

Young Folks

The Baby Bear.

There was much excitement in the lumber camp the day that Roger went there with his Uncle Henry. It had been a long ride through the woods, and they were cold when they reached the camp, but there was a roaring fire at which to warm themselves; and as they stood round it they heard the men, who had come in from their work in the woods for dinner, talking about a bear that they had killed in her winter den.

"I am sorry for the little bear," said one man. He was rough-looking, but he spoke in a kindly tone that made Roger like him at once.

"What became of it?" asked the other man.

"I brought it to the camp in my pocket; it is over in that box," answered the first man, pointing to a corner of the camp.

Lying in the box on some rags was the baby bear, a little creature no larger than a kitten, whimpering softly and feeling round blindly with its nose.

"How little it is!" exclaimed Roger, who had half expected to be afraid of a baby bear.

"Yes," said the man. "I have heard that, compared with its size when it is full grown, a baby bear is the smallest of all animals. This fellow weighs less than a pound. I don't know what we can do with it."

"Oh, let me have it! Can't I take it home?" burst out Roger, speaking to the lumberman and to his uncle at the same time.

The lumberman was much more willing to part with the helpless creature than Uncle Henry was to have Roger adopt such a pet. At last, however, Uncle Henry gave in, and when they rode home in the afternoon the little bear went with them, carefully wrapped up from the cold and nestling in a small basket under the heavy robes.

Aunt Mattie was indeed surprised when Roger opened the basket in the kitchen, but her heart was quickly touched by the helplessness of the little creature of the forest that had lost its mother.

"What can we do with it? How can we feed it?" she asked.

They soon settled the food question. They took an old nursing bottle that Aunt Mattie found where it had been laid away many years before, and filling it with warm milk, put the end of the rubber tube into the little bear's mouth, and it took its supper just as a hungry baby would have taken it.

At first the little bear slept most of the time between its meals, and did not grow half fast enough to suit Roger. But one day its eyes opened, and Roger, who had been studying a book on animals, knew that it was then five weeks old. After that it soon began to be playful, and in a few weeks it sat up and peered round with its shining, head-like eyes, it looked for all the world like a live black teddy-bear. It was full of mischief and spent much of its time tumbling across the floor, and looking for something to upset or for a morsel to eat.

They named it Ursus, which Roger found is the Latin word for bear. As spring came on Ursus, then several months old, became more and more active and intelligent. Usually he was full of good-natured fun, and even when his temper was bad he did nothing worse than to sulk a little. No boy ever had a better time with a pet than Roger had with Ursus during that spring and summer—YOUTH'S COMPANION.

SAVES MANY WOUNDED.

Canal Barges Used as French Army Ambulances.

Twelve barges on the French canals are being used to carry many wounded men from the trenches to hospitals in the rear with great success.

So quiet is the operation of the barges, which are towed along the waterways, that many critically wounded men have been saved by the restful method of transportation. The barges, originally French transport boats, are about 150 feet long by 20 feet wide. The interiors have been altered to suit the requirements of the ambulance service. Thirty cots are placed in two long rows with a broad passageway between, affording as airy and sanitary a ward as in any hospital or sick bay aboard a ship.

There is also a kitchen and a dynamo room, where current for the lighting system is generated. Here too there are accommodations for twelve privates and petty officers. In the forward part of the barge are quarters for four sisters who act as nurses and a fully equipped dispensary.

The barges move from one dressing station to another, taking on board the more serious cases and then are towed back to the base. The success of the barges has been so marked that more are being constructed.

A Message of His Love.

First Barber—That was a bad cut you gave that old man while shaving him.

Second Barber—Oh, there's a reason for that. I'm courting his maid, and the cut will let her know I'll meet her this evening.

RHEUMATISM A MYSTERY

Unless Rooted Out of the System it Grows Worse and Worse.

Some diseases give immunity from another attack, but rheumatism works just the other way. Every attack of rheumatism invites another. Worse than that it reduces the body's power so that each attack is worse than the one before. If any disease needs curing early it is rheumatism, but there are few diseases physicians find more difficult to treat successfully. Wet weather does not cause rheumatism as once thought, though weather conditions may start the aches and pains. Rheumatism is now known to be dependent upon the blood condition and medical authorities agree that the blood becomes thin with alarming rapidity as rheumatism develops. Maintaining the quality of the blood is, therefore, a reasonable way of preventing and curing rheumatism. That is why it is shown by the beneficial results which follow a fair use of Dr. Williams' Pink Pills. These pills actually make new, rich blood which drives out the rheumatic poison, and while the blood is kept in this condition there is no danger of the trouble returning. Mr. W. T. Pell, Palermo, Ont., says:—"I was attacked with a trouble which was ultimately pronounced rheumatism. Often I was barely able to crawl into bed, and seldom able to do a full day's work. In this condition I doctored for a year, absolutely getting no better. Then I consulted another doctor whose chief consolation was that unless I could get rid of the trouble I would be a cripple for life. He prescribed dieting, and I doctored with him for at least six months, but instead of getting relief I became weaker and less able to get around. Then I decided to try a doctor in Toronto, and was under his treatment for about four months with no better results. I gave up the doctors and tried other remedies which were equally futile. Then one day our storekeeper sent me a box of Dr. Williams' Pink Pills, saying that if they did not help me I need not pay for them. I took them and then got some more and found they were helping me. I probably used \$10.00 worth before I felt fully cured, but they did cure me and were cheap as compared with the other treatments which did not help me. The cure was made several years ago, and I have not had a twinge of rheumatism since. To-day I am well and strong and I believe I owe it all to Dr. Williams' Pink Pills."

Drink Water.

Very few people realize the health-ministering power of water-drinking, and it is fairly safe to state that not half the population drinks anything like the quantity they should do.

It is a common error of mothers and nurses to curtail the child's wish to drink water whenever thirsty, under the impression that too much water is bad for it in every way. This is only correct if the child is very hot, simply because the sudden chill on an over-heated frame is very liable to set up ill effects, and applies equally to anything cold.

Apart from this, there is really no need to limit the quantity consumed by a child, and the average amount that an adult should drink daily should be, roughly, three pints.

It is necessary as a cleanser for all the internal organs as much as a bath is for the exterior of the body, and yet there are people who consider the fact that they never drink water adulterated something to be proud of.

CROSS, FRETFUL BABIES

The cross fretful baby is a sickly baby—the well child is always happy and smiling. Mothers if your baby is cross and cries a great deal something is wrong. His little stomach and bowels may be out of order; his teeth troubling him, or he may be bothered with worms. The mother should immediately give him Baby's Own Tablets.

Concerning them Mrs. Ronald Hurley, Gilks, N.B., writes:—"I know of nothing so good for cross, fretful babies as Baby's Own Tablets and I am pleased to recommend them to other mothers." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The habits of old age are generally the habits of youth matured and confirmed.

At the last meeting of the Belfast Board of Guardians it was reported that there were 127 cases of scurvy in the hospital.

MURINE

Granulated Eyelids, Eyes inflamed by exposure to Cold Winds and Dust quickly relieved by Murine.

YOUR EYES Eye Remedy. No Smarting, Just Tinkles Your Druggists 60¢ per Bottle. Murine Eye Salve in Tubes 25¢. For Book of the Eye Free Write Murine Eye Remedy Company, Chicago

The best of friends we often find are those we have taken good care never to offend.

DEMANDS ON RAILWAYS.

What the Railway Train Employees Are Asking.

The demands being made by organizations of railway train service employees on western railways for a 25 per cent. increase in wages, a demand which affects Canadian as well as United States railways, would mean the disbursement of no less than \$100,000,000 a year. In order to acquaint the public with some of the facts of the case the executive committee of the Association of Western Railways has issued the following interesting statement:

Mr. Farmer, once upon a time—like the railways—you paid your employees a fixed monthly wage. They worked till their work was done, no matter how many hours.

Your farm hand followed a plow behind a yoke of oxen, perhaps from sun up till sun down, then did his "chores" and was contented.

Suppose that when you invested more of your capital in a good team of horses, to replace the oxen, your employee had said: "These horses turn more furrows in a day than the oxen and hereafter I want to be paid by the furrow, or the distance the plow travels, but in case anything stops the plow you must pay me for a full day if I work 10 hours or less—if that plan would give more money than the plow mileage amounts to."

Suppose that when you invested more money in a wheel plow on which your employee could ride at ease instead of being required to walk in a heavy furrow and wrestle with a heavy plow, he said: "Hereafter I want you to pay me for a full day if I work 8 hours or less, with time-and-a-half pay for over time, either on a time or distance basis, which ever will give me the most money."

Suppose, further, Mr. Farmer, that from 1904 to 1914 you had increased the wages of your farm hand from \$902.00 a year to \$1,253.37 a year, would you feel like granting his last demand for more wages for doing exactly the same work in the same hours?

That is precisely the question that the railway managers of this country are now called on to answer. The men employed in railway train service are asking a 25 per cent. increase in pay for exactly the work they have been doing, and under the same conditions, except as to pay. As with the farm hand, the working conditions of railway train service men have been constantly improved at the expense of the employers. Government statistics prove that the hazard of their occupation has steadily decreased. This is the result of millions spent by the railroads for better roadbeds, heavier rails, double tracks, block signals, automatic couplers, air brakes, mechanical stokers, oil burning engines and many other safety and labor-saving devices, for which the employees made no investment and assumed no financial risk.

The men who are now asking for 25 per cent. higher pay are and always have been the best paid of all railway employees. Their wages range from \$800 a year for inexperienced brakemen to nearly \$4,000 a year for engineers on the best runs. The average wages of the 300,000 employees who are demanding the increase are \$1,253.37 a year, an increase of 40 per cent. since 1904. The 1,400,000 other railway employees average \$684.78, an increase of 25.2 per cent. since 1904.

These are the facts, Mr. Farmer. Will you think them over and then say if you think the railway train service employees are justified in threatening the prosperity of every industry in this country, of even the very existence of individuals dependent for food supply on uninterrupted railroad service?

CHILDREN IN WAR.

Get Quite Accustomed to Shells and Bullets.

Those who were in Ladysmith during the siege have told us that the children soon got used to the state of affairs, and it has been the same elsewhere.

During the siege of Lucknow the unfortunate children used to get tired of stopping in the stifling rooms, and occasionally as a treat were allowed to play in the least exposed places outside. On one occasion a swing was demolished by a shell, while bullets would frequently fall close to them, but they soon got used to it.

When Madame Modjeska was a child she and her little brother were in Cracow when it was bombarded by the Austrians. Their mother retired to the cellar and called to the children to follow, but the small boy cried: "I will not go to the cellar; I want to see."

Madame Modjeska stayed with him, and almost at once a shell carried away part of the house, and the bullets began to fall. Her brother picked them up and ran from room to room, finally pushing her into the corner of the room most exposed.

"Hide in that corner. There will be more bullets," he cried. And there were. So, picking them up, he told her to hold out her apron, and dropped them in. Then, looking out of the window she saw a man shot, which frightened her, and so both ran to the cellar.

Speaking of educated snakes, the adder's in a class by himself.

Further meetings are being held in Belfast dealing with the questions of house rent-increases and advancing coal prices, and resolutions have been passed calling upon the Government to take steps to curtail the extortionate prices for coal.

The Bread Problem is

not a problem in the home where Shredded Wheat is known. The whole wheat grain is the real staff of life, and you have it in Shredded Wheat Biscuit prepared in a digestible form. It contains more real body-building material than meat or eggs, is more easily digested, and costs much less. The food for the up-and-coming man who does things with hand or brain—for the kiddies that need a well-balanced food for study or play—for the housewife who must save herself from kitchen drudgery. Delicious for breakfast or any meal, with milk or cream.

Made in Canada.

From Erin's Green Isle

NEWS BY MAIL FROM IRELAND'S GREEN SHORES.

Happenings in the Emerald Isle of Interest to All True Irishmen.

At Leinster Assizes, Dublin, Geo. Bell was found guilty, but insane, on a charge of the murder of his father in County Meath, and was committed to an asylum.

News has reached Stewartstown that a farmer named Geo. Rankin, residing in the town land of Newlangors, aged 35 years, dropped dead outside his home.

At a meeting of the governors of the Royal Irish Academy of Music, a letter was read from the secretary stating that the treasury grant of \$1,500 is to be discontinued.

The Dublin Port and Docks Board is taking steps to have the provisions of the Emergency Act suspending elections in connection with local government bodies applied to itself.

Speaking at a recruiting meeting in Waterford, Mr. Redmond made a special appeal to farmers to assist in securing recruits for reserve battalions to make good the wastage in the ranks.

The death took place recently of Mr. William Tully, J. P., proprietor and editor of the Roscommon Journal. He was a Justice of the Peace for the Co. Roscommon for the past twenty-five years.

At a meeting of the Clonmel Corporation it was proposed that owing to the very depressed state the position of Mayor of Clonmel during the war by one of honor, without emoluments. The proposals were defeated.

At Cork Winter Assizes John Stafford Dunne, manager of the Macroom branch of the National Bank pleaded guilty to embezzling \$7,500, the monies of the bank, and was sentenced to twelve months imprisonment.

Chief Inspector Murphy, Inspector Love, Sergeant Halley and other members of the Detective Division of the Dublin Metropolitan Police, raided the shop of Messrs. Lawler, in Forum street, and took possession of a large quantity of firearms, ammunition, etc.

A Local Government Board inquiry was held in the board room of the South Dublin Union, into an application of the South Dublin Rural Council for a loan of \$50,000 to complete a scheme of laborers' cottages. There was no objection.

The Dublin police recently raided a number of homes dealing with the Defence of the Realm Act, amongst which was that of the Countess Markey, Rathmines, where a printing press was seized, which was being used for printing pro-German literature.

STOPPED SHORT

Taking Tonics, and Built up on Right Food.

The mistake is frequently made of trying to build up a worn-out nervous system on so-called tonics.

New material from which to rebuild used up tissue cells is what should be supplied, and this can be obtained only from proper food.

"I found myself on the verge of a nervous collapse, due to overwork and study, and to illness in the family," writes a young mother.

"My friends became alarmed because I grew pale and thin and could not sleep nights. I took various tonics, but their effects wore off shortly after I stopped taking them. My food did not seem to nourish me."

"Reading of Grape-Nuts, I determined to stop the tonics and see what a change of diet would do. I ate Grape-Nuts four times a day with cream, and drank milk also, went to bed early after a dish of Grape-Nuts."

"In about two weeks I was sleeping soundly. In a short time gained weight and felt like a different woman. Grape-Nuts and fresh air were the only agents used to accomplish the happy results." "There's a Reason."

Name given by Canadian Postum Co., Windsor, Ont.

Ever read the above letter? A new one appears from time to time. They are genuine, true and full of human interest.

THE PRINCE OF WALES.

An Incident Which Shows His Kindness of Heart.

The Prince of Wales is making himself beloved as well as respected at the front. Endless stories of his kindness are told. The latest was related to me by a very old friend who has lost four sons on the battlefield. The only surviving one is an army chaplain, and he was chatting to a group of men, "somewhere in France," about the loss of his last surviving brother and the loneliness and sadness of his old mother.

Suddenly a young officer stepped forward with outstretched hand and remarked: "I heard what you said, sir, about your brothers and I am extremely sorry to hear it. I hope you will accept this expression of my profound sympathy, but," he said, "I do wish you would give this card to your colonel, and ask him to give you leave of absence for ten days, so that you may go and see your mother in London and console her on her loss." He took out his card and wrote a few words on it and handed it over. It was the Prince of Wales.

Are Worth Their Weight in Gold

WHAT MRS. BROWN SAYS OF DODD'S KIDNEY PILLS.

New Brunswick Lady Tells Her Duty to Tell Women That Dodd's Kidney Pills Are the Best Remedy She Ever Used.

Miscou Harbor, Gloucester Co., N.B., Mar. 13th (Special).—"I think Dodd's Kidney Pills are worth their weight in gold." This is the statement of Mrs. James Brown, well known and highly respected here.

"I think it would be ungrateful on my part if I did not tell what a blessing Dodd's Kidney Pills have been to me," Mrs. Brown continued. "I was laid up for three weeks with headache and sore back. Then I began to use Dodd's Kidney Pills and I found them the best remedy I have ever used."

Mrs. Brown is just one of the many women in New Brunswick who are telling of pains relieved and health restored by the great Canadian kidney remedy. Dodd's Kidney Pills are suffering women's best friend, because they act directly on the kidneys. They tone up the kidneys and put them in condition to do their full work of straining all the impurities out of the blood. Nine-tenths of women's troubles come from diseased or disordered kidneys. There is abundant evidence on every hand that Dodd's Kidney Pills cure all kidney troubles.

ABOUT MACHINE GUNS.

The different kinds Used by the Armies at War.

Every day in the newspapers there crop up incidents dealing with the effect of machine-gun fire, and an enormous number of these weapons are doing their deadly work to-day.

In the British Army the machine-gun is the Maxim; the French use the Hotchkiss, or Puteaux, Austrians employ the Schwarzlose, and Germans the Maxim. In all cases machine-guns are attached to the infantry forces, usually at the proportion of two guns per battalion, or 1,000 men.

These guns fire rifle cartridges at immense speed by mechanical means, and usually the kick, or recoil, of the gun is used for the purpose of reloading.

It is interesting to note that in a test forty-two British first-class shots engaged against a machine-gun, each firing at the same target for one minute, the gun discharged 228 rounds and made sixty-nine hits; the forty-two marksmen discharged 408 rounds and made sixty-two hits.

Good for Children.

Mothers! Physicians agree that flavor and the body building elements of grains lie in the dark parts usually thrown away. So also do the lime salts which your child needs to harden bones and teeth. Children fed upon coarse dark cereals develop greater resistance. Witness the Bulgarians and Serbs. Roman soldiers who consumed the wheat fed upon two bowls of entire grain food a day. Dr. Jackson's Roman Meal is scientifically balanced ration made from several entire grains. Its deliciously easy prepared in a variety of ways and nourishes better than meat. It's a natural laxative. Most grocers sell it.

Made by Roman Meal Co., Toronto, Canada.

The Neighbors Say.

If he is regular in attending church, he is too pious.

If he doesn't attend church, he is on the road to perdition.

If he sends his family away for the summer, it is more than he can afford.

If he doesn't he is stingy.

If he happens to be successful in business, he achieved success by swindling.

If he gives freely to charity, it is done for show.

If he doesn't, he is classed as a skinflint.

If his wife does her own work, she is "killing herself" for the family.

If she has servants, she ought to be more economical.

If all the world's a stage it's up to each of us to contribute something toward the elevation thereof.

Minard's Liniment Cures Dandruff



MAGIC BAKING POWDER
CONTAINS NO ALUMINA

The only well known medium priced baking powder made in Canada that does not contain alum and which has all its ingredients plainly stated on the label.

E.W. GILLET COMPANY LIMITED
WINNIPEG TORONTO MONTREAL

POSTAL EMPLOYEES ENLIST.

Over 50,000 at the Front With British Forces.

Over 50,000 post office employees are with the colors. At present 1,620 have lost their lives, and there are on the books of the relief fund 1,300 orphans. In the majority of cases the Government pension is or will be supplemented by the fund, the maximum assistance of five shillings a week being given to widows under 35 years of age, with four or more children.

Parcels of food are sent weekly to post office prisoners of war, of whom there are now over 570.

THE SUN LIFE OF CANADA.

New Records Have Been Created By This Company.

The Sun Life Assurance Company of Canada, achieved records during 1915 that are new in the Canadian life assurance field. Assurances of over \$34,000,000 were issued and paid for in cash; total assurances now in force over \$250,000,000; total payments to policyholders since organization more than \$52,600,000; assets in excess of \$74,000,000, a cash income of nearly \$16,000,000, and an undistributed net surplus of over \$7,500,000. All these figures are high-water marks in the annals of Canadian life assurance. On another column will be found a comparative statement of the business done for 1914 and 1915, and also a statement showing the Company's growth from 1872 to 1915, all of which show a remarkable increase, and also reflects the greatest credit on the management of the Sun Life.

For Have Leatherless Shoe.

A new type of "leatherless shoe" is being widely advertised in the German newspapers. The uppers are made of grey or black waterproof linen sailcloth, while the soles are built of thin layers of wood glued together with waterproof glue.

Minard's Liniment for sale everywhere

The Furnace.

"Shakespeare, I believe" says the poem "sighing for a furnace."

"I believe so. Why?"

"Mine has a sort of wheeze."

Minard's Liniment Co., Limited.

Have used MINARD'S LINIMENT for Group; found nothing equal to it; sure cure.

CHAS. E. SHARP.

Hawthorn, N.B., Sept. 1st, 1905.

He that has never known adversity is but half acquainted with himself or with others. Constant triumph shows us but one side of life; the reverse side is necessary to full knowledge.

Great System.

Teacher—"In what year was the Battle of Waterloo fought?"

Pupil—"I don't know." Teacher—"It's simple enough if you only would learn how to cultivate artificial memory. Remember the twelve apostles. Add half that number to them. That's eighteen. Multiply that by 100. That's 1800. Take the twelve apostles again. Add a quarter of their number to them. That's fifteen. Add what you've got. That's 1815. That's the date. Quite simple, you see, to remember dates if you will only adopt my system."

Minard's Liniment Relieves Neuralgia.

Men are like tea, says Estelle Klaunder; it takes hot water to draw out their strength.

BERMUDA

The Ideal Winter Resort.

Beautiful Drives, Saddle Riding, Golf, Tennis, Yachting, Fishing and Sea Bathing. President Garrison of the Ottawa (38th) Regiment.

Princess Hotel

Is open from DECEMBER to MAY. Situated on the Harbor of Hamilton. Accommodates 400. Rates: \$25 per week and upward.

HOWE & TROGER, Managers.

HAMILTON, BERMUDA. Bermuda is reached by the steamers of the Quebec & S. Co. 32 Broadway, New York.

"Is it anything serious, doctor?"

asked a youth of a doctor after the latter had examined him. "No, no; not at all," replied the medical man. "Nothing serious—just a little stiffness in the back of your neck my lad. But you must keep an eye on it."

SEED POTATOES

SEED POTATOES. IRISH COB BLEW, Delaware, Carman, Order at once. Supply limited. Write for catalogue. H. V. Dawson, Brampton.

FOR SALE

PERFECTED NEWFOUNDLAND and other fish for sale. Also few Peruvian Kittens. R. A. Gillespie, Abolition, Quebec.

FOR EXCHANGE

PAIR SILVER BLACK CROSS BRED foxes, trade for used car. Reid Bros., Bothwell, Ont.

NURSERY STOCK

HIGH-CLASS NURSERY STOCK—buy and save middleman's profit; write for catalogue. Dominion Nurseries (Smith, Reed & Co.) St. Catharines, Ont.

AGENTS WANTED

LADY OR YOUNG MAN TO COLLECT in their locality. Dominion Works, Toronto.

NEWSPAPERS FOR SALE