

Croup Comes Suddenly

HENCE THE WISDOM OF KEEPING
IN THE HOUSE THE MOST
EFFECTIVE CURE.

DR. CHASE'S SYRUP OF LINSEED AND TURPENTINE

Slight hoarseness in the evening is the only warning of croup.

About midnight the child awakes coughing—that peculiar, metallic cough called croupy, and which strikes terror to the mother's heart.

Then begins the struggle for breath, and if relief is to be obtained, treatment must be prompt and effective.

Anyone who has tested Dr. Chase's Syrup of Linseed and Turpentine as a cure for croup will not hesitate to pronounce it an unqualified success.

It is wonderfully prompt in loosening the cough, clearing the air passages of the head, and soothing the excited nerves.

People who realize the suddenness with which croup comes on, and the danger which accompanies it, usually keep some of Dr. Chase's Syrup of Linseed and Turpentine in the house for use in case of emergency.

For bronchitis, whooping cough, asthma, and every form of throat and bronchial trouble, this great family medicine is a quick and certain cure.

Mr. Wm. McGee, 49 Wright Avenue, Toronto, Ont., writes: "There is no remedy, in my opinion, that can act more promptly than Dr. Chase's Syrup of Linseed and Turpentine. It cured my son of croup, absolutely, in one night. We gave him a dose when he was black in the face with choking. It gave him instant relief and cure."

There are imitations of Dr. Chase's Syrup of Linseed and Turpentine. Be sure you see the portrait and signature of Dr. A. W. Chase, the famous recipe-book author, on the bottle you buy; 25 cents a bottle; family size, three times as much, 60 cents; at all dealers, or Edmanson, Bates & Co., Toronto.

"The law of nature is, 'Do the thing, and you shall have the power'; but they who do not the thing have not the power."—Emerson.

MAKE OLD DRESSES NEW!

DIAMOND DYES

The Simplest and Easiest
Way of Home Dyeing.

Their Great Superiority Over All Other
Ways of Home Dyeing—A Ten-cent
Package Will Color from One to Five
Pounds of Goods—Colors that Will
Not Wash Out in Strong Soapsuds.

Success in home dyeing depends wholly upon the kind of dyes used. With Diamond Dyes, if the simple directions on the package are followed carefully, and the special dyes for cotton are used on cotton and mixed goods, and the wool dyes used for all-wool goods, there is absolutely no chance of failure.

Diamond Dyes are very simple and easy to use, and by using a stick to lift the goods while in the dye bath, there is no need of soiling the hands. For beauty, brilliancy and fastness, no other dye-stuffs, whether for home use or for the dye-shop, equal the Diamond. The latest scientific discoveries are used in their manufacture, they are guaranteed the strongest and fastest of all known dyes, and will not wash out in the strongest soapsuds, nor will they fade when exposed to the sunlight.

Try Diamond Dyes once, and see how easy it is to make old and faded dresses, waists, ribbons, capes, jackets, etc., look like new.

keeping it uniformly so until the cooking is completed.

Roasts should always be cooked in the oven until the outside is of a rich brown color, the fat nicely crisped, and the lean well cooked to the depth of about a quarter of an inch, the center then being of a deep pink color. The time usually allowed after the meat is thoroughly heated through is 8 to 10 minutes per lb. for rare, and 12 to 15 minutes for well-done roasts. Just here, it may be mentioned that rare beef is much more easily digested than well-cooked, rare roast beef requiring only 3 hours for digestion, whereas thoroughly-cooked beef requires 4 hours. Unless one has a good self-basting pan, roasting meat should be very frequently basted by dipping up the dripping with a spoon from the bottom of the pan, and pouring it over the meat. If there is not sufficient fat in the roast itself to make dripping, a few bits should be placed in the bottom of the pan.

To Boil Beef.—In boiling beef, the searing process, or an equivalent to it, rather, is accomplished by dropping the meat into "mad" boiling water, and letting it boil just a minute or two. Then move the pot to the back of the range, and keep just simmering for two or three hours. The cuts used for boiling are the rattlerand, second cut of rattlerand, brisket, thick flank with bone, and boneless flank.

A note which may, perhaps, be well inserted here is that soaking any kind of meat, if tough, in vinegar and water for a time will make it more tender, more digestible, and of better flavor, the vinegar in this case having the same effect on the meat as the development of the natural acids should have.

In our next article we shall deal with liver, sweetbreads, etc.; also with frying, stewing, and soups.

HOUSECLEANING HINTS.

A Furniture Polish.—Mix 1 wineglassful olive oil, 1 of vinegar and 2 tablespoons alcohol. Apply with a soft cloth, and polish with flannel.

To Straighten Rugs that Curl Upward.—Sew strips of buckram on the under side.

To Make Curtain Rings Run Easily.—Rub the poles with paraffin.

To Fill Cracks in Plaster.—Mix plaster of Paris with vinegar, and apply with a knife.

A Durable Whitewash.—Slake half a bushel of lime with boiling water, keeping the vessel covered. Strain, and add 8 quarts salt, dissolved in warm water; 2½ lbs. ground rice, boiled to a thin paste, and stirred in boiling hot; ¼ lb. Spanish whiting, and 1 lb. clean glue, dissolved in water. Boil all over a slow fire, add 5 gallons hot water, and let stand a few days. When applying, reheat. This whitewash is said to last as well as oil paint, and may be tinted almost any color, except green.

To Clean Stove-zinc.—Rub with kerosene. If any spots remain, apply a paste of ammonia and whiting, let dry, and rub off.

April Rain.

It isn't raining rain to me,
It's raining daffodils.
In every dimpled drop I see
Wild flowers on the hills.
The clouds of gray engulf the day
And overwhelm the town—
It isn't raining rain to me,
It's raining roses down.

It isn't raining rain to me,
But fields of clover bloom,
Where any buccaneering bee
May find a bed and room—
A health unto the happy,
A fig for him who frets,—
It isn't raining rain to me,
It's raining violets.

—Robert Loveman, in Harper's Monthly Magazine.

Recipes.

Buttermilk Muffins.—One quart sour milk, 2 eggs, 1 teaspoon soda dissolved in warm water, 1 teaspoon salt, and enough "Five Roses" flour to make a batter. Bake in a quick oven.

Breakfast Corn Cakes.—Two eggs, 1 cup sweet milk, 2 tablespoons sweet cream, ½ cup sugar, ¼ cup "Five Roses" flour, 2 cups Indian meal, 3 teaspoons baking powder.

City Children.

Pale flowers are you that scarce have known the sun!
Your little faces like sad blossoms seem

Shut in some room, there helplessly to dream
Of distant glens wherethrough glad rivers run,
And winds at evening whisper. Day-light done,
You miss the tranquil moon's unfettered beam,
The wide, unsheltered earth, the star-light gleam,
All the old beauty meant for every one.

The clamor of the city streets you hear,
Not the rich silence of April glade;
The sun-swept spaces which the good God made

You do not know; white mornings keen and clear
Are not your portion through the golden year,

O little flowers that blossom but to fade!

—Charles Hanson Towne, in Everybody's Magazine for April.

ON "BOYS."

"The nonchalance of boys who are sure of a dinner, and would disdain as much as a lord to do or say aught to conciliate one, is the healthy attitude of human nature. How is a boy the master of society!—independent, irresponsible, looking out from his corner on such people and facts as pass by, he tries and sentences them on their merits, in the swift, summary way of boys, as good, bad, interesting, silly, eloquent, troublesome. He cumbers himself never about consequences, about interests; he gives an independent, genuine verdict. You must court him: he does not court you. But the man is, as it were, clapped into jail by his consciousness. As soon as he has once acted or spoken with éclat, he is a committed person, watched by the sympathy or the hatred of hundreds whose affections must now enter into his account. There is no Lethe for this. Ah, that he could pass again into his neutral, godlike independence! Who can thus lose all pledge, and, having observed, observe again from the same unaffected, unbiased, unprizable, unaffected innocence, must always be formidable, must always engage the poet's and man's regards. Of such an immortal youth, the force would be felt."—Emerson, "Self-Reliance."

ARROWS FROM EMERSON.

"Whoso would be a man must be a non-conformist."

"Discontent is the want of self-reliance: it is infirmity of will."

"Insist on yourself; never imitate."

"Nothing can bring you peace but the triumph of principles."

"Truth is handsomer than the affectation of love."

"Curses always recoil upon the head of him who imprecates them."

"Treat men as pawns and ninepins, and you shall suffer as well as they. If you leave out their heart, you shall lose your own."

"He is great who confers the most benefits."

"Every man in his lifetime needs to thank his faults."

"No man ever stated his griefs as lightly as he might."

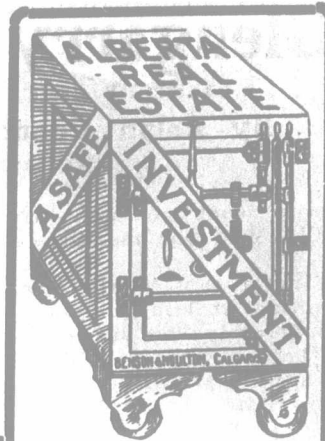
"Defect in manners is usually the defect of fine perceptions."

"Since our office is with the moments let us husband them."

"I am constrained every moment to acknowledge a higher origin for events than the will I call mine."—Emerson, in "The Over-soul."

"People wish to be settled: only as far as they are unsettled is there any hope for them."—Emerson.

"I must be myself. I will not hide my tastes or aversions. I will so trust that what is deep is holy, that I will do strongly before the sun and moon whatever only rejoices me, and the heart appoints. If you are noble, I will love you; if you are not, I will not hurt you and myself by hypocritical attentions. If you are true, but not in the same truth with me, cleave to your companions; I will seek my own. I do this not selfishly, but humbly and truly. It is alike, your interest and mine and all men's, however long we have dwelt in lies, to live in truth."—Emerson.



Propositions

that are as safe—yes, safer than the bank. We have a section of elegant land for sale near Cochrane. **Price, \$12 per acre.** Easy terms.

Would you think of buying the best ranch in the West? Three and one-half sections of land; fenced and cross-fenced; fully equipped with excellent buildings. **Price, \$74,000.** It's a big thing, but more than worth the money, and it's only 10 miles from a thriving city.

BENSON & HOULTON
Calgary, Alberta.

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Here's a machine that washes clothes without rubbing—and all but works itself.

The New Century Washing Machine sends the water whirling through the clothes—washes the dirt out of the thread—yet never rubs or wears the fabric. It's easy work, and you can wash a tubful of clothes every five minutes. Our booklet tells the "reasons why." Write for a free copy. **The Downwell Mfg. Co., Limited** Hamilton, Canada

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Grow Mushrooms in spare time. A crop all year round. Anyone can grow them from our special spawn. Immense profit. Undersigned will buy your crop. For directions write to-day. **Fungus Co., Tecumseh, London, Ont.**

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