, Aug. 4.—Greetings to the sixth anniversary of Great Britain's entry into the war today were cabled to Field Marshal Earl Haig and Admiral Sir David Beatty by Fr. Akin d'Oiler, commander of the American Legion.

"Honor to the statesmen who had the courage to assume the responsibility of that decision," read the message.  
"Honor to the British millions, who with valor unsurpassed and hearts of oak, executed that decision on Britain's many fronts. When we contemplate what would have been the state of affairs in the world today had not Britain acted as she did, and when she did, trials and difficulties of the present hour, however venacious they may seem now to be, sink into comparative insignificance.

"United States forces have had the privilege of seeing on land and sea under British high command.  
"The memories of the associations of those great days will never perish. They will perpetuate themselves in our hearts and thus serve to perpetuate the indissoluble friendship of the British and American peoples."

TARUNTIAC AND NEGUAC

Taruntiac, Aug. 5.—Mr. and Mrs. Wishart, Mr. and Mrs. McLean and Mrs. Wishart have returned from a very pleasant auto trip to Woodstock, Brownville and Bangor, Me.

Mr. and Mrs. Holman, Mr. and Mrs. Blaine Murray have returned to their home in Deaktown, after visiting Mr. and Mrs. Arnold Simpson at Neguac.

Mr. and Mrs. A. Nethercott and two children and Mr. Thomas Wood of Moncton, are spending a couple of weeks at the home of Mr. and Mrs. Arnold Simpson, Neguac.

Miss Annie White of Chatham, who was visiting at the home of Mr. Geo. Savoy, returned home Thursday of this week.

How Fish Find Fresh Water

How salt water fishes determine where they are and why they swim to fresh water is made clear by the work of Dr. V. E. Shelford and H. H. Powers. Their studies on herring in the Gulf of St. Lawrence, N. B., in

First Showing of New Fall Garments.

The women of Newcastle and along the Miramichi are invited to see the advance styles we are now showing in New Coats and Dresses for Fall Wear.

You will like these New Garments for they are the most pleasing and attractive models we have ever shown.



Men's Overalls  
Working Shirts  
Working Pants  
Working Gloves

RUSSELL & MORRISON  
GENTS FURNISHINGS—TAILORING

A Special Attraction!

For the first twenty customers who purchase a barrel of Hard Wheat Flour from us, we are selling, strictly for cash, 1 bbl. Hard Wheat Flour in wooden bbls. at \$15.95

(This Flour is guaranteed to be equal to any Flour on the market)

We have in stock and selling at the Lowest Market Prices our special brands of HARD WHEAT FLOUR, viz:

ROBIN HOOD, BAKERS' KING and VICTORY

All of which we guarantee or refund you your money.

Just arrived a large consignment of GRANULATED SUGAR

Don't fail to book your orders for OATS as it is claimed a famine is in sight until the new crop. We are selling them below market prices

Also in stock, Bran, Middlings, Hog Feeds, Corn Meal, Oat Meal, Lard, Hams, Bacon, Plate Beef, Pork, Hay, Peas, Beans

Maritime Produce Co'y.  
JOHN RUSSELL—Manager

much the same manner that canary birds are used to discover traces of poisonous coal gas in mines and elsewhere.

Speaking of salmon, Dr. Shelford and Powers say that they are convinced that they find the way into the mouth's of rivers or other bodies of fresh water by reason of the same delicate sensitiveness to the presence of acids and alkalies in the water about them.

Fish determine the direction in which they swim by the acid and alkaline water waves they are bound to

of miles out to sea, and they find their way to bays, harbors and inlets when their nesting season demands it, by means of the chemical foundation of the water. It is not necessary to appeal to "instinct" to explain the return of certain salmon to certain rivers or the running of herring in certain localities. The

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