| GROANIN GRIDIRON GREATS GET GOING |
| :---: | :---: |
| SPORTS |

ATHLETE OF '44 SPORT SHOTS


## FRANK DOHANEY

Swimming Team, was active
Shterclass Hockey, represented hy
class on thie S.R.c. and held th


$\qquad$


## Gifts that Last

## FROM

SHUTE \& CO. LTO.

YOUR JEWELLER SINCE 1861

## $\rightarrow$

Red amd Black Scmimmage Tonmorpow

## RYAN STATES

PHYSICAL PROGRAM


COACH HOWIE programs, students should strive to
maintain good postural habite dur-
ing their daily life. As everyone
shound walk some time during the
day, remember that postrure is day, remember that posture is of o
distinct importarce. Toes pointing
straight ahead, abdominal muscles
flat and firm, chast minal
flat and firm, chest wide with good
expansion, head well balanced
chin in, walk brisky with arma
swinging vigorously from the shoul ders.
With the roorganization of C.O
T.C. Training, annple time will be
nrover


