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Broken Down Men



WHO ARE OLD WHILE YOUNG, WHOSE VITALITY IS GONE, WHOSE NERVES ARE SHATTERED, WHO FIND LIFE BURDENSOME, I can cure you with electricity, as I have cured thousands of others. I can make the blood circulate in your veins, the nerves tingle with vigorous life, and the spirit of energy show itself in every move of your body. My

Dr. McLaughlin's Electric Belt

Is a Model, a Modern Home Treatment.

My twenty-eight years of study are shown in this grand appliance. You wear it with comfort at night, and the Electricity infused into the body cures all Nervous, Kidney and Bladder Troubles, Varicose, Rheumatism, Lame Back, Indigestion, Weak Stomach, and all forms of pains and weakness. It restores the life while you sleep, and must cure.

Read Mr. F. J. Worley's Words of Gratitude from Gull Lake, Sask.:

Dear Sir,—When I got your Belt, nineteen months ago, my stomach bothered me so that I could not sleep at night, and my head hurt me so that I thought I would lose my mind—I thought I would sure go crazy, and my limbs would cramp so that I would have to get out of bed and rub them; so when I received your Belt I did not wear it more than three nights till I could lie down and sleep all night, so the money I paid you for your Belt is cheerfully yours. If this will help you any, you can use it, for I think that electricity is the proper way of curing all chronic diseases.

You Run No Risk in Using My Belt. I Take All Chances

Any man or woman who will give me reasonable security, I will send them the Belt, with all the necessary attachments suitable for their case, and they can.

PAY WHEN CURED

The secret of strength is plenty of electricity in the human body. Keep it full and every organ will do its duty; pain and weakness will disappear.

My Electric Belt does this while you sleep. It pours a steady stream of soothing electricity into the nerves and organs all night long, and is taken up by them just as a sponge absorbs water. It restores strength to every part that is weak.

The whole force of vitality in your body is dependent upon your animal electricity. When you lose that in any manner my Belt will replace it, and I will cure you.

FREE TO YOU Get my 80-page book describing my Electric Belt, with illustrations of fully-developed men and women, showing how it is applied.

If you can't call, I'll send this book, prepaid, free, if you will enclose this coupon. Consultation free. Office hours—9 a.m. to 6 p.m. Wednesday and Saturday till 8.30 p.m.

DR. M. D. McLAUGHLIN,
112 Yonge Street, Toronto, Can.

Please send me your book, free.

NAME.....

ADDRESS.....

Wit and Humor

"Bridget," said Mrs. Subbubs, sternly, "breakfast is half an hour late again."

"Yis, mim," returned Bridget, meekly.

"What excuse have you to offer? You know I told you that Mr. Subbubs must catch that early train, and punctuality at breakfast is absolutely necessary," said the lady.

"Sure an' Oi overslept meself," said Bridget.

"That is no excuse," said the mistress. "I gave you an alarm clock only yesterday."

"Oi know that, mim."

"Did you wind it up?"

"Oi did."

"And didn't it go off?"

"Sure an' it did that. It made a tarsible n'ise."

"Then why didn't you get up?"

"Sure, mim," responded Bridget, tearfully, "it was that t'ing that's made all the trouble, Oi niver shlep' a wink all night waitin' for it to go off, an' whin it did, Oi was that toird Oi couldn't move."

Several Ohio inspectors of dairy products were going the rounds in one town when they came upon a small boy loading cans of milk into a wagon.

"My boy," said one of the inspectors, thinking by the abruptness of the question to take the boy off his guard—"my boy, do you put anything in that milk?"

"Yassir?" said the boy, promptly.

"And what is it?" asked the inspector, in his kindest tone.

"That's tellin'," responded the lad, with a sly wink, "but I'll put you next if you'll each give me a quarter."

Whereupon the inspectors immediately clubbed the necessary seventy-five cents which they put into the boy's hand, saying: "Now, what is it, son?"

"I put the measure in every time I take any milk out," replied the boy, as he jumped into the wagon and drove off.

What is the difference between valor and discretion?"

"Well, to go through Europe without tipping would be valor."

"I see."

"And to come back by a different route would be discretion."

"I just love cake," said Johnnie, feelingly. "It's awful nice."

"You should not say 'love' cake," corrected his mother. "You should say 'like'."

"And do not say 'awful'—say 'very.' And say 'good' instead of 'nice.' Now see if you can repeat the sentence correctly."

"I like cake," repeated Johnnie.

"It's very good."

"That's better."

"I know, Ma," complained Johnnie, "but it sounds just as if I was talkin' 'bout bread."

An Official of the Superior Court of Cook County, Illinois, which has jurisdiction in the matter of the naturalization of foreigners, tells the following:

"In October last a man named August Hultzberger took out his first papers." As he was about to leave the court room, he was observed to scan very closely the official envelope in which had been enclosed the document which was to assist in his naturalization.

"In a few days August again turned up. Presenting himself to the clerk of the court he bestowed upon that dignitary a broad Teutonic smile, saying:—

"Vell here I vos."

"Pleased to see you, I'm sure," said the clerk, with polite sarcasm.

"Would you mind adding who you are and why you are here?"

"August seemed surprised. He exhibited his official envelope. 'It says, 'Return in five days,' he explained, 'and here I vos.'"

Could Not Sleep in the Dark

HEART AND NERVES WERE RESPONSIBLE, SO THE DOCTOR SAID.

There is many a man and woman tossing night after night upon a sleepless bed.

Some constitutional disturbance, worry or disease has so debilitated and irritated the nervous system that it cannot be quieted.

Mrs. Calvin Stark, Rossmore, Ont., writes:—"About two years ago I began to be troubled with a smothering sensation at night, when I would lie down. I got so bad I could not sleep in the dark, and would have to sit up and rub my limbs, they would become so numb. My doctor said my heart and nerves were responsible. I saw Milburn's Heart and Nerve Pills advertised and got a box to try them. I took three boxes and can now lie down and sleep without the light burning and can rest well. I can recommend them highly to all nervous and run down women."

Milburn's Heart and Nerve Pills are 50c. per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Rice Cake.—One cupful of butter, 2 of sugar, 2½ cupfuls of rice flour, 6 eggs, the juice and rind of one lemon. Beat the butter to a cream, then gradually beat in the sugar and add the lemon. Beat the whites and yolks separately, and add them to the beaten sugar and butter. Also the rice flour. Pour into a shallow pan to the depth of about two inches. Bake from thirty-five to forty-five minutes in a moderate oven.

Nervous People SALT OF THE EARTH

But when overstrained their highly strung systems give way and depression and suffering is intense.

Money is made these days at the expense of brain and nerve rather than muscular tissues.

The successful men and women are often of the highest strung nervous type—keen and active—but with too little reserve force.

A little extra worry and anxiety and snap goes the nervous system. Weeks and months are often required before energy and vigor are regained.

Rest helps, so does fresh air and exercise, but the blood must also be made rich and red by use of such treatment as Dr. Chase's Nerve Food.

Much as they may disagree on some points the best physicians are unanimous in claiming that an abundance of rich, red, life-sustaining, nerve invigorating blood is positively necessary for the restoration of the exhausted nervous system.

There is too often little sympathy for the nervous sufferer. When as a matter of fact his sufferings are most intense, being of mind as well as body.

Headaches, neuralgia, indigestion, sleeplessness, irritability, pains and cramps are often the lesser felt because of the depressed spirits and discouragements which come with loss of memory, and gloomy forebodings of the future.

The sufferer from nervous exhaustion and prostration can use Dr. Chase's Nerve Food with positive assurance that the benefits derived therefrom will be both thorough and lasting.

There is no reaction from this great nerve-builder because it is not a stimulant, but a restorative and re-constructive of the wasted nervous system. 50 cts. a box, all dealers, or Edmanston, Bates & Co., Toronto.

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