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education and recreation. It means good listeners. There is home visiting in every community by the women who speak their own language. The "Nationality Experts" act as interpreters in court and aid in securing medical aid-in fact they stand for service in any emergency. The It holds international parties mother. it holds international parties and plans ing new communities, opening new centres and recruiting and training workers of all nationalities. It maintains a bureau of research and statistics; it conducts ex periments to prove the value of trained periments to prove the value of trained social and civic work for foreign people. By these means it is breaking down the barriers between the foreigners themselves as well as between them and the Americans; barriers built of mutual ignorance of language, psychology, geography, politics, customs and religion.

## WOMEN'S WINNINGS

 A recent appointment has been made that places an unusually gifted woman in a position that will be most helpful Mrs. Chas. Robson, of Winnipeg, has been appointed as convenor of a committee to look after the protection of the familie of soldiers in their home-coming. She sees that conditions are right at St . Johns and Halifax for the reception of women and children as they come off the ship. and with the help of the Red Cross and Y.W.C.A. they are protected and cared for to their destination.The municipal election in Boston on December 17, was featured by the reelection of Mies Frances G. Curtis, Publie School Association candidate for Schoo
Committee. Miss Curtis ran on a "keep-the-schools-out-of-politics" platform, receiving a plur-
ality of 4,452 votes over her nearest opponents.

The increasingly important part the women of India are beginning to play in the political life is indicated by the fact that Mrs. Sarojini Naidu, a leading suffragist of India, presided at a recent meeting of the Madras Provincial Conference. "New India," in referring to the event, declares that it marks "the coming of a great force into modern Indian political life-the Indian woman." Mrs. Naidu sponsored a resolution urging the granting of the franchise to women st the same time as men, at a meeting of the Bombay Provincial Conference. The resolution was supported by 100 prominent women of Bombay.

The Women's Political Association of Australia is asking the government to raise the age of consent to 21 years and to extend this provision to cover boys as well as girls

The right to become lawyers and assistants to notaries has been granted to Porants to notaries has been granted to PorThe women must hold certificates showing that they possess a thorough knowledge of law.

Dear Joe,-Come home. Forgive and orget. I have destroyed the book of war recipes.-Violet." (The Veteran).

Simple all but the name and a splendid dish.

Chartreuse a la Surprise
Butter or oil a plain pudding mold very thoroughly, and line it throughout with mashed potato, seasoned as for the table, keeping the potato rather I dry Fill the centre with flaked (cooked) fish mixed with just enough thick sauce (d) swn butter) to hold it together, cover hour; unmold on shor hour, unmold on hot serving dish eanned peas or string beans, and either ettuce or cabbage with French dressing If two narrow strips of parchment paper be fitted into the mold, at right angles one to the other, and greased thoroughly, they will aid in unmolding the dish.

Drawn Butter Sauce for Chartreuse Fish left over, when a whole fish, as resh haddock or cod, has been cooked, is suitable for a chartreuse. The water in which the fish was boiled should be used for sauce. To make a pint of sauce cook one-fourth s cup of flour and half a teaspoonful, each, of salt and black pepper in one-fourth a cup of vegetable oil made hot; add half a cup of cold water and a cup and a half of the hot fish broth and stir until boiling. Add the col water first, or, if the fish broth be cold use two cups of broth and no cold water ust before serving the sauce, beat into it two tablespoonfuls of butter, a littl at a time.

## Canned Corn Custard

## (To serve 8)

Heat 2 tablespoonfuls of butter substitute, in it cook a slice of onion and half to a whole green pepper, shredded very fine, stirring constantly, until yellowed and softened. Add 2 cupfuls, or a pint can of corn, a teaspoonful of salt, $1 / 2$ teaspoonful of paprika, 3 eggs, beaten light and 2 cupfuls of milk. Mix all together, baking dish. Bake in a pan of boilting water until firm in the center. Serve hot or cold, as the main dish at luncheon or supper, or serve as an entree at dinner

Hot Apple Dessert Dish
Pare, quarter, core and slice 5 or 6 apples. Put these in a serving dish suit able for the oven in layers with seeded raisins and 1 cupful of sugar, cover and move the move the cover and set marshmallow over the top of the apples, using as many the as for for a moment only, to heat the marshmallows and brown them slightly marshmallows and brown them slightly, dish must be watched closely after the marshmallows are added, as they melt and color at a very low heat.



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